

FAMILY Councils

(CHEAT SHEET)

Children desperately need parents willing to listen to them, and the family council can provide a time during which family members can learn to understand and love one another.

FULL FAMILY COUNCIL



WEEKLY

1. Does anyone have a problem they'd like help solving?
2. What do we have planned for this week?
3. What's a nice thing a family member has done for you?
4. How can we pray for you in the coming week?

EXECUTIVE FAMILY COUNCIL



WEEKLY

1. How can I help you feel more loved this week?
2. Do you need more closeness or more alone time?
3. How can we help _____ (kid's name)?
4. What are the main stressors in your life right now?

LIMITED FAMILY COUNCIL



MONTHLY

1. What has made you happy this week?
2. Have you been struggling with anything?
3. What was the nicest thing you did for someone else?
4. How can we help you feel loved/important?

ONE-ON-ONE FAMILY COUNCIL



MONTHLY

1. How would you rate your day on a scale from 1 to 10?
2. What made you laugh today?
3. Did anyone push your buttons today?
4. When did you feel proudest of yourself today?

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS