

BUKA E E KAELANG

MOLWAPENG

B U K A E E K A E L A N G

MOLWAPENG

Kanamiso ka
Kereke ya ga Jeso Keresete ya Baitshephi ba Malatsi a Bofelo
Salt Lake City, Utah

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“Lelwapa: Kitsiso Semmuso ya Lefatshe”

Ka 1995, Ba bo Peresidente jwa Ntlha le Maloko a Baapostola ba ba Lesome bane ba bega bare “ Lelwapa: Kitsiso Semmuso ya Lefatshe. Kitsiso e e bega pego ya boammaaruri jwa dithuto le tsamaiso e ba porofite ba e buileng ba boeela go ya ka ditso tsa Kereke. Ena le melao e e kgethegileng go tlisa boitumelo le botshelo go mangwe le mangwe a malwapa. Maloko a Malwapa a tshwanetse go ithuta Kitsiso e mme a tshele ka ditaelwana tsa yone.

“Rona, Re le Bo Peresidente jwa Ntlha le Maloko a Baapostola ba ba Lesome ba Kereke ya ga Jesu Keresete ya Baitshepi ba Malatsi a Bofelo, ka tlhoafalo re itsise fa nyalogareng ga monna le mosadi e tlhomilwe ke Modimo le gore Lelwapa le fa gare mo Thulaganyong ya Modiri wa Tlholego go tlisa bosakhutleng mo pheleletsong ya bana ba Gagwe.

“Batho botlhe—monna le mosadi—ba tlhodilwe mo setshwanong sa Modimo. Mongwe Le mongwe wa bone o ratilwe e le morwa kgotsa morwadia ka semowa jwa botsadi jwa legodimo, mme ka jalo mongwe le mongwe wa bone o na le bomodimo ka tlholego le bogorogo. Bong ke ntlha ya botlhokwa mo karolong ya botho ya botshelo jwa pele, jwa gompieno le tlhaolo ya bosakhutleng le maike-misetso.

“Mo botshelong jwa pele, ka semowa morwa le morwadia bane ba itse ebile ba obamela Modimo ele Rraabo wa Bosakhutleng mme ba amogela polane ya Gagwe e bana ba Gagwe baneng ba ka nna le mebele ba nne le maitemogelo a lefatshe gore ba golele kwa nonofong mme batle ba

bone bomodimo le magorogo a boswa jwa botshelo jo bosakhutleng. Bomodimo jwa polane ya boitumelo bodiragatsa gore kanelo mo malwapeng e fetelele gofeta lebitla. Tlhomole kgolagano tsa Boitshepo tse di leng teng mo Ditempeleng tse di boitshepo di dira gore batho ba boele fa pele ga Modimo le gore malwapa a kopane goisa bosa khutleng.

“Molao wa ntlha yo Modimo a o fileng Atamo le Efa one o itebagantse le kgonego ya bone go nna batsadi le go nna bomogatsa. Re itsise fa Molao wa Modimo wa Bana ba Gagwe go ntsifala le go ata lefatshe ka bophara o ntse o itsetsepitse. Reitsese gape fa Modimo a laetse gore maatla a a boitshepo a go dira bana a tshwanetswe go diragadiwa fela fa gare ga monna le mosadi, bale nyalong ka semolao ele Monna le mogatse kana mosadi le mogatse.

“Re itsesi fa tsela e ka yone botshelo jwa motho bo simololang ka jone bo beilwe ka fa Modimo a ratileng ka teng. Re netefatsa boitshepiso jwa botshelo le ka botlhokwa jwa bone mo polaneng ya bosakhutleng ya Modimo.

“Banyalani bana le maikarabelo a magolo a go rata le go tlhokomelana le bana ba bone. ‘Bana ke boswa jwa Morena’ (Psalms 127:3). Batsadi bana le tiro ya boitshepo ya go godisa bana ba bone ka lorato le ka tshiamo, ba a faditlhoko tsa senama le tsa semowa, ba ba ruta go rata le go direlana ka bobone, ba labile ditaello tsa Modimo le go nna Banni ba lefatshe baba tlhophang molao gongwe le gongwe kwa ba tshelang teng. Banyalani—bomme le bontate—ba tlaa bewa maikarebelo fa pele ga Modimo ka ga tiragatso ya ditaello tseo.

“Le lwapa ke tlhomo ya Modimo. Nyalo magareng ga monna le mosadi e botlhokwa mo Polaneng ya Gagwe ya bosakhutlheng. Bana ba tshwane-lwa ke matsalo mo teng ga tlamu ya nyalo, le go godisiwa ke rre le mme ba ba obamelang maikano a nyalo ya bone basa tsietsane. Boitumelo mo botshelong jwa lwapa ka gantsi bo ka kgonwa fa bo ikeegile mo dithutong tsa Morena Jeso Keresete. Manyalo le malwapa a a atlegang a agilwe gape a tshweledisiwa mo ditaelong tsa tumelo, thapelo, boikwatlhanelo dibe, goitshwarelana, go tlotlana, lorato, tlhomogo pelo, tiro, le metshameko e e itekanetseng ya boiketlo. Ka fa bomodimong, bontate ba tshwanetse

go etelelepele malwapa a bone ka lorato le ka tshiamo gape bale boikarabelo go feng ditlamelo tsa botshelo le go sireletsa ba malwapa a bone. Bomme maikarabelo a bone a ntlha ke go nonofisa bana ba bone. Mo maikarabelong a a boitshepo, bontate le bo mmaabo ba tlamelwa ke go thusana ele bommata baba lekanang. Bogole, loso kgotsa dipharagobe dingwe di ka kgonedisa mongwe go adoptiwa. Malwapa losika a a atolositsweng a tshwanetse go fa thuso fa go tlhokega.

“Re tlhagisa gore mongwe yo o ka robang tlhomo ka boaka, yo o betsang monna wa gagwe kgotsa mosadi wa gagwe kgotsa bana, kgotsa a palelwa ke maikarabelo a lelwapa, nako nngwe o tlaa araba fa pele ga Modimo. Gotswelediseng, re tlhagisa gore go thubega ga malwapa go tlaa tlisa bangwe, metse le ditshaba bo madi mabe jo bo boletsweng ke baporofite ba maloba le ba segompieno.

“Re bitsa ba bo ditshaba ba ba nang le maikarabelo le maloko a doifisi tsa di goromente gongwe le gongwe go rotloetsa metheo e e dirilweng go thatafatsa lelwapa ele lone ntlha ya pinagare mo metseng” (*Ensign*, Nov. 1995, 102).

Thulaganyo le Maikaelelo a Lelwapa



Thulaganyo

Le lwapa le boitshepo mo Kerekeng ya ga Jeso Keresete ya Baitshepi ba Malatsi a Bofelo e bile le botlhokwa go gaisa ele ntlha ya batho mo nakong e le bosakhutlheng. Modimo o re neetse malwapa go tliša boitumelo go bana ba Gagwe, go ba letla gore ba ithute



melawana e e leng yone mo tikologong ya lorato, mme a ba baakanyetse botshelo jo bo sa khutlheng.

Mo gae ke lefelo lele gaisang mo go rutheng, go ithuta le go diragatsa melawana ya efangedi. Ke ko motho a ithutang go fa dijo, diaparo, boroko le ditlhoko tse dingwe tse badi tlhokang. Ntate le mambo, ele bommata ba balekanang, ba tshwanetse go thusa mongwe le mongwe wa leloko la lelwapa.

- Senka boammaaruri mme o tokafatse tumelo mo Modimong.
- Ikwatlhaele dibe, ikolobetse go phimolwa dibe, nna leloko la Kereke ya ga Jeso Keresete ya Baitshepi ba Malatsi a Bofelo, mme o tseye Moya o Boitshepo.

- Obamela melao ya Modimo, ithute ka mafolofolo mafoko a Modimo, fa dithapelo ka bo gagago malatsi otlhe, mmeo direle babangwe.
- Ngathela efangedi le babangwe.
- Thatafadiwa mme o newe nyalo ko tempeleng ke mmata yo o lekaneng go isa bosakhutlheng, o age legae la boitumelo mo lwapeng, mme o thuse lelwapa ka lerato le ka go tswa setlhabelo.



- Senka ditlhaeletsanyo kaga bagologolo baba suleng mme o diragatse ditlhommo tsa tempele go bone.



- Fa di kotla tse di tlhokegang tsa semoya, setho, senama le sa boitekanelo jwa mmele.

Ntate o etelelapele lwapa la gagwe mme maikarabeloa gagweke go ruta

bana le go fepa tse ditlhokafalang mo lwapeng. Ntate yo o itekanetseng ale leloko la Kereke o na le tshono ya go nna le boperisita, eleng matla le tletla ya go dira ka leina la Modimo. Ka maatla a le tletla e, ntate o nna moeteledipele wa moperisita ya lapa la gagwe. O etelelapele lelwapa la gagwe go ipaakanyetsa go boela kwa pele ga Rraetsho yo o kwa Legodimong. Mosadi wa gagwe ke mmata wa gagwe wa bothokwa go feta, modiri nae, le mogakolodi. Banyalani ba tshwanetse go gakololana mo mathateng otlhe a a itebaganyeng le tsa lwapa le montlong.

Ntate o tshwanetse go fa ditlhoko tsa semowa go ba lelwapa la gagwe. O tshwanetse go bona gore ba rutwa efangedi ya ga Jeso Keresete mme a dire gotlhe mo a go kgonang go ba rotloetsa le go ba thusa go obamela melao ya Morena.

Ntate yo o nang le boperisita okgona go tshogofatsa maloko a lelwapa lagagwe ebile a fe ditlhoko tsa semowa go ba lelwapa la gagwe. Ka tletla ya boperisita jo bo siameng le ka tetelelo go baeteledipele baboperisita ba gagwe, ntate a ka kgona go:

1. Fa leina le go segofatsa bana.
2. Kolobetsa bana (le babangwe).
3. Tlhomamisa bana (le babangwe) maloko a Kereke le go ba tlhoma Moya oo Boitshepo.
4. Go tlhoma boperisita go basimane ba gagwe (le ba bangwe) le go ba golaganya mo ofising ya bo perisita.

5. Segofatsa le go neela selalelo.

6. Rapelela mabitla.

Go sena tletla ya boeteledipele mo boperisiting, ntate yo o nang le boperisita jwa ga Melekhezedeke o kgona go itshekisa ole le go segofatsa maloko a lwapa la gagwe le ba bangwe fa ba lwala le go ba fa masego a a kgethegileng ka nako tse dingwe fa go tlhokafala. (Bona tsebe 18–25 mo bukataelong go tsaya ditaelo mo go diragatseng dikgolagano le masego a boperisita.)

Ntate o tshwaneste go bona gore lelwapa la gagwe le dira ka manontlhotlho mo dikarolong tse tharo tsa boikarabelo:

1. Goipaakanya mo lwapeng ka semowa le ka ditlhoko tsa senama.
2. Go ngathelana efangedi.
3. Ditso tsa lelwapa le dikgolagano tsa tempele go batshidi le baswi.

Mmaabo ke mmata wa gagwe yo o lekanang nae, ele mogakolodi wa monna wa gagwe. O mothusa go ruta bana ba bone melao ya Modimo. Fa go sena ntate mo lelwapeng, mmaabo o etelapele le lwapa.

Ntate le mme ba tshwanetse go nna le moonongwe. Maikaelelo a bone e tshwanetse go baakanyetsa maloko otlhe a bone go boela kwa go Rraetsho yo o kwa legodimong. Ba tshwanetse ba nne seopo sengwe fa ba direla maikemisetso ao. Morena o tlhomile Kereke go thusa bo ntate le bo mme go ruta le go tlhokomela ba malwapa a bone.

Fa bana ba goroga mo lelwapeng, batsadi ba tshwanetse go rata, go ruta nnete ya efangedi, le go na sekao sa botshelo jwa bosiami. Bana ba tshwanetse go ithuta mme ba tseye melao ya Modimo. Ba tshwanetse go tlotla e bile ba obamela batsadi ba bone.

Maatla a Kereke a beile mo malwapeng le batho ka bongwe ba ba tselang efangedi ya ga Jeso Keresete. Go oketsega ga boitumelo jwa masego a lelwapa le bo akolang bo beilwe thata ke kafa ntate le mme ba tlhologanyang go direla tse dinnye ka ditiro tsa bone ele batsadi. Kereke a ea ikaelela go fa mananeo kgotsa maikarabelo go bo ntate le bo mme a a tlaa ba hupetsang kgotsa asa ba rotloetse kgotsa a dira gore ba tlogele ditiro tsa bone tse dinnye thata.

Ikemisetso

Gonne Rraetsho yo o kwa Legodimong a re ratile, o batlagore re tlhatlhoziwe jaaka ene. Go re thusa, o re file polane gore re e sale morago, e bapisitswe mo bomodimong jwa molao wa boammaaruri. Bao ba ba ithutang ka polane mme ba e sala morago ka tumelo ba ka kgona nako ngwego nna jaka Rraetsho yo o kwa legodimong mme ba natefalelwe ke botshelo jo A bo tselang.

Bontlha bongwe jwa polane ene e le go tlhogela legodimo mme go tla lefatsheng. Fano re nna le mmele, re ithuta ka boitemogelo, le go itshupa boitekanelo go tshela gape fa pele ga Modimo. Re itshupa boitekanelo ka

go tlhopha ka tshosologo melao ya
Gagwe. (Bona Abraham 3:23–25;
2 Nephi 2:27.)

Go re thusa gore re paakanyetse
go tshela Nae, Rraronna yo o kwa
Legodimong o re baile ka malwapa.
Ka ditlhomo le dikgolagano tsa boi-
tshepo, malwapa a rona a ka nna
seopo sele sengwe go ya bosa
khutlheng.

Go ruta Efangedi mo lwapeng



Go ruta Bana ka bopelonomi le lorato

Morena o file batsadi taolo ya goruta efangedi go bana ba bone O ne are:

“Ka bojotle jo batsadi ba nang le bana moSione, kgotsa ngwe ya diseiteiki ya tsone tse di tlhomilweng, e e sa ba ruteng go tlhaloganya dithuto tsa kutlo botlhoko, tumelo mo go Keresete Morwa Modimo yo o tshelang, le kolobetso le mpho ya Moya o o Boitshepo ka peo ya diatla, fa bale ngwaga tse boroba bobedi, sebe setlaa nna mo ditlhogong tsa botsadi.

“Go nne se e tla nna molao go baagedi ba Sione, kgotsa mo go ngwe ya seteiki sa one se se tlhomilweng.

“Mme bana ba bone batlaa kolobetswa go itshwarelwa dibe tsa bone fa bale ngwaga tse robabobedi, mme ba amogele peo ya diatla.

“Mme batlaa ruta bana ba bone go rapela, le go tsamaya mo tshiamong fa pele ga Morena” (D&C 68:25–28).

Batsadi ba tshwanetse go ruta ka bonolo le ka lorato, ba gakologelwa kgakololo ya Moaposetola Paulo ya go “tlhisa [bana ba bone] kwa godimo mo tlhokomelong le mo kgakololong ya Morena” (Ephesians 6:4).

Thuto ya Lefoko la Modimo mo Lwapeng

Re ka kgona go nna jaaka Rraetsho yo o kwa Legodimong mm era

natefalelwa ke botshelo jo bo tshwanang le jo A bo tshelang. O tshela fela ka go obamela melao e e itebagantseng le lesego le la one. (bona D&C 130:20–21). Pele ga re ka tshela ka melao eo, re tshwanetse ra itse gore ke efe. “Go thata gore motho a phoswe a ne a ithlokomolodisitse” (D&C 131:6).

Jeso Keresete ke moeteledipele wa rona e bile ele mofi wa molao. O itse tsela le melao e re tshwanetseng go e diragatsa, mme O re laleditse gore re mosale morago. O rile, “Ke nna tsela, nnete, le botshelo: ga go ope yo o ka tlang go Rara, kwa ntle game” (Johane 14:6). Go nna jaaka Rraetsho yo o kwa Legodimong le go boela kwa go Ene, re tshwanetse go ithuta dithuto tsa ga Jeso mme re di sale morago. Re na le lefoko ya Modimo go re thusa ka botshelo, dithuto, le melao ya ga Jeso Keresete.

Buka tse nne tse Kereke e di amogelang ele lefoko la Modimo ke Baebela, Buka ya ga Momone, Dithuto le Dikgolagano, le Phele ya Tlhwatlhwa e Kgolo. Di tlhalosa molao wa efangedi le kemo e re ka lekanyang dikakanyo, ditiro, le dithuto tsotlhe. Di re thusa go ithuta ka botshelo le dithuto tsa ga Jeso Keresete mme dif e dikai tsa batho ba ba nnileng le tumelo mo Modimong ebile ba tshware melao ya Gagwe.

Jeso re rutile gore re senke le go ithuta lefoko la Modimo (bona Johane 5:39; 3 Nephi 23:1; D&C 88:118).

Malwapa a tshwanetse go bala lefoko la Modimo ka botlhe kgapetsakgapetsa

go ithuta le go sala morago dithuto tsa Morena. Batsadi ba tshwanetse go kgo-bokanya malwapa ka botlhe ka nako e e beilweng letsatsi lengwe le lengwe go bala le go buisanya lefoko la Modimo. Mongwe le mongwe wa leloko la lelwapa yo o ka balang o tshwanetse go nna le tshono ya go bala lefoko la Modimo.



Leloko la lelwapa le ka fa thapelo pele ga go balwa lefoko la Modimo mme a kopeA family member may offer a prayer before the scripture reading and ask Heavenly Father to bless each one to understand what is read and to gain a testimony of it. Families may want to have their family prayer following the scripture reading.

Fa rele malwapa re bala gape re akanya ka lefoko la Modimo, re ka batla go nna jaaka Mmoloki mme re ka bona boitumelo jo bogolo le kagiso mo matshelo a rona.

Dithapelo ka Bojosi le ka Malwapa

Mongwe le mongwe wa rona o tshwanetse go ithuta go bua le Rraetsho yo o kwa Legodimong ka thapelo. O a re rata ebile o batla gore re bue leene. O batla re mo leboga masego a rona

mme re kope thuso le dikaelo mo go Ene. O tlaa re thusa fa re m kopa. Dithapelo ka bontsi di dirwa re tsentse ditlho go le matlho a rona a tswetswe fa rentse re khubame, re ntse kgotsa re eme.

Re tshwanetse go gakologelwa melao e mene ya botlhokwa fa re rapela:

1. Re simolola dithapelo tsa rona ka go bua le Rraetsho yo o kwa Legodimong re re: "Rraetsho yo o kwa Legodimong . . ."
2. Re leboga Rraetsho yo o kwa Legodimong ka dilo tse a re di fang re re: "Re a goleboga Rara . . ."
3. Re mo kopa thuso e re e tlhokang re re: "Re a go kopa Rara . . ."
4. Re tswala thapelo ka leina la ga Mmoloki re re: "Ka leina la Jeso Keresete, amen."



Dithapelo tsa rona ga dia tswanela nako tsotlhe gore di sale morago di ntlha tse nne tseo, mme gore re nne

natso mo tlhologanyong go ka re thusa go rapela. Re tshwanetse nako le nako go simolola le go tswala ka ntlha ya ntlha le ya bofelo mme se re se buang fa gare go tlaa tswa mo go se eleng maikutlo a botlhokwa a rona. Fa gongwe re ka batla go fa dithapelo tsa rona re leboga Rraetsho yo o kwa Legodimong. Ka nako tse dingwe re ka batla go tsaya nako ya rona re Mo kopa thuso.

Dithapelo ka Bojosi

Mongwe le mongwe o tshwanetse go rapela ka boga gagwe gongwe go feta gangwe moso le moso le mantsiboa. Batsadi ba tshwanetse go ruta bana go fa dithapelo tsa bone ka bonako jwa gaba setse ba simolola bua. Batsadi baka ruta bana ba bone go re go rapelwa jang ka go khubama le bone mme ba ba boeledise seele le seele ka nako. Ka bonako bana batlaa bob a kgona go fa dithapelo tsa bone.

Dithapelo tsa Malwapa



Lelwapa lengwe le lengwe le tshwanetse gonna le thapelo tsamalatsi otlhe. Lelwapa lotlhe le khubame, mme tlhogo ya lelwapa a fe thapelo kgotsa a kope leloko la lelwapa go e fa. Mongwe le mongwe o tshwanetse go nna le tshono ya go rapela kgapetsa kgapetsa. Bana ba bannye ba ka fapaana, batsadi ba bone ba ba thusa. Nako ya thapelo mo lwapeng ke e siametseng go ruta bana go rapela le go ruta melao e e tshwanang le tumelo mo Modimong, boikobo, le lorato.

Thapelo tse di Kgethegileng

Batsadi ba tshwanetse go ruta bana ba bone gore Modimo o ipaakantse go utlwa thapelo tsa bone. Mo godimo ga dithapelo ka bo bone le tsa lelwapa tsa kgapetsa kgapetsa, ba kgona go rapela nako ngwe lengwe fa ba tlhoka thuso e e kgethegileng kgotsa ba batla go fa malebogo.

Go segofatsa Dijo



Batsadi ba tshwanetse go bona gore maloko a lelwapa a ithuta go fa malebo go Modimo ka dijo tsa bone mme ba mo kope gore a di segofatse pele gaba dija. Mongwe le mongwe, go balelwa le bana ba ba nnye, ba

tshwanetse go fapaanela ba a fa tshsegofatso eo. Go fa thapelo mo dijong go di segofatsa go thusa batsadi le bana gore banne le malebogo go Raetsho yo o kwa Legodimong.

Mantsiboa a mo Gae a Malwapa

Mantsiboa a mo Gae a Malwapa ke a mongwe le mongwe, go balelwa le bao ba ba sa tswang go nyalana, bo ntate le bomme ba ba nang le bana, le batsadi ba esi ba banang le bana, batsadi ba ba senang bana mo gae, bagolo ba ba esi bale mo ditlhopheng tsa gae tsa mantsiboa, le bao ba ba tshelang bale esi kgotsa bana le ba bo mmata ba ba tlhakanelang di kamore. Mongwe le mongwe, go sa kgathalasege diemo tsabone, batlaa segofadiwa go tshwara mantsiboa a mo gae a ma lwapa. Kereke e beile Mantsiboa a Mosupologo gore a gololesege mo mananeong a mangwe gore malwapa tle anne mmogo mo mantsiboeng a mo gae a malwapa.

Mopresiente o ne are: "Re lo solofetsa masego a magolo fa lo ka sala morago kgakololo ya Morena mme la tshwara mantshiboa a mo gae a malwapa. Re tshweletse ka thapelo gore batsadi mo Kerekeng batlaa amogela maikarabelo a bone a go ruta le gonna sekao mo melawaneng ya efangedi go bana ba bone. A Modimo a go segofatse gore o nne setswerere mo maikarabelelong a a botlhokwa le go feta" ("Molaetsa gotswa go Bopresidente jwa Ntsha," *Family Home Evening Resource Book* [1983], iv).



Fa ele patireaka ya lwapa la gagwe, Ntate o etelelepele ka mantsiboa a mo gae a malwapa. Fa go sena ntate, mme oa etelela. Batsadi ba tsamaisa kgotsa ba tlhophha leloko la lelwapa go tsamaisa. Ba ruta thuto kgotsa ba romelelsa dithuto go bana ba ba godileng thata go ka ruta. Mongwe le mongwe yo o godileng o tshwanetse go nna le tshono ya go tsaya karolo. Bana ba ba nnye ba ka kgona go thusa ka tsela tse di tshwanang le go etelela pele mmimo, go nopola lefoko la Modimo, go araba dipotso, go tshegetsisa ditshwantsho, go fetisa dijonyana, le go rapela.

Goaba mogopolo mo go tshwareng mantsiboa a mo gae a malwapa ke e e latelang:

- Pina e e bulang (ka lelwapa)
- Thapelo e e bulang (ka leloko la lelwapa)
- Poko kgotsa go bala lefoko la Modimo (ka leloko la lelwapa)
- Thuto (ka ntate, mme, kgotsa ngwana yo mo golwane)
- Motshameko (o eteleletswepele ke leloko la lelwapa le botlhe maloko a lelwapa a tsaya karolo.)

- Pina e etswalang (ka leloko la lelwapa)
- Thapelo e e tswalang (ka leloko la lelwapa)
- Dijonyana

Lelwapa le ka nna le mantsiboa a mo gae a malwapa ka tsela tse di farologanyeng. Metshameko mengwe le mengwe e e tshisang lelwapa gore le kopane, le thatafatsa lerato mongwe le mongwe wa bone, le ba thusa gore ba atumele Rraetsho yo o kwa Legodimong, le ba rotloetsa go tshela ka tshiamo e ka nna mantsiboa a mo gae a malwapa. Dikai tsa metshameko eo, di akaretsa go bala lefoko la Modimo, go buisanya ka efangedi, go ngathelana bopaki, go dira porojeje ya bodiredi, go opela mmogo, go ya pikiniking, go tshameka motshameko wa lelwapa, go pagama thaba. Otlhe mantsiboa a mo gae a malwapa a tshwanetse go akaretsa thapelo.

Molaetsa wa Mantsiboa a mo gae a malwapa o kgona gore obo o ikaegile mo lefokong la Modimo, mafoko a ba porofita ba segompiano, thata yang melaetsa e e bophara ya di konferense ; le maitemogelo ka bosii le bokaki. Dithuto di tshwanetse go remelela mo matsalo, botshelo, dithuto le Tefo ya Mmoloki. *Melao ya Efangedi, Metheo ya Efangedi, Boammaaruri jwa Tumelo, Ka thata ya Banana, le makasini ya Kereke* e na le athikele le dingwe di thaeletsanyo ka bontsi jwa mananeo a a ka nnang karolo ya dituto tsa mantsiboa a mo gae a malwapa.

Megopolo ya dipuisanyo ka dintlha tsa mantsiboa a mo gae ke e elatelang:

- Polane ya Pholoso
- Botshelo le dithuto tsa ga Jeso
- Ikwatlhaelo botlhoko
- Thapelo
- Goitima dijo
- Lefoko la Botlhale
- Seemo sa Morena sa go ikgapha
- Bokao jwa selalelo
- Tsa lesome
- Malebogo
- Boikanyo
- Boikobo go Modimo le lotla go tsa a ditlhodileng
- Goipaakanyetsa kolobetso, ditlhomotse bopirisita, kgotsa nyalo
- Goipaakanyetsa go tsena ko tempeleng
- Go bala mafoko a Modimo
- Go itshepisa letsatsi la Sabatha
- Goitshwarela ba bangwe
- Go nna le go ngatha bopaki
- Go ngathela ba bangwe bopaki
- Go kgobokanya ditso tsa lwapa
- Go tlhaloganya le go amogela loso
- Go rarabolola mathata mo lelwapeng
- Go dirisa madi a lelwapa sentle
- Go ngathelana tiro ya mo lelwapeng
- Go leboga lego natefelwa ke mmimo

Boikhutso le Nako tse dikgethegileng

Boikhutso le nako tse dikgethegileng, jaaka Keresemose, Papolo ya Morena, moletlo wa ngwaga le ngwaga wa ipelolelo pusetso ya bopirisita, khonferense, go ya ga leloko la lelwapa ko boruting, kgotsa matsalo, kolobetso, kgotsa tlhomo ya leloko la lelwapa, e ka nna tshono tse di siameng go ruta nnete ya efangedi.

Tsa lesome le Dikabelo



Morena o le laetse batho ba Gagwe go tshela molao wa tse lesome mme ba itekanelele ditsholofetso tsa masego ao (bona Malaki 3:8–11).

