

Recording Personal and Family Spiritual Experiences

President Henry B. Eyring has encouraged Church members “to find ways to recognize and remember God’s kindness. It will build our testimonies. . . . You and they [your family members] will be blessed as you remember what the Lord has done” (“O Remember, Remember,” *Ensign*, Nov. 2007, 67).

1. Outline

Date

When did the experience occur?
(Record the year, season, day, time.)

People

List the people involved in this experience.

Location

Where did it happen?
(List the place of this experience.)

Circumstances

What were you doing at the time?
(List historical and personal details.)

Wisdom

What did you learn from this experience
(in one sentence)?

2. Narrative

Now, write the entire story using the elements recorded in the outline. (This template is intended as a guide and need not be strictly adhered to. **Use additional pages for answering as needed.**)

3. Sign

Sign your submission to certify that it is your story and that it is truthful.