



**Titenani
Dieter F. Uchtdorf
na ɔtwereɛɛɛ**

Fotufod a ɔto so Mmienu wo
Atitenafod a Wddi Kan no mu

Afotusem a ekɔ ma Asempatreni Twentwɛnsofoɔ

Eye Yesu Kristo asuafoɔ asɛdeɛ daa sɛ wɔde asempa no kɔma wiase Marko 16:15–16. Nanso, ɛto da a ɛye den sɛ yɛbɛbue yen ano na yɛaka yen gyedie ho asem akyerɛ wɔn a wɔbɛn yen. Ɛwom sɛ asɔremma no mu bi wɔ akyedɛɛ a ɛma wɔtumi ne afoforo kasa fa nyamesom ho deɛ, nanso ebinom deɛ wɔtwentwɛn wɔn nan ase, anaa wɔn ho ntene wɔn, anaa wɔfɛre, anaa mpo wɔsuro sɛ wɔbɛye saa.

Wei nti, mesusu nneema nnan a obiara betumi aye adi Yesu Kristo frɛ so a skyerɛ sɛ yenka asempa no nkyerɛ “abɔdeɛ biara” A&N 58:64.

Ye Kanea

St. Francis a ɔfiri Assisi asem bi a ɔkaɛɛ ye me dɛ paa ara—ɔse: “Ka asempa no berɛ biara na sɛ ebɛhia a, fa kasa ka.”¹ Aba a ɛwo saa asem yi mu ne sɛ, mmɛrɛ pii no asempaka a tumi wɔ mu paa ara no, yɛmfa ano na ɛka.

Sɛ yen akoma mu ye kann na yɛdi nnyinasosem a yɛwo no so a, nnipa hu. Sɛ yen abrabo kyerɛ ɔde ne anigyɛɛ a, wɔhũ paa ara.

Obiara pɛ sɛ n’ani gye. Berɛ a asɔremma reda asempa hann n’adi no, nnipa tumi hu yen anigyɛɛ ne Onyankopɔn dɔ atenka a ɛrehye yen abrabo

mu mǎ a ɛrebu fa so no. Wɔpɛ sɛ wɔhunu seinti. Wɔpɛ sɛ wɔte yen ahintasem no ase.

Wei ma wɔbisa nsem bi te sɛ “Adɛn nti na w’ani agye saa?” anaa “Adɛn nti na wowɔ saa ahotɔsoɔ suban yi?” Ɛda adi pefee sɛ saa nsemmisa yi nyiano twetwe yen ko Yesu Kristo asempa a aba bio no ho nkɔmmɔdie.

Di nkɔmmɔ

Nyamesom ho nkɔmmɔ a yɛne yen nnamfo ne adɔfoɔ di no betumi aye sɛ abasamtuo ne ade a ɛye den. Ɛnsɛ sɛ ɛye saa. Daadaa nkɔmmɔ a yɛdi fa honhom mu osuahunu anaa Asɔre mu dwumadie anaa abasem ho no betumi aye mmɛrɛ ne anigyɛɛ, sɛ yɛde akokoduro kakra ne nyansa to ho a.

Me yere, Harriet, ye wei ho nhweso pa ankasa. Berɛ a na yɛwo Germany no, na ɔwo kwan bi a ofa so de Asɔre no mu nsem ba ɔne ne nnamfo ne amanifoɔ nkɔmmɔdie mu. Sɛ ebia, ɔbi bisa no sɛdeɛ nnaawɔtwe awieɛ no kɔɔɛ a, ɔbɛka sɛ, “Saa Kwasiada yi, yɛnyaa osuahunu kesɛɛ wo y’asɔre mu! Abrantewa bi a wanya mfeɛ 16 kaa nsem dɛdɛ bi kyerɛɛ nnipa 200 a wɔwo y’asafo mu faa abrabo kronkron ho.” Anaa, “Mesuaa biribi faa maame bi a wanya mfeɛ 90 a ɔpamm kuntuo bebɔro 500 de kɔmaa y’Asɔre adɔye kuo dwumadie no, na wɔde guu

po so hyen mu kōmaa nkurōfo a wōnni bie wō wiase afanaa nyina ara.”

Mpēn pii no, nkurōfo a wōtee saa asem yi no pēe se wōbetie bio. Wōbisaa nsem. Na wei de akwannya baa se wōbedi asempa no ho nkōmmō wō kwan pa so, akokoduro so, a ɔhye nnim.

Enam abēfo internet ne kōmputa so nkōmmōdie nti, enye den seesei se yēbeka saa nneema yi ho nsem wō nkōmmōdie mu se kane no. Deē yehia ara ne akokoduro a yēde bēye saa.

Ma adom nhye wo mā.

Awerehosem ne se, enye den se yēbēgye kyim. Etaa ba se yetumi gye kyim, yebu obi animtia, na yebu no fō. Se yen bo fu, yen ani ansō aforō anaa yekasa tia wōn a, wōmpē se wōbesua biribiara afa yen ho. Yerentumi nkan nnipa dodo a wōafiri Asōre no mu anaa wōammeka yen ho da esiane se obi kaa biribi tiaa wōn anaa ɔhye wōn abufuo.

Kasafi pii wō wiase yi mu enne mmerē yi mu. Esiane se obiara nna ne ho adi wō abēfo internet so nti, enye den se obi bēka nsem fii anaa nsem yaaya wō so. So ense se, yen a yēye Kristo asuafo a yēdwo na yēwō anida-soo no, nya ɔbra a ekron na ēdi mū kyen saa? Tweresem no kyere se, “Momma mo kasa ho mmra nyam daa a nkyene wō mu, na moahunu sedee ese se mobua obiara.” Kolosefo 4:6.

M’ani gye nsem a eye fann se ewiem a emu da hō se awiabere na adom ahye mu mā. Wōbetumi asusu deē yen mmusuakuo, yen ward, aman, na mpo wiase bēye se anka yēbetumi adi saa nyinasosem yi so a?

Ma gyedie nhye wo mā.

Etō da a yēkamfo yen ho dodo anaa se yēbō yen ho kwaadu dodo se eba se aforō regye asempa no atom a. Eho hia se yēbēkae se Awurade nhwehwe se yen na yensakyera aforō.

Nsakyerae nnam yen nsem so na eba, na mmom enam ɔsoro nkyerekyere a efiri Honhom Kronkron no. Etō da a deē ehia ara ne se yēbeka kasasin baako pē de adi adanse anaa aka yen suahunu de adwodwo akoma, anaa de abue pono a ebema aforō ahunu nokore a ēdi mū nam Honhom no nkanyan so.

Otitenani Brigham Young kaa se, se ɔhunu onipa a n’ano ntee, anaa ɔnnim badwam kasa, na deē ɔtumi ka

ara ne se, “Enam Honhom Kronkron no tumi so no me-nim se Mormon Nwoma no ye nokore, na Joseph Smith ye Awurade Nkōmhyeni” a, ɔhunu se asempa no ye nokore. Otitenani Young kaa se bere a ɔtee saa ahobreasee adanse yi, “Honhom Kronkron a efiri saa nipa no mu ba no kannyan me nteasee, na hann, animuonyam, ne daa nkwa baa m’anim.”²

Me nnuanom mmarima ne mmaa, monnya gyedie. Awurade betumi aye nsem a moka no kēsee na wama anya tumi. Onyankopōn mmisa wo se sakyera aforō, mmom bue w’ano. Nsakyerae adwuma no nnye wo dea, eye onipa a ɔretie no ne Honhom Kronkron no dea.

Asoreba biara ye Asempatreni

Me nnamfo pa, akwan pii wō hō nne a yēbetumi afa so abue yen ano na yene aforō akye Yesu Kristo anigye asempa no kyen kane no. Kwan wō hō ma obiara, ama asempatreni a ɔtwentwen ne nan ase mpo se ɔde ne ho behye saa adwuma kēsee yi mu. Yen mu biara betumi ahwehwe kwan a yēde yen ara y’akyedee ne deē yepē aboa saa adwuma kēsee yi, a ede hann ne nokore behye wiase yi ma. Bere a yereye saa no, yēbenya anigye a eba wōn a wōye nokorefo na wōwō akokoduro se “wōbē-gyina se Onyankopōn adansefo wō mmerē nyina ara mu” Mosaya 18:9.

ATWERE

1. St. Francis a ɔfiri Assisi, wō William Fay ne Linda Evans Shepherd mu, *Ka Yesu ho asem a wonnsuro* (1997), 22.
2. *Asore Atitenafo Nkyerekyere: Brigham Young* (1997), 67.

NKRANSEM YI MU NKYEREKYERE.

Kwan pa baako a wōbēfa so akyere adee ne se “wōbēhye wōn a wokyere wōn adee no nkuran se . . . wōmfa botae bi nsi wōn ani so se wōbedi nnyinasosem a woakyere wōn no so.” (*Teaching, No Greater Call* [1999], 159). Susu se wōbeto nsa afre wōn a wokyere wōn adee no se wōmmō mpaee na wōmfa nsi wōn ani so se wōne nipa baako anaa deē eboro saa bekye asempa no saa bosome yi. Awofō betumi asusu ho afa kwan a mmōfora nketewa betumi aboa ho. Wōbetumi nso aboa w’abusuafo ma wōadwendwene ho anaa wōye ɔyēkyere afa kwan a yēde asempa no ho nsem beba yen daadaa nkōmmōdie mu; na wōadwene Asōre dwumadie bi a erebeba ho, a wōbetumi ato nsa afre ɔyōnkō bi se ɔmmra bi.

MMABUNU

Se yene ɔɔnkoɔ bekye

Adriana Vásquez na ɔtwereɛɛɛ

Da ko bi bere a na meresua adeɛ akɔkyere seminary no, menyaa nkannyan fɛɛɛ a eye sononko bi. Bere a na mererkenkan deɛ yebesua da a edi ho no, mehunuu me yonko bi a na mene no kɔɔ sukuu anim na menyaa atenka dendan bi se ewɔ se mene no kye m'adansee.

Ewom se na saa atenka yi ye fann deɛ, nanso na mesuro. Na eha me se me yonko no bepo me, titiriw enam se na ɔnse ɔbaa a n'ani begye se ɔbeka Asɔre no ho.

Mede m'adwen kɔɔ asem bi a Onuabaa Mary N. Cook a ɔɔ Mmaayewa amansan atitenafoɔ no mu no kaaɛɛ, ɔrekasa no ɔhyee yen nkuran se yenye adwuma den na yenye ɔkokobirefoɔ.¹ Na mɛpe se meye saa, eno nti metwereɛ krataa kɔmaa saa abaayewa yi na medii adanseɛ se Asɔre no ye nokore na mekyereɛ no ɔɔ a mewɔ ma Mormon Nwoma no. Ade kyeeɛ no, mede Mormon Nwoma no bi, ne me krataa no, hyee ne bag mu.

Eyee me nwanwa se me yonko no kyereɛ asempa no ho anigyee. Firi saa da no, eye a ɔtaa ka deɛ wasua afiri Mormon Nwoma no mu kyere me. Nnawɔtwe kakra

akyi no, mede no hyee nsempatrefoɔ no nsa. Ntempa ara, ɔnyaa mmuaɛɛ firii Sunsum Kronkron no ho se deɛ ɔresua no ye nokore. Mene nsempatrefoɔ no suuie bere a ɔkaa n'atenka kyereɛ yen no. Ankye wɔkɔɔ me yonko n'asu, na eye n'awofoɔ nwanwa bere a wɔhunuu nsa-kyeraɛɛ a aba ne mu no.

Eye m'anigyee se metumi dii me suro so na meboa maa wɔde asempa no baa n'abrabo mu.

ATWERE

1. Hwe Mary N. Cook, "Mempa Aba Dabiara, Dabiara Da!" *Liahona*, Kɔɔnimma 2010, 117–19.

MMA

Metumi Aye Hann ama Afoforɔ

Otitenani Uchtdorf ka se, "se yebeye hann ama afoforɔ a, ese se yen nsem ye fann se ewiem a emu da ho awiabere na adom ahye no ma." Ese se yen nsem ye anigyee, nokore, ne ayamyɛ. Deen na wobetumi aye anaa aka ama woaye hann ama afoforɔ? Wobetumi atwere nneema fɛɛɛ nnum a wope se woka kyere w'abusufoɔ anaa wo nnamfo wɔ wo journal nwoma mu.



W'asakyera ama Awurade

Fa mpaebɔ sua saa nwoma yi, na se efata a, ene anuanom mmaa a wosra won no nni ho nkɔmmɔ. Fa nsemmissa no hye wo nuanom mmaa no den na ma Relief Society nye w'abrabo mu ahiasem. Se worepe mu nsem bio a, ko reliefsociety.lds.org.

Gyedia, Abusua, Jgyee

Anuanom mmaa foforo a wɔaba asore no mu ne Mmaayewa a wɔreko Relief Society, anuanom mmaa a wɔresan aba bio, ne won a wɔaba asore no mu foforo no hia mmoa ne ayɔnkofa afiri nsrahwɛ akyerɛkyerɛfoɔ ho. Opanin M. Russell Ballard a ɔwo Asomafoɔ Dumieniu Kuo no mu kaa se “ɛho behia pii se asɔremma boa ma won a wɔbɔɔ asu nkyereee no ka asore no mu na won a wɔate ada no nso san ba bio.” “Nya anisoadehunu se Relief Society . . . betumi abeyɛ ayɔnkofa baako a tumi wo mu paa ara kyen kuo biara wo Asore no mu. Tene wo nsa ma won a wɔrekyere won adee ne won a wɔresan atwe won aba bio no, na fa wo kuo no so do won ama wɔaba asore.”¹

Se yeyɛ Relief Society kuo mma yi, yebetumi aboa asɔremma foforo ma wɔasua Asore no nneyeɛɛ nketewa, a ebi ne:

- Kasa.
- Adansedie.
- Se yeredi akɔmkyene mmara so.
- Yeretua ntotosoɔ du du ne afodee afoforo.
- Yereye abusua abakɔsem adwuma.

- Yereye asubɔ ne denhye ayeyedeɛ ama yen abusuafoɔ a wɔawuwuo.

Opanin Ballard kaa se: “Se asɔremma foforo bo betɔ won yam na wɔahunu se yedo won a wɔbehia ayɔnkofoo a wɔwɔ tema.”² Yen nyina ara, titiriw nsrahwɛ akyerɛkyerɛfo, wo asedeɛ a eho hia paa ara se yene asɔremma foforo befa yɔnkoo; eno ne kwan a yenam so beboa won ama “wɔasakyera ama Awurade ankasa” Alma 23:6.

Wo Tweresem no mu

2 Nifae 31:19–20 Moronae 6:4

Wo y'abakɔsem mu

Otitenani Gordon B. Hinckley (1910–2008), kaa se “Enam se asɔremma foforo no dodoo reko soro nti, ewo se yebɔ mmɔden paa ara se yebɔbeboa won ama wɔahunu kwan. Won mu biara hia nneema mmiensa: ayɔnkoo, asedeɛ, ne ‘Onyankopɔn asempa’ aduane.”³

Nsrahwɛ akyerɛkyerɛfoɔ wo asedeɛ se wɔbeboa won a wɔhwɛ won so no. Ayɔnkofa ne adee a edi kan, sɛdeɛ eye maa Relief Society onuabaa bi a na oye maame panin

bi nsrahwɛ kyerɛkyerɛni no. Na won ayɔnkofa no to sin kɔsi se wɔbɔɔ mu yee ahonidie dwumadie. Wɔbeyee ayɔnkofoo, na bere a wɔdii Nsrahwɛ Nkyerekyere Nsem ho nkɔmmɔ no, “Onyankopɔn asempa no” maa won aduane.

Otitenani Joseph Fielding Smith kaa se Relief Society ye “Onyankopɔn aheman no fa titiriw a eho hia paa ara wo asase so, na . . . eboa emu kuo mma nokorefoɔ ma wonya nkwa a enni awiee wo y'Agya aheman mu.”⁴

ATWERE

1. M. Russell Ballard, “Asɔremma Ye Safoa,” *Liahona*, Ebo, 2000, 18.
2. M. Russell Ballard, *Liahona*, Ebo 17, 2000.
3. Gordon B. Hinckley, “Asɔreba Foforo Biara Som Bo,” *Liahona*, Ogyefuo
4. Joseph Fielding Smith, wo *m'Aheman mu Mma Mmaa: Relief Society Abakɔsem ne emu Adwuma* (2011), 97.

Deen na metumi aye?

1. So mebo mpaee ma me nuabaa-hokafoɔ no, na me-bisa Honhom no se ɔmma yen akwankyerɛ bere a yeresom yen nuanom mmaa no anaa?
2. Akwan ben so na yesom onuabaa biara a yehwe no so, ama wahunu se yedo no ampa?