Nako e e siameng e batsadi baka rutang molao wa tse lesome le dikabelo kefa bone ba duela tsa bone. Bana ba gwetlwa ke se ba boning batsadi ba bone ba se dira. Bana ba ba fiwang matsana ba tshwanetse go duema tsa tse lesome mo go one. Ngwna mongwe le mongwe a ka nna le dikantini tse tharo tse di farologanyeng tsa madi: nngwe ele ya tsa

lesome, nngwe ele ya goya boruting, mme enngwe ele e ba dirisang madi. Nako nngwe le nngwe fa bana ba amogela madi, ba tshwanetse go ithuta gore ba seegele a diperesente tse lesome ko banking eo pele, ebe ele gone amangwe ba ka a baying ko banking ya boruti, mme a a setseng a tsene mo bankeng ya a a dirisiwang.

Fa bana ba duela tsa tse lesome, batsadi ba tshwanetse go ba ruta go tlatsa pampitshana ya tse lesome, go e tsenya mo enfelopong ena le madi, mme ba fe, kgotsa ba romele enfelopo go mongwe a maloko a bobishopo kgotsa a kala ysabopresitente. Malwapa a a tshelang koo ba katologanye lefelong le batho ba tshwanetse go e fa moeteledipele wa bopirisita yo eleng wa bone.

Puisanyo ka nako ya Dijo

Nako ya dijo e ka nna e e siameng go buisanya ka efangedi. Bana ba ba nnye ba rata go botsa le go araba dipotso tsa efangedi. Fa bas a itse dikarabo, ntate kgotsa mme a kaa fa karabo ka bokhutshwane mme a rute efangedi. Ga se ka nako ya dijo nngwe le nngwe e eleng gore buisanyo ya efangedi e a latlhelwa, mme buisanyo eo, ga bedi kgotsa gararo mo bekeng e ka thusa lelwapa go ithuta efangedi.

Dipolelo tsa nako ya Marobalo

Gonne bana ka bontsi ba rata dipolelo tsa nako ya marobalo, dif a tshono e e

siameng go ruta efangedi ka go bolela kgotsa o bala dipolelo tse di swang mo lefokong la Modimo, dikwalo tsa Kereke, kgotsa maitemogelo a gago. Dipolelo tsa ka ga boikanyego, go ngathelana, le bopelonomi di ruta melawana e e botlhokwa ya efangedi.

Go dira Mmogo



Ditshono tse dintsi tsa go ruta efangedi di tswa fa malwapa a dira mmogo mo tkologong ya mo gae. Ka phephafatso ya ntlo kgotsa go bereka mo lelwapaneng kgotsa tshimo, ke e fa sekai, batsadi ba tshwanetse go nna podi matseba kaditshono tsa go buisanya ka efangedi. Ngwana gantsinyana o botsa dipotso. Batsadi ba tshwanetse ka nako tsotlhe gore a fe karabo tse di motlhofo. Go tshwaela jaaka o kare “O mmereki yo o siameng. Ke nepagatse Rraetsho yo o kwa Legodimong o a itumela ka wena” kgotsa “Bona maru a mantle a Rraetsho yo o kwa Legodimong a a dirileng.” Se seka fa bana maikutlo a malebogo go Rraetsho yo o kwa Legodimong le tsholofelo ya gore O teng ka tota.

Dikgakololo tsa Molwapeng



Batsadi ba ka bitsa maloko a lelwapa go kopana mo go gakololana tsa lelwapa. Lelwapa le ka dirisa dikgakololo tseo go baya maikemisetso a lelwapa, go baakanya mathata a lelwapa, go buisanya ka tsa madi, go dira dipolane, go ema nokeng le go thatafatsa mongwe le monngwe, go fa bopaki, le go rapedisanya. Khansele e ka tshwarwa nako nngwe le nngwe fa go tlhokega. Batsadi ba ka batla go tshwara khansele ya lelwapa Sontaga monngwe le monngwe kgotsa e lomagangwa le mantsiboa a mo gae a malwapa. Tlotlo ya dintlha le maikutlo a ba banngwe a botlhokwa go mo go atlegeng ga dikgakololo tsa molwapeng.

Dipuisanyo tsa Sephiri

Bontsi ba batsadi ba bona fa gantsi, dipuisanyo tsa sephiri le monngwe le monngwe wa bana ba bone go ba thusa go atumelana le bana ba bone, go ba rutloetsa, le go ba ruta efangedi. Dipuisanyo tsa gonnajalo di ka nna di tshwarwa kgapetsa kgapetsa go tlhwaafetswe kgotsa go rapilwe.



Motsadi o tshwanetse go bua lerato le tshepiso mo ngwaneng, mme le ngwana o tshwanetse go nna le tshono ya go bua maikutlo a gagwe ka buisanyo nngwe lenngwe, mathata, kgotsa maitemogelo. Motsadi o tshwanetse go reetsa ka kelotlhoko le gore a tsee mathata a ngwana le tshepiso ya gagwe ka tlhwaafalo. Motsadi le ngwana ba ka batla go rapela mmogo. Mathata a a tswang mopuisanyong a a akretsang maloko a mangwe a lelwapa a ka tshwarwa ka nako e elatelang ya mantsiboa amo gae a malwapa.

Metshameko ya Malwapa

Batsadi ba tshwanetse gantsi ba nne le nako ya go fa polane ya go nna lelelwapa la bone lotlhe go dira dilo botlhe. Dipikiniki, go kampa, diporojeke tsa lelwapa, tiro ya mo gae le ya mojarateng, go thuma, go palama thaba, le ditshwantshwo tsa motshikinyego tse disiameng le tse dingwe tse dintshang bodutu ke dingwe tsa tse

dinnye tsa metshameko e malwapa
a ka di itumelelang bale mmogo.

Lelwapa lele natefelang metshameko
mmogo le tlaa utlwa lerato lelegolo
le kagiso. Bana ba ka batla thata go

utlwelela batsadi ba bone ebile ba
sala dikgakololo tsa bone fa ba iku-
tlwa gaufi nabo. Batsadi baka kgona
go ruta efangedi ka motlhofo.



Go diragatsa Maitlamo a Molwapeng



Maikemisetso a Kereke ya Morena ke go thusa batho botlhe gore battle go Keresete. Malwapa a ka thusa go diragatsa maikemisetso a ka go:

1. Ka fo ifepa ka ditlhoko tsa semoya le tsa mmele mme le go thusa ba bangwe go fitlhelela ditlhokego tsa bone.
2. Ngathela ba bangwe efangedi.
3. Bona gore malwapa a nna le ditlhommo tsa tempele mme o thuse go fa masego ao go masika a bone aa tlhokafetseng.

Ditlhoko tsa Semoya le Mmele

Ditlhoko tsa Semoya

Mo karolwaneng e e sa tswang go feta ya buka kaedi e, " Go ruta Efangedi mo Lwapeng," enale melaetsa e ka yone malwapa a ka fepang ditlhoko tsa bone tsa semoya.

Ditlhoko tsa Mmele

Malwapa a tshwanetse go Ipelega gore a kgone go fepa ditlhokego tsa bone tsa mmele le go thusa ba bangwe. Go ipelega, maloo a malwapa a tshwanetse go nna le keletso ya go bereka. Go bereka go ka diatla, dikanyo, kgotsa diteko tsa semoya. Ke motswedi wa go kgona, boitumelo, tlotla ya motho, le matlhogonolo. Batsadi ba tshwanetse

goleka go ipelega mme ba tshwanetse go ruta bana ba bone fela jalo. Go Ipelega go ka ba thusa gore ba thuse bao ba ba tlhokang.

Bontate bana le maikarabelo a go fepa ditlhokego tsa botshelo le go sireletsa malwapa a bone. Bomme maikarabelo a bone a ntlha ke go godisa bana ba bone. Batsadi ba bona gore lelwapa lena le legae lele phepa, dijo tse di nonneng, diaparo, melemo le tlhokomelo ya meno, tshono ya thuto, go nna le maele a go tshwara tsamadi sentle, e bile, ga go kgonega, go ruta go medisa dijo tsa bone. Batsadi ba tshwanetse go ruta bana ba bone go apaya dijo tsa bone le go disireletsa mo go senyegeng gore di tle di dirisiwe gape.

Batsadi ba tshwanetse gore ba bo eletsa go bereka thata go fa ditlhoko tsa mmele. "Mme le tla seke le letle gore bana ba lona ba bolawe ke tlala, kgotsa baseka ba tswala" (Mosiah 4:14). Batsadi ba tshwanetse go nna le polane le go baakanyetsa go fa ditlhoko tsa lelwapa ka nako tsa bolwetsi, matlhotlhapelo, le tlhoko la tiro, kgotsa mangwe a boima. Fa ntate a na le mathata a go fepa ditlhoko tsa mmele tsa lelwapa la gagwe e bile ba bangwe ba maloko a lelwapa basa kgone go thusa, o tshwanetse go kopa thuso go baeteledipele ba boperiseta.

Bana ba ka thusa go fepa ditlhoko tsa ba malwapa a bone ka go thusa batsadi ba bone ka tiro ya bone, go ithuta sentle kwa sekolong, go tlhokomela diaparo le dilwana tse dingwe,

banna phepha le go phephafatsa mo gae gonna sekono, le go tlhokomela botsogo jo bo siameng.

Maloko a lelwapa a tshwanetse go itokafatsa seemo sa bone mo go baleng, go kwaleng, le go dira dipalo tse dimotlhofo le go tsaya tshono nngwe le nngwe ya go nna le kitso le go tokafatsa bokgoni jwa bone. Ba tshwanetse go obamela Lefoko la Botlhale mme ba je dijo tsa dikