

Titenani Henry B. Eyring  
 Fotufofo a Ọ́dị Kan wọ́ Atitenafọ́ a Wọ́dị Kan no mu

# Nsuro Papa Yẹ

*Awurade ka kyere yen se yede gyidie gyina ne botan no so a, akyinnye ehu so te na ọ́pe a yede ye papa no ko soro.*

**M**e nuanom mmaa ne mmari-ma, Mebo mpaee ahobrasee mu se Awurade Honhom no beka yen ho merekasa enne yi. Mede akoma a aseda ahye no ma da Awurade a n'asore nie no ase, wo nkanyan a yenya firi mpaee trodoo mu, nkanyan asenka, ne abofo nne nwomto a ewo saa nhyiamu yi ase.

Oforisuo bosome a etwaa mu yi, President Thomas S. Monson maa nkrato bi a ewosoo akoma wo wiase nyinaa a, me nso me ka ho. Okasa faa tumi a ewo Mormon Nwoma no mu. Ohyee yen nkuran se yensua, nwene ho, na yenfa nkyerekyere no mmo bra. Ohyee bo se yetu mmeri si ho dakoro biara de sua, dwene ho na yedi mmarransem a ewo Mormon Nwoma no mu a, yebanya mu nokore a ehia yie, na adanse a efiri Kristo a ọ́te ase no de yebefa amanehunu bere mu asomdwee mu. (Hwe "Mormon Nwoma no mu Tumi," *Liahona*, May 2017, 86–87.)

Metee nkomyeni no nsem no te se dee Awurade no nne kasa kyere me se dee mo mu dodo no tee no. Tese mo mu dodo no ara, me yee m'adwene se medi saa nsem no so. Meye abarimma no, na menyaa adansedie se Mormon Nwoma no ye Onyankopon

asem, na Agya no ne Oba no pueei na wokasa kyere Joseph Smith, na tete ho Asomafo baa Nkomhyeni Joseph Smith ho sane de asofodie tumi nsafoa no bre Awurade asafo no.

Enam saa adansedie no so, makan Mormon Nwoma no dabiara mfee 50. Ebia anka medwene se President Monson nsem no ko ma obi foforo. Nanso sedee mo mu dodo no ara tee no, me tee se nkomyeni no nkoranhye ne ne bohye no to nsa fre me se memmo mmoden kese. Mo mu dodo no ara aye dee meye: de akoma pa bo mpaee wo botae mu, de botae dwene tweresem no ho, na mo bo mmoden se mobesom afoforo ama no.

Eso aba a eye anigye ma me ne mo mu dodo no ara, eye dee nkomyeni hye ho bo no. Yen a yede ne nkoranhye afutuo no too y'akoma so no ate Honhom no nka pii. Yeanya tumi kese adi nsowe so na yeanya gyidie kese wo Yesu Kristo a osore firii awufoomu no mu, wo ne nsenpa no mu, ne N'asore a ete ase no mu.

Wo bone a ereko so wo wiase yi mu no, saa adansedie a eka ho no apam ehu ne dee yenye nni no afiri ho na ede asomdwoe atinka abre yen. Setie

a meye maa President Monson afutuo no de nsunsanso nwanwaso mmienu na abre me: Dee edi kan, Honhom no a ohye ho bo no de nkunimdie ho anidaso abre me wo dee eda m'anim ho, mpo bere a ewiase mu basabasayo reko so. Na dee eto so mmien: Awurade no ama me—ne mo—atenka kese wo ne do a wo ma won a wo awereho mu. Yeanya pe mmoroso se yebeko ako gye afoforo. Saa pe yi na eda President Monson akoma so wo ne som ne nkyerekyere mu.

Awurade no hye do ho nkomi ne nkuranhye ma afoforo. Nkomhyeni Joseph Smith ne Oliver Cowdery wo bere a na dwumadie a na eda won anim no abo won pusa. Awurade no kaa se akokoduro a wohia no befiri gyidie a wo wo ne mu se obohan no mu aba:

"Nsuro papaye, me ba, na dee wobedua no, eno na wobetwa; enti, se wodua papa a, papa na wobetwa se w'akatua.

"Enti, mmo hu, nnwankuo ketewa; ye papa; ma asaase ne soro nsore ntia wo, na se wosi wodan wo me botan so a, worentumi nnyina.

"Hwe, memmuaa wo fo; ko na enko ye bone bio; fa ahobrasee ye adwuma a mahye wo no.

"Hwe m'anim wo adwene biara mu; nnye akyinnye, nsuro.

"Monhwe me mfe mu pira kuro, ne nnadewa no anan mu wo me nsa mu ne me nan mu; monni nokore, monni me mmarransem so, na mo benya osoro ahemman no adi" (D&C 6:33–37).

Awurade no ka kyere n'akandifoo a wo mmae bio yi, na Okakye yen se, se yede gyidie gyina Ne botan no so a, dee yenye nnie ne ehu so bete; na ọ́pe se yebeye papa no beko soro. Se yegye President Monson fre

se yebɛdua Yesu Kristo ho adanseɛ wɔ y'akoma mu a, yɛnya tumi, ɔpɛ ne akokoɔduro a yɛde kɔgye aforɔɔ a yɛnnwene y'ankasa ahiaseɛ ho.

Mahunu saa gyidie ne akokoɔduro yi mɛpɛn pii bere a mɛgye adi se Nna a Edi Akyire Ahotɛfoɔ ahyia nso-hwe a eyɛ hu. Nhwɛsoɔ baako, na me wɔ Idaho bere a Teton Dam no buuiie wɔ Ayɛwohomumu{nb} 5, 1976. Nsuo afasuo baa fam. Nnipa mpem mpem na wɔdwane firii wɔafie mu. Afie ne nnwuma mpem mpem na ɛsɛɛ. Anwanwasem ne se, nnipa a wɔnnuru 15 na wɔwuui.

Deɛ mehunu wɔ ho no, mahunu bere a Latter-day Saints gyina pintiin wɔ Yesu Kristo adanseɛ botan no so. Efiri se wɔnhinhim se Ohwe wɔn so, na wɔnsuro hwee. Wɔgyae wɔn atee-teeɛ ho kɔgye aforɔɔ. Na wɔyɛ yei firii ɔɔ mu dema Awurade no a wɔmmisa akatua biara.

Nhwɛsoɔ, bere a Teton Dam no buuiie no, na Nna a Edi Akyire Ahotɛfoɔ awarefoɔ bi atu kwan afiri wɔn fie kɔ akyirikyiri. Bere a wɔtee asem no wɔ radio so ara pɛ na wɔsan wɔn akyi ntɛmntɛn baa Rexburg. Se anka wɔbɛko wɔn fie akɔhwe se aseɛ anaa se ɛnsɛɛ no, wɔkɔhwehweɛ wɔn bishop. Na ɔwɔ dan bi a atoyerɛnkyemfoɔ te mu. Na ɔreboa akyerɛ Lɔɔre a w'ahosuo te se akokɔsradeɛ a ede aboafɔɔ mpem mpem reba no kwan.

Awarefoɔ yi nante kɔɔ bishop no ho na ɔkaa se, “Afei na yaba. Bishop, ehe na yebetumi akɔ bo?” Ode abusua bi din maa wɔn. Awarefoɔ yi firii aseɛ tetee atɛkyɛ hwee nsuo firii afie afie mu. Wɔyɛ adwuma firii ahomakye kɔsɔi anadwo nna pii. Afei wɔgyaɛɛ kɔhweɛ wɔn ankasa fie. Na nsuyire no de efie no nyinaa kɔ, a hwee nni ho a wɔbɛye. Enti wɔsanee wɔn akyi ntɛm kɔɔ wɔn bishop ho. Wɔbisaa se, “Bishop, wowo nipa foforo a yebetumi aboa wɔn?”

Anwanwasem a ɛwɔ akokoɔduro ne ɔɔɔ mapa—Kristo ɔɔ kann no—atena ho atwa wiase afanan nyinaa. ɛsɔi wɔ nna na emu ye hu wɔ nkɔmhyeni Joseph Smith adwoodwo ne ateeɛɛ mu wɔ Missouri. ɛsɔi wɔ bere a Brigham Young abre so bere a ɔɔii

ɛɔm anim firii Nauvoo na ɔfrɛAhotɛfoɔ a wɔwɔ United States atɛɛm, se wɔmfiri beaɛ wɔwɔ biara mmoa wɔn ho nkɛkyere Zion ma Awurade no.

Se wokenkane saa akandifoɔ nsem a wɔatwerɛ ato ho no a, wohunu gyidie mu anwanwasem a ɛrepam deɛ yɛnni nnie ne ehu afiri ho. Na woke-nkan Ahotɛfoɔ a wɔgya wɔn ahiaseɛ ho boa aforɔɔ ma Awurade, ansa na wɔakɔ wɔn ankasa nnwan anaa se wɔn nsaase a wɔnnyɛ so adwuma.

Mehunu saa anwanwasem koro yi ara nna kakra a atwam wɔ Hurricane Irma nsuyire akyi wɔ Puerto Rico, Saint Thomas, ne Florida, a Latter-day Saints ne asɔre aforɔɔ, temanmufɔɔ, ɔman mu akuo ahodoɔ kaa wɔn ho boɔ mu hyɛɛ aseɛ yeɛ nsiesie.

Te se me nnamfo a wɔwɔ Rexburg no, awarefoɔ bi a na wɔnnyɛ y'asɔremma wɔ Florida boaa kuro no mufɔɔ seneɛ se wɔbɛye wɔn ankasa agyapadeɛ ho adwuma. Bere a Latter-day Saints boa yii nnua akɛsɛɛ mmienɛ bi a na asi kaakwan firii ho no, awarefoɔ yi kaa se wɔn ho adwiri wɔn, na ɛno nti na wɔatwa wɔn ho reboa aforɔɔ no, na wɔwɔ gyidie se Awurade no bɛye wɔn mmoa a wɔhia wɔ wɔn fie. Okunu no kaa yei ansa na asɔremma no de mmoa a na wɔrebo ho mpaɛɛ no brɛɛ wɔn. Wɔnyaa mmuaɛ se mmoa beba. ebaa saa anohoba yi akyi wɔ mmerɛ kakra bi mu.

Mate se ebinom ahyɛ aseɛ refrɛ Latter-day Saints foɔ a wɔhyɛ akokɔsradeɛ ntaadeɛ yei se, “Akokɔsradeɛ Soro-abofoɔ.” Latter-day Saintni baako de ne kaa baa se wɔnsiesie mma no, na ɔbarima a na ɔreboa no kyerɛɛ “honhom mu suahunu” a ɔnyaaɛ bere a nnipa a wɔhyɛ akokɔsradeɛ ntaadeɛ yei twitwaa nnua firii ne fie, na ɔkaa se, “wɔtoɔ nnwom kyerɛɛ me se meye Onyankopɔn ba.”

ɔfoforo nso a ɔte Florida ho—na ɔnnyɛ y'asɔreba—kaa se Latter-day Saints baa ne fie a ɛho aseɛ ɔtoɔ wɔ bere a na ne ho adwiri no, na ne bo afuo, na nisuo ahyɛ no ma. Aboafɔɔ no boɔ nsem bi too ne tirim, “anwanwadwuma kann” Wɔamfa adwumaden nko ara anyɛ adwuma no mmom

wɔde sereɛ ne nwenweɛ, a wɔannyɛ akatua biara.

Mehunu saa adwumaden yi na metee saa sereɛ yei, Memeneda anwumerɛ ekuo a na meka ho no kɔsraa Latter-day Saints wɔ Florida. Aboafɔɔ no gyaaɛ adwuma kakra maa mekye-aa wɔn nsam. Wɔkaa se nnipa aduokrɔn a wɔfiri wɔn stake wɔ Georgia ayɛ nhyehyɛɛ a wɔde rebeboa wɔ Florida anadwo a na wɔrefiri ho no.

