



NKITAHO A EKYERE ƉƉƉ

Akwan ahodoƉ pii wɔhɔ a yebetumi akyerε ƉƉƉ, titiri ne Buronyabere Yebetumi aka, atwere, de ama, de akye, abɔ ho mpaee, ato no dwom, aye no atuu, ahyehye anaa asiesie. Sɔ hwe keke.

Seyebekyerε ƉƉƉ akyerε aforoƉ ye osom nhini. Relief Society Titenani Jean B. Bingham aka se: “Osom papa no, yeye no baako baako wɔ ƉƉƉ nyinasoƉ so. . . . Se ƉƉƉ ne yen nyinasoƉ a, anwanwadee besi, na yebehu kwan a yebefa so ama yen nnuanom a wɔn ‘ayera’ no aba Yesu Kristo asempa mu.”¹

Seyebekyerε aforoƉ se ye dɔ wɔn ye adee a ehohia wɔ yen ayɔnkofa mu. Nanso nnipa ahodoƉ nya nkrasem yi wɔ akwan ahodoƉ so. Nti kwan ben so na yebefa akyerε ƉƉƉ a aforoƉ ani be so na wɔn ate ase? Wei ye kwan ahodoƉ a yede kyere ƉƉƉ, ne me nsusue ketewabi a wo nso betumi adwen ho

Ka

Etɔda a kwan foforo biara nni hɔ ka se yebeka akyerε obi atenka a yewo ma no. Bere a yereka se yedo obi no, ewo se yekyerε dee yen ani sɔ wɔ ne ho kyere no. Saa nnyetum yi ma ayɔnkofa tu mpɔn. Hwe Ephesians 3:19

- Hwehwe akwanya a wobema obi ahu biribi a w’ani sɔ wɔ ne ho.

- Kɔsra no, fre no ana twere no krata a ekyerε no se wordwene ne ho.

Sra no

Sewobenya bere ne obi adi nkɔmmɔ na watie no ye kwan kesee a ekyerε se wɔn sombo ma wo. Emfaho se wobeko efie, asore ana baabi foforo, nnipa pii wɔhɔ a wɔhia obi ne no abo nkɔmmɔ (Hwe Mosiah 4:26; D&C 20:47.)

- Hyehye nsrahwe wɔ sedee nipa no mmere tee. Gye bere tie no na te ne tebea no ase.
- Se eye den se yebeko nsrahwe enam kwan tenten ana biribi nti a, yebetumi agye bere ahya se yepɔn asore a.

Fa botae som

Ma w’ani nko de nipa ana abusua no hia ho. Osom a botae wɔm kyere ƉƉƉ Eka mmere ne adwene pa bom. Onuabaa Bingham se “Osom nketenkete tumi nya nsusuansoƉ akesee wɔ aforoƉ so,”²

- Som wɔ kwan a ehye abusua ana nipa no den, te se wobehwe wɔn mma so ama wɔn akɔ tɛmpol.
- Hwehwe kwan a wobema afoforɔ nnesua aye ha ama wɔn, tese wobebɔa wɔ asiesie, mmoa hwe mu ne mfikyere adɔ mu.

Monye nneema mmom

Nnipa bi wɔ hɔ a wɔn nni twaka wɔ nkitahodie mu. Ebi nom wɔ hɔ a, wɔnya twaka wɔ nneema a wɔn pe na wɔnya bere ye bom. Awurade no aka se “ene wɔn ntena na hye wɔn den” (D&C 20:53) yen nnuanom.

- Monkɔnante, mo nhyehye agorɔ, mongye bere nte-netene mo apommu mmom.
- Mo nsom mmom wɔ Asɔre adwuma mu ana ɔman dwuma bi mu

Ma akyedes

Etɔda a bere ne akwanya a yededi nkɔmmo sua. Wɔ amammere pii mo no akyedes ye adee a ekyere tema ne ɔɔ. Mpo se ewɔ hɔ a na se yekye ades a ekyere se yewɔ ɔpe bi se yebɛnya ayɔnkɔfa. (Hwe Proverbs 21:14.)

- Fa wɔn pie.
- Ene wɔn nkye asem bi, tweresem, ana nkranssem bi a wotenka se ebeboa wɔn.

Ɔɔɔ adwuma

Bere a wobehu wɔn a wo som ne wɔn a wɔnya wɔn ho nkuranhye no, wobehu kwan pɔtee a wobefa so akyerɛ wo dɔ ne tema ama wɔn mu biara.

Kimberly Seyboldt a ɔfiri Oregon, USA ka abasem bi a ekyere kwan a yenya nkuranhye na yema akyedes de kyere ɔɔ:

“se ɔbra ne nkɔ yie a, me sɔre na meye zucchini brodo, beye se nwɔtwe. Adea sononko a mede gu mu ye mpaee a meɔ abere a mereto no se whan na ɔhia brodo no. Matumi ahu menuanom a wote menkyen abere a mede Zucchini brodo hyehyehyehye beko wɔn afie mu.

“Da ko awia bi, megyina wɔ abusua bi a na wɔn tɔn akosuatum wɔ kwan nkyen. Na menhia bi nanso abamuwa ketewa baako a na ɔgyina ho no ani gyee se ɔhuu me, na eye no se merebeto bi. Me tɔ akosuatum no bi, nanso me saa maa no akyedes. Me maa abamuwa brodo mmienu. Ɔdanee n’ani kyere

ne papa, na ɔkaa se, ‘Hwe, dada, yeanya dee yebedi no ene.’ Nnaasee hyee me ma se menyaa akwanya kyere ɔɔ wɔ kwan ketewa yi so.”

“yen mpaeebɔ ene, ne se ɔbaa ne barima biara—ne yen mmabunu mmaa ne mmarima—benya ɔpepa de ahwe wɔnho-wɔnho a ebefiri ɔɔ mapa a ewɔ Kristo mu.” Moma yen nsom wɔ Awurade a bobitro no ye Nedea no nkyen, yen mmoa Nyankopɔn ne yen nyinaa Agya wɔ N’adwuma sono se Ɔbebua mpaee, ama ahotɔ, apepa anisuo, na wahye kotodwe a agɔ den.”³

Yesu Kristo Dɔ yen

Abere a Yesu Kristo nyanee Lazarus firii owuo mu no, Yesu suuie.

“Na Jewfoɔ no kaa se, Hwe sedee Ɔɔɔ no!” Yohane 11:35–36

Kristo kakyerɛ Nefaefoɔ no se,” Mewɔ tema ma mo” Na Ɔfreɛ se wɔn mfa ayarefoɔ, anifrafoɔ ne abubuafoɔ mra na “Ɔsaa wɔn yareɛ” (hwe 3 Nefae17:7–9).

Agyenkwa no yee nhwesɔ maa yen sedee yebedi afoforɔ. Ɔɔɔ yen.

Dɔ Awurade wo Nyankopɔm w’akoma nyinaa mu ne wo kra nyinaa mu, ne w’adwene nyinaa mu.

“Yei ne mmara no mu kesee ne dee edi kan.

“Na dee etɔ so mmienu no te se eno, Dɔ wo yɔnko se wo ho.” (Matthew 22:37–39).

Whan na ɔhia wo dɔ? Kwan bɛn na wobekyerɛ wɔn wo dɔ?

Yetie afoforɔ a eboa ma yehu kwan a yebefa so akyerɛ wɔn ɔɔ. Hwe ɔsom nkyerekyerɛ asem “Nneema Num a Atiefɔɔ Papa Ye” wɔ Ayewohomu-mɔ 2018 *Liahona*.

Ɔsom akwankyerɛ no wɔ hɔ se ebe boa yen ma yeasua sedee yebedi yen-ho-yen-ho. Seyehu wɔn a yesom a, Honhon Kronkron no bekyere yen nkra-sem a wɔbehia aka ɔɔ ne ahummɔkrɔ a yeda no adi no.

ATWERE.

1. Jean B. Bingham, “Ministering as the Savior Does,” *Liahona*, May 2018, 106.
2. Jean B. Bingham, “Seyebesom sedee Agyenkwa no ye no,” 104.
3. Jeffrey R. Holland, “Be With and Strengthen Them,” *Liahona*, May 2018, 103.