Wɔfirii Georgia ho anɔpa nnɔn nan, nantee nnɔnhwere bebree, anadwo no nyinaa, na wɔyɛɛ adwuma eda a etoa soɔ no.

Wɔde sereɛ ne anika kaa ho asem nyinaa. ɔhaw a mehunuuii ne se wɔpɛɛ se aseda no so twa na wɔnya kwan sane kɔtoɔ adwuma no so. Stake president no toaa n'adwuma so de afidie twitwaa dua bi a na eda ho no ɛna bishop bi nso reyiyi dua no mmaɛ bere a na yeatu kaa akɔ adwuma kuo foforo nkyen.

Saa da no ahomakye, yetwee yen ho firii beaɛ foforo ho no, ɔbarima bi nante baa kaa no ho, tuu ne kye, na ɔdaa yen ase wɔ aboafɔɔ no ho. ɔkaa se, “Mennyɛ mo asɔreba. Deɛ mo ayɛ ama yen no boro me nteaseɛ so. Onyankopɔn nhyira mo.” LDS boafɔɔ a na ɔben ho no sereɛ na ɔwosoo ne mmatiri sɛdeɛ ɔpɛ se ɔka se ɔnhia ayɛyie biara.

Bere a aboafɔɔ firii Georgia beboaa saa barima yei a deɛ ɔhunuii no boro ne nteaseɛ so no, Latter-day Saints a wɔfiri baabi a ɔhaw yei asi no twaa akwansini ɔha kɔɔ Florida beaɛ a wɔate sɔ ehɔfoɔ akɔ ahokyerɛ kesɛɛ mu.

Saa da no, na mekaɛɛ, na metee Nkɔmhyeni Joseph Smith nkɔmhyɛ nsem bi ase yei: “Onipa a Onyankopɔn ɔɔ ahyɛ no mma no, ani nnye n'abusua nhyira nkoaɔ ho, na mmom deɛ efa ewiase nyinaa ho, n'ani bere se ɔhyira adasamma nyinaa” (*Teachings of Presidents of the Church: Joseph Smith* [2007], 426).

Yehunu saa ɔɔɔ yei wɔ Latter-day Saints u abrabom wɔ babiara. Bere biara a atoyerɛnkyem besi wiase mu baabiara no, Latter-day Saints kye adeɛ na wɔtu wɔn ho si ho ma Asɔre

no adɔɛ mmɔdenmmɔ. Wɔnntaa nse-  
re mmoa. Nokorɛ, mmere bi mu, yeka  
kyere wɔn a wɔbeyɛ aboafɔɔ no ma  
wɔtwɛn kɔduru bere a akwankyerefɔɔ  
no begye atom sɛ wɔhia wɔn ansa na  
wɔakɔ beaɛ a asem asie no.

Saa pɛ a wɔwɔ sɛ wɔbehira no  
yɛ nnipa a wɔanya Yesu Kristo mu  
adansedie, Ne nsempa no, N'asɔre a  
wasan de ama, ne ne nkɔmhyeni. Ɛno  
nti na Awurade nkɔrɔfɔɔ nhinhim  
na wɔnnsuro no. Ɛno nti na nse-  
mpatɛfɔɔ tu wɔn ho si hɔ som wɔ  
wiasɛ tokuro biara mu no. Ɛno nti  
na awɔfɔɔ ne wɔmma bɔ mpaeɛ ma  
afɔfɔɔ no. Ɛno nti na akannifɔɔ to  
wɔn mmabunu ayirem sɛ wɔmfa Pre-  
sident Monson adesɛ no, sɛ wɔmfa  
wɔn akoma nno sukɔ wɔ Mormon  
Nwoma no mu. Mfasɔɔ mma {nb} wɔ  
bere a akandifɔɔ hyɛ wɔn mmabunu  
na mmom bere a mmabunu ne asɔ-  
remma no firi gyidie mu yɛ adwu-  
ma kɔduru tuwohoakyɛ mu. Wɔn  
gyidie a—wɔnam tuwohoakyɛ so yɛ  
adwuma no—de akoma mu adwene  
sakyera a ɛma wɔte Onyankopɔn dɔ  
no nka de brɛ wɔn

Y'akoma kɔso sakyera bere a yɛkɔ  
so ara di nkɔmhyefɔɔ afutuo so. Sɛ  
yɛgyaɛ pɛko pɛ a yɛntie afutuo no a  
gyidie no bɛpa.

Latter-day Saints a wɔwɔ gyidie no  
ahyɛ gyidie a wɔwɔ wɔ Awurade Yesu  
Kristo mu no ma, wɔ Mormon Nwoma  
no mu sɛ eyɛ Onyankopɔn asem, ne  
asɔfodie tumi nsafoa a wɔasane de ama  
N'Asɔre nokorɛ no. Saa adansedie a akɔ  
soro no ama yɛn akokɔɔduro kɛsɛ ne  
tema ama Onyankopɔn mma afɔfɔɔ.

Nanso akwansidɛɛ ne akwanya a ɛwɔ  
y'anim no behia dɛɛ ɛboro saa mpo.

Yɛntumi nhunu emu nkyerekye-  
remu fann, nanso yɛnim mfonin kɛsɛ  
no. Yɛnim sɛ nna a ɛdi akyire yi mu,  
basabasa besi wɔ wiasɛm. Yɛnim sɛ  
wɔ ɔhaw biara a ɛbɛba mu no, Awu-  
rade bedi Latter-day Saints agyidifɔɔ  
no anim akɔ aman biara so, abusua,  
kasakuo, ne nnipa biara hɔ. Na yɛnim  
sɛ Awurade akyidifɔɔ nokwafɔɔ no ho  
bɛte na wɔasiesie wɔn ho na wɔagyɛ  
No bere a Ɔbɛba no. Ɛnsɛ sɛ yesuro.

Ɛnti, sɛ yɛadi kan ahyehyɛ gyidie  
ne akokɔɔduro wɔ y'akoma mu no,  
Awurade no rehwehwɛ dodoɔ no  
afiri yɛn hɔ—ne awɔɔ ntoatoasɔɔ a  
ɛdi yɛn akyi no. Wɔbehia sɛ wɔyɛ den  
na wɔnya akokɔɔduro ɛfiri sɛ wɔbeyɛ  
nnoɔma a ɛsoso na eyɛ den sene  
dɛɛ yɛayɛ no. Na wɔbehia yɛn kraa  
tamfɔɔ no sɛretia a ano yɛ den.

Ɔkwan a ɛkɔ nkonimdie anidasɔɔ  
ho bere a yɛreko y'anim no Awurade  
no na ɔde maeɛ: “Mo nhwe me wɔ  
mo adwendwen mu wɔ biribiara  
mu; ma mo nnye akyinnyɛɛ, mma  
mo nnsuro” (D&C 6:36). President  
Monson kyereɛ sedɛɛ yɛnyɛ no. Ɛwɔ sɛ  
yɛdwene na yɛde Mormon Nwoma ne  
Nkɔmhyefɔɔ no nsem no yɛ adwuma.  
Bɔ mpaeɛ bere biara. Na nya gyedie.  
Na yɛde y'akoma, tumi, adwene, ne  
y'ahɔɔden som Awurade no. Ɛwɔ  
sɛ yɛde y'akoma ahɔɔden nyinaa bɔ  
mpaeɛ de hwehwɛ ɔɔɔ mapa akyɛdɛɛ  
no, Kristo dɔ kann no (hwe Moroni  
7:47–48). Na ne nyinaa akyi, ɛwɔ sɛ  
yɛdi yɛn nkɔmhyeni afutuo so a yɛn  
nsesa na yɛkuta mu yie.

Sɛ ɔkwan no mu yɛ den a, yɛbetu-  
mi de yɛn ho ato Awurade bɔhyɛ no  
so—bɔhyɛ a President Monson akae  
yɛn na ɔtaa ka Awurade nsem yi: “Na  
obira a ɔbɛgyɛ mo no, ɛhɔ na me nso  
meba, na medi moanim. Mɛwɔ mo  
nsa nifa ne mo benkum so, na me  
Honhom bɛwɔ mo akoma mu, na  
m'abɔfɔɔ bɛtwa mo ho ahyia, asɔ mo  
mu.” (D&C 84:88)

Medi adanseɛ sɛ Awurade di mo  
anim bere biara a wɔasoma mo no.  
Ɛtɔ da a mo ne abɔfɔɔ a wɔsoma mo  
ma mo kɔ boa afɔfɔɔ. Ɛtɔda a abɔfɔɔ  
bɛtwa mo ho ahyia asɔ mo mu. Na  
bere biara mo benya ne honhom wɔ  
mo akoma mu, sedɛɛ wɔahyɛ mo bɔ  
wɔ sacrament nhyiamu mu no. Yɛhyɛ  
bɔ sɛ yɛbedi ne mmarsɛm so.

Nna papa no wɔ animu ma Onya-  
nkopɔn ahɛmman no wɔ asaase so.  
Dɛɛ ɛkotia yɛn no hyɛ yɛn den wɔ  
Yesu Kristo gyidie mu, sedɛɛ na ɛtɛɛ  
wɔ Nkɔmhyeni Joseph Smith bere  
so no. Gyidie taa di ehɔ so. Nka-  
bom ma koroyɛ. Na mpaeɛ a mo bɔ  
ma wɔn a wɔwɔ ahohiahia mu no,  
Onyankopɔn a ɔɔɔ yɛn no tie. Ɔntɔ  
nko na Ɔnna nso.

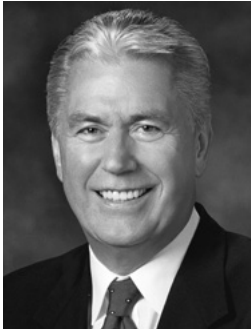
Medi m'adanseɛ sɛ Onyankopɔn  
Agya no te ase na ɔpɛ sɛ mo ba ne  
nkɛyɛn wɔ fie. Wei ne Yesu Kristo  
Asɔre nokorɛ no. Ɔnim mo, Ɔdɔ mo,  
na Ɔhwe mo so. Ɔdi maa mo bɔne ne  
y'Agya a Ɔwɔ Soro no mma nyinaa  
bɔne. N'akyiri so die no ne ɔkwan  
baako ɛdeko daa nkwa mu

Medi adanseɛ na mede me nhyira  
ne me dɔ gya mo. Wɔ Yesu Kristo din  
Kronkron no mu, amen.

## Yɛn mmere yi mu nkyerɛkyere

Firi Kɔtɔnima 2016 ne Ahineme 2018 no, nkyerɛkyere a wɔyɛ no wɔ Melkisedɛk Asɔfodie ne Relief Society akuo mu no, ɛsɛ sɛ wɔyi firi kasa baako anaa dɛɛ ɛboro saa wɔ Oforisuo 2016 amansan nhyiamu no mu. WɔAhineme 2018 mu no, wɔbetumi ayi kasa no afiri Oforisuo 2014 anaa Ahineme 2014 amansan nhyiamu no mu. Stake ne mansini atitenafɔɔ nyi kasa a wode bedi dwuma wɔ wɔn mmeaɛ, anaa wɔbetumi de saa asedɛɛ no ama ahwefɔɔ anaa nkorabata atitenafɔɔ.

Wɔayɛ afotusem no wɔ kasa bebreɛ mu [conference.lds.org](https://conference.lds.org)



**Titenani Dieter F. Uchtdorf na ɔtwereɛɛɛ**  
Fotufos a Ɔto so Mmienu wo Atitenafos a Wodi Kan no mu

# Anuanom-Mmaa Mmiensa

*Yen asuafoɔ tebea gyina yen ara yen so, na emfa ho ne sedee afoforɔ beye yen.*

**A**nuanom mmaa pa, nnamfo pa, eye fe mmoroso na, ehohia paa se yede wiase afanan nyinaa fa hye amansan nhyiamu aseɛ. Fa susu ho se Anuanom mmaa wɔwɔ mfie ahodoɔ, firi baabi ahodoɔ, nkuro nkuro ahodoɔ ene kasa ahodoɔ ede gyidie baako ne ɔɔɔ ma Awurade Yesu Kristo no.

Yene yen nkɔmhyeni a yedɔ no Titenani Thomas S. Monson hyiaa nansa yi mu no, ɔkyereɛ yen sedee ɔɔɔ Awurade fa. Na menim se President Monson aniso ɔɔɔ a mode dɔ no, mo mpaebɔ no ene mo nkamfoɔ a mowɔ ma Awurade.

Mmereɛ tenten bi a atwa mu no, na anuanom mmaa mmiensa bi a na woye abusuafoɔ tenaa ase wo asaase bi a na ate ne ho so.

Na onuabaa a ɔdikan no **di awerehoɔ**. Na ɔhu no se biribiara a efiri ne hwene so refa ne honam rekosi ne nan ntini nko yie mma no. se etɔ dabi na ɔkasa a entwa yie, ma nkurofoɔ sere no. Se obi ka nanim anaase ne were firi se woto nsa fre no wo biribi mu a, na watwe ne ho nwa akɔpe baabi kodɛ akɔtena na wagu ahome awerehoɔ mu na eye no nwanwa se abrabɔ abeye no esum ne deɛ anigyee nni mu

Onuabaa a ɔtso mmienu no deɛ na **ɔnte gyae**. Na ɔhunu ne ho se nadwene mu abue pii, nanso bere biara no na obi wɔho nso a woye nsɔhwɛ wo sukuu mu a ɔnya mma a esene no. na ohunu ne ho se neho ye anika neho ye fe, ɔnim ahosiesie na afei nso neho ye akɔɔ. Nanso bere biara na eye no fe se obi nso wɔho a neho ye anika.

Na ɔnnikan wo biribiara mu da. Na yei ye adeɛ a na ɔntumi nte ne ho ase.

Etɔ dabi a ɔkasafa afoforɔ ho na ɔka nsem a ense se anka ɔka. Na eye no se bere biara no eka ketekete na anka wanya abofohyew wo adeɛ baa-ko anaa foforo ho.

Etɔda a ɔka nese siso mia ne nsam ka se “abrabɔ tirim ye den!”

Afei onuabaa a ɔtso mmiensa no. deɛ na ɔntese ne nnuammaa ɔwerehoni ne deɛ n’adwene bom no, **ɔno deɛ na nani so ne ho**. Na enye se na ne ho twa anaa se neho ye fe anaase ɔtumi ye biribiara sen ne nnuammaa nom. Daabi na ɔno nso nkurofoɔ pe no. etɔ dabi a na wodi neho few wo deɛ ɔhye ne nsem a na ɔka ho. etɔdabi mpo a na wɔka nsemhunu fa ne ho. Nanso wamua, emu biara amfa ne ho.

Na saa onuabaa yi pe nnwomtoɔ. Na ne nne nye de ma nkurofoɔ de sere no nanso eno amma no annyae. Na ɔkaa se, “Memma deɛ nkurofoɔ beka mmu maba mu wo dwomtoɔ ho!”

Kɔ a na ɔkɔso to nnwom no maa ne ho yee ne nuabaa a ɔdikan ne deɛ ɔtso mmienu no ho ahi kese.

Mfee bebree beseneɛ a ewieɛ no obi-ara de nasaase so mmereɛ baa awieɛ.

Onuabaa a adikan no a na ɔhunuse bere biara se hwammodie nsaaɛ wo abrabɔ mu no bewie *awerehoɔ mu*.

Deɛ ɔtso mmienu no a na dabiara no ɔhunu biribi fofoforo akyiri no bewuu *abufuo mu*.

Na onuabaa a na ɔtso mmiensa no, de n’ahooden ne animtee ne sereɛ a awerehyem wo mu boɔ ne bra kosii se n’asaase so nna baa awieɛ no wuu *anigyee mu*.

Ampa ara, abrabɔ nna fom saa na nkurofoɔ nyinaa nye pe sedee etee wo sua asem yi mu. Mpo nhwesɔɔ etese eyinom betumi akyerekyere ye biribi a efa yen ara yenho. Se wotese yen mo bebree a wobɛhunu woho fa kakra wo baako mmienu anaase anuanom-mmaa mmiensa yi nyinaa mu. Momma yen hwe baako biara yie.

## Deɛ atia no

Nnuabaa a odikan no hunuu neho se deɛ, nneɛma ko tia no – te se obi a biribi na ehye no.<sup>1</sup> Na eye no se nneɛma a etoatoasoɔ sisii nakwan mu a na ema no ye mmɔboɔ. Saa abrabɔ mu anamɔntuo yi a ɔfaaɛ no, na ɔrema afoforɔ anya nhyesoɔ wo deɛ ɔye. Se yeɛ sei a sedee obi dwene fa yen ho biara na ebeye mframa a eho yen—na wo ɔne mmereɛ yi mu a nketahodie nam mframa mfidie mu yi saa mframa no bo tese gyampanturu a emu ye den.

Anuanom mmaa pa, aden nti na ese se mode mo anigyeese hye obi anaase nipakuo bi a mo anigyeese mfa won ho nsa?

Se modi yea wo dee nkorofoo aforoo ka fa mo ho a, ma me nsusu ano aduro; kae dee moye. monkae se modi adee wo Onyankopon ahennie mu, osoro Awofoo a wodi hene wiase nyinaa so mma mmaa.

Mowo Onyankopon honhom mu (DNA) mogyafra. Mowo akyadee soronko bia ehyee ase wo mo honhom adebo mu na enyinii wo bere a na mowo mu honhom wiase mu. Woye yen Agya a owo soro mmobrohunufoo a onniawiee, Asafo mmerato, ono na oboo wiase, otoo nsorama petee wiem na ode ahunum nhyehyee biara too ne dabre no ba.

Wohye Ne nsam.

Nsa a eye paa mu

Nsa a ewo odo mu

Nsa a ekora mu

Na biribiara nni ho a obi beka a ebesea no . se wode won nsem toto dee Onyankopon aka afa woho a, enni nteasee.

Woye ne ba a wosombo

Odo wo.

Mpo se wosunti anaa mpo wodane wakyi ma no koraa a Onyankopon do wo. Se wodwene se wayera, yeayiwo totwene anaa yewere afiri wo a—nsuro. Odwanhwefo pa no behwehwe wo. Ode wo bebba Ne kon ho adi ahurisie. Ode wo beko fie.<sup>2</sup>

Me nnuamaa pa, mesremo momma saa osom nokwore yi nni nko moakoma ho yei, Na mobehunu dee nti a ensese mowehho bebree efiri se mowo bea bi a eniawiee a esese eba mu.

Ewiase Agyenkwa odofoo no de ne nkwa maae sedee mobetumi ama saa hyebre no aba mu. Mode ne din ato mo ho so; moye n'akyidifoo. Na enam ono nti mobetumi de animuonyam a enniawiee aduradee akata mo ho.

#### Dee otan

Na onuabaa no a otoso mmienu no bo afu ewiase. Sedee na ne nuabaa no tee no onyaa atenka se ohaw a na ewo

n'abrabo mu nyinaa no firi obi. Ode soboo boo nabusua, ne nnamfononm nadwuma mu pannin ne nadwumu-ayefoo, apolisifoo, ne fipamfoo, Asore, akannifoo, abeefo ntadee a erekosoo, ewiem hyee ne esu nsakyeræ, ene oyea ne tibone fitaa. Na ode eho anibree nyinaa kosoe won.

Wannwene ne ho se onipa bone. Na mmon onyaa atenka se okora ne ho. odwenee se dee obiara ye firi pesmenkomenya, ne otan mu. Ono dee na dee oye no firi adwenpapa atenteni, nokoredie ne odo mu.

Awerho sem ne se onuabaa no a na nadwene bom no adwene a na odwene fa ho ye adee ketewa ara bi. Yei bedaa adi nam nhwehwemu bi a ekoo so nansa yi mu a efa atanfokuo mmienu ntam. Nhwehwemu wo fa bi ne se, nhwehwemufoo no bisaa Palestinafo ne Israelfoo wo Middle East ne Republicanfo ne Democratfo a wo wo Amerikamanmu. Wohunuu se afanu no mu biara wo atenka se dee ekanyan won no ye odo pii sene otan nanso wobisaa dee nti a w'atanfokuo no ka ntawantawa no ho, wotene won nsa kyere "otan" ne adee a ekanyan won atanfokuo no mmom.<sup>3</sup>

Asekyere ne se ofa biara dwene won ho se woye nipa pa" wone obiara di no yie, wo wo ayamyee na woye nokwafoo. Na mmom wohunu won atanfo no se won mmom nte asem ase, wonka nokore mpo woye nipa bone.

Wo afe a wo wo me mu no ewiase wuraa oko bi a na ano yeden a ede oyea ne awerho keese baa ewiase. Saa oko yi me ara me man na ekofa baae—nkuro kuo bia wehunuu nepakuo aforoo bi se woye nipabonefo na wohyee nkuran ma wonyaa otan maa won.

Wokaa won a na wompe won asem no ano too mu. Woguu wo anim ase na woyee won ayakayakadee. Wohunuu won se wonse hwee—mpo se wommen nipa gyinabea. Bere a wode nkurofokuo bi enim twitwiri fom no, etaa aba se wode nsemone ne atustrasem fore won.

Se medwene dee esii wo mfee ahanum a abetwam wo Germany man mu a na me ho woso.

Se obi ko tia yen anaase one yen nnye adwene a yepe ntem susu se biribi nko yie wo won a afa mu. Na yehyee ase de adwenmmone bata won nsem ne won nneyee ho

Ampa ara esese berbiara yegyina ma tenenee, mmeri bi woho a esese yema yene so gina ma saa okwan no. Nanso, se yede abufuo ne otan wo y'akoma mu bo won suboo de oyea bre won, ma won, aninguase anaa yennnam tenenee kwan so.

Edeen na Agyenkwa no kyerekyere?

"Nanso monhwe, mese mo se, monoo mo atamfo, monhyira won a wodom mo, monye won a wotan mo no papa, na momo mpaee ma won a wobu mo animtia na wotaataa mo no; "Ama moaye mo Agya no a owo soro no mma."<sup>4</sup>

Yei ne Agyenkwa no kwan. Eno ne anammoo a edikan a yede bubu akwansidee a ede abufuo, otan, mpaapaam ne ntakwa ba wiase yi mu.

"Aane, ebia wobeka se, mewe opepa se medo matanf—kopem se won nso beye saa ara"

Nanso enhyeda mfa ho, efa ho? Yen asuafoe tebea gyina yen ara yen so, na emfa ho ne sedee aforoo beye yen. Yehwe anim se won nso benya nteasee na wate yen ase nanso odo a ewo won no nnyina atenka a wo wo yen no so

Ebia yen mmodemmo se yedo yatanfo no beboto won akoma ama woye dee eye. Ebia erennye saa. Nanso eno nsesa nkete a yeasi se yebedi Yesu Kristo akyi no.

eno nti ye ye Yesu Kristo asoremma yi yebedo y'atanfo.

Yebeyi abufuo ne otan afiri yon mu.

Yede odo ma Onyankopon mma nyinaa behye y'akoma mu ma.

Yebetu anamom ahyira aforoo na y'ahyira won na y'asom wono mpo won a woha yen na wotam [y en]"<sup>5</sup>

#### Osuanu Papa No

Nnuabaa a otoso mmiensa no gyina ho ma Yesu Kristo osuanu papa

ɔyɛ biribi a ɛbetumi ayɛden sɛ obi bɛyɛ. ɔnyaa awerɛhyem wɔ Onyankopɔn mu mpo wɔ berɛ a na ɔrefa atweetwee ne ɔyɛa mu kwan bi so no, ɔgyinaa pintin wɔ ne gyedie ne anidasoɔ mu enfaho ne atweetwee ne a na atwa neho ahyia. ɔtenaa ase anigyee mu nyɛ sɛ na deɛ ɔrefa mu no yɛ anigyesɛm na *mmom* na nani gye.

Yɛn mu biara nniho a ɔfa abrabo akwantuo mu a ɔnhyia nkotia. Tumi ahodoɔ a ɛbo mmɔden sɛ ɛbetwe yɛn nyinaa mu yi, ɛbɛyɛ dɛn na yɛbetumi de yɛani asi animuonyam anigyee a wɔde ahyɛ agyidifoɔ bo so?

Me gyedi sɛ yɛbetumi anya mmuae no afiri dayɛ bia nkɔmhyɛni bi soɔ mfee mpempem bi a atwa mu no mu. Nkɔmhyɛni no, na ne din de Lehi, na watwerɛ ne daɛɛ mu wɔ Nwoma a ɛsombo na eyɛ nwanwa “Mormon Nnwoma”

Wɔ ne daɛɛ mu no Lehi hunuu asaase petee a na dua nwanwasoɔ bi si mu na eyɛfɛ mmoroso. Afei nso ɔhunuu nkurɔfoɔ akuakuo bebree a na wɔrekeka kɔ dua no ho. Na wɔpɛ sɛ wɔka naduaba ɛda nso no bi hwe. Wɔnyaa atenka na wɔnyaa awerɛhyem sɛ ɛbɛma wɔn anigyee mmoroso ne asomdwoeɛ a ɛtena hɔ daa.

Na ɔkwan heaheaa bi da hɔ a ɛdeko dua no ho na ne nkyɛn no na dade-poma wɔ hɔ a ɛboa maa ɔtumi nante ɔkwan no so. Nanso na esum kabii bi nso wɔhɔ a na ɛmma wɔn nhunu ɔkwan no ne dua no, Na deɛ na eyɛ hu paa nese na ene kɛsɛɛ bi a ɛgye-gye na ɛresere na ɛresisi atwetwee bi firi ɛdan kɛsɛɛ bi a emu so yie bi mu reba. Anwanwasɛm ne sɛ, atweetwee no tumi daadaa nkurɔfoɔ no mu bi a waduru dua no ho aka aduaba nwanwasoɔ no bi ahwe no firii aseɛ nyaa aniwuo na wɔtwee wɔn ho kɔɔɛ.<sup>6</sup>

Ebia na wɔhyɛɛ aseɛ nyaa adwene ntanta sɛ dua no yɛ fɛ ampa sedee na wɔdweneɛ berɛ bi no. Ebia na wɔhyɛɛ aseɛ gyee akyinyee fa nokorɛ a ɛwɔ deɛ wahunu no mu.

Ebia na wɔdwene sɛ, sɛ wɔtwe wɔnho firi dua no hoa, asetena bɛyɛ mmerɛ. Ebia na wandwoodwo wɔn na wannsere wɔn bio.

Na ampa ara sɛ nkurɔfoɔ no a na woresisi wɔn atwetwe no tɛsɛ nkurɔfoɔ bi a na wɔn anigye na wɔredi ahurisie. Enti sɛ wɔfiri dua no hɔ a wɔbɛgye wɔn awaawaatuu wɔ wɔn a wɔahyia wɔ saa dan kɛsɛɛ a emu so ne mu na wabo wɔn nsaa ama wɔn enam agyinasie, nyansa ne nimdeɛ nwawasoo.

#### Nante ɔkwan No Mu

Anuammaa pa, me nnamfo pa, sɛ eyɛ mo den sɛ mobeso dade-poma no mu na mo anante tee ako nkwegyee mu a; sɛ afoforɔ a wogyɛ wɔn ho die sereɛ ne fɛwdie ma mo hinhim a, sɛ nsemmissa bi a monnyaa ho mmuae anaa nkyerɛkyere bi a monnya ntee aseɛ; na ɛha mo a, sɛ modi awerɛhoɔ enam hwammɔdie nti a, mehyɛ mo nkuran sɛ mokae Lehi daɛɛ no.

Nante ɔkwan No Mu!

Mo mma dade-poma no nsan mohoda—Onyankopɔn aɛm.

Na sɛ berebiara a obi bɛbo mmɔden sɛ ɔbɛhyɛ mo aniwuo sɛ monyɛ Onyankopɔn do no bi no, mo nyi wɔn nsi nkyɛn.

Mma mo werɛ nfiri da, woyɛ Onyankopɔn nhyira a ɛsombo da hɔ ma wo. Sɛ wobetumi asua ayɛ n’apɛdeɛ a, wone no betena bio!<sup>7</sup>

Ayeyie ne wiase nnyetom bohɛ no nyɛ deɛ wɔde yɛnho to so, ɛnye nokorɛ na nteaseɛ nnim. Onyankopɔn ayeyie ne nnyetom bohɛ no yɛ kann, nokorɛ ne anigyee—seesei kosi da a enniawieɛ.

Meto nsa frɛ mo sɛ mobesusu Nyannmesom ne gyedi ho wɔ nsusuiɛɛ a ɛko nkan mu. Biribiara nniho a wɔde ma wɔ ɔdan kɛsɛɛ a emu so no mu a wobetumi de atoto aduaba a eyɛ Yesu Kristo nsemɛpa no so die.

Ampa ara, ani nhunui, na aso nteeɛ, na emu biara nwuraa onipa akoma mu, nneɛma Onyankopɔn asiesie ama wɔn a wɔdo no.”<sup>8</sup>

Me ara m’asua ahunu sɛ osuani kwan wɔ Yesu Kristo nsemɛpa no mu ne kwan a ɛko anigyee mu. Eyɛ kwan a ɛdeko ahobanbo ne asomdwoeɛ mu. Eyɛ kwan a ɛko nokorɛ mu.

Medi adanseɛ sɛ enam homhom kronkron tumi ne n’akyɛdeɛ so, wobetumi ahunu yɛi ama woara wo ho.

Saa ɔtwen mmere yi mu deɛ, sɛ ɔkwan no bɛyɛ den ama wo a, menim sɛ wobɛnya ɔgyee ne ahooɔden wɔ yɛn nkorabata ahodoɔ a ɛwɔ Asore no mu; Primary, Young Women, ɛne Relief Society. Wɔn ayɛsɛ ɔkwan mu gyinabea a mobetumi akanyan w’awerɛhyem ne gyidie ama akwantu a ɛda anim no. Woyɛ efie a ahobanbo wɔ mu a mobetumi anya atenka sɛ woka ho na wanya nkuranhyɛ afiri mo nnuammaa nom ne mo mfefoɔ asuafoɔ hɔ.

Nneɛma a mosua wɔ Primary no siesie wo ma nokorɛ a ɛko anim mosua sɛ young women. Asuafoɔ kwan a wonante mu wɔ mo Youngwomen mu no de woko ayɔnkofa ne nnuabaa gyinabea wɔ Relief Society mu. Anamɔn biara motu wɔ ɔkwan no mu no wɔma mo akwanya a ɛko nanim sedee mobɛda ɔdo a monam gyidi, tema, ayamyɛ, nnepa ne ɔsom so wɔ mu afoforɔ adi.

Sɛ yɛyi ɔkyidini abrabo a ɛde yɛn kɔ anigyee mu na yɛhyɛ ma wɔ yɛn kronkron tebea mu.

Ennye ahogono so, ɛbehia mo pa paa a, wowo—wo nyaansa, gyedie, nokoredie, ahooɔden, nketesie ne ɔdo nyinaa, Nanso dakoro mobetwa moani ahwe moakyi na oh; hwe anighyee a mobɛnya sɛ wogina pintinn, sɛ wogyɛ diiɛ, na afei mmoantwe mohoda anfiri ɔkwan no mu.

#### Pem Kɔ Anim

Ebia enan neɛma bebree a ɛfa abra-bo ho a eboro moahoden so, Nanso awieɛ no wowo tumi sɛ wobɛfa baabi ehwie wo ene mo suahunu bebree wɔ ɔkwan no so. ɛnye deɛ wobetumi ayɛ no mmom w’agyinsie ahodoɔ no sɛde nsakyerɛɛ ba.<sup>9</sup>

Wontumi mma nsem a ensi wakwan mu nnya wo awerɛho.

Wontumi mma ho kwan mma emmo wo dam.

Wobetumi ama wani agye sɛ woyɛ Onyankopɔn ba baa, Wobetumi anya anigyee wɔ Onyankopɔm adom mu ene Yesu Kristo do mu.

Woani betumi agye

Mehyɛ mo nkuran sɛ monfa aseda nhyɛ mo akoma mu ma enam

Onyankopɔn papayɛ a enni ano nti. Me nuammaa a medɔ mo, Mobetumi ayɛ eyi! Mede medɔ nyinaa efiri me kra me bɔ mpaɛɛ sɛ mobetumi asisi agyina sɛ mobɛpem akɔ nkwadua no ho. Mebɔ mpaɛɛ mobesi agyina sɛ mobɛma mon ne so na moayɛ sɛ nwom a eyɛ ntomtɔm redi ahurusie wɔ Onyankopɔn dɔ mu, anwanwadeɛ a ɛwɔ n'asɔre mu, na Yesu Kristo nsempa no betumi de abre ewiase.

Ebia nokorɛ suani nwom rennye dɛ kakra anaa mpo ɛkeka asom ma ebinom Efiri mmere ahyɛaseɛ no

saa na ɛtɛɛ.

Na mmom yɛn agya a ɛwɔ soro ne wɔn a wɔdɔ no na wɔdi no nni no deɛ eyɛ nnwom a eyɛ dɛ na esombo pii – nnwom a eyɛdɛ mmoroso na ɛteho na ɛkyerɛ ɔgyɛɛ dɔ ne ɔsom ma Onyankopɔn ne yɛn afɛfoɔ.<sup>10</sup>

Mede me nhyira gya mo sɛ Onyankopɔn Somafoɔ sɛ mobɛnya ahoɔden ɛne akokoɔduru a mode anigye begyina sɛ Onyankopɔn babaa bere a woman anigyeɛ mu dabiara wɔ asuafɔɔ anamɔn so. Wɔ Yesu Kristo din Kronkron no mu, amen.

#### ATWERE

1. Hwɛ 2 Nifae 2:14, 26.
2. Hwɛ Luka 15:4-6
3. Boston College, "Study Finds Intractable Conflicts Stem from Misunderstanding of Motivation," *ScienceDaily*, Nov. 4, 2014, sciencedaily.com.
4. Mateo 5:44-45
5. Mateo 5:44.
6. Hwɛ 1 Nifae 8.
7. See "I Am a Child of God," *Children's Songbook*, 2-3.
8. 1 Korintofoɔ 2:9.
9. Hwɛ "The Most Inspirational Book Quotes of All Time," [pegasuspublishers.com/blog](http://pegasuspublishers.com/blog).
10. Hwɛ Alma 5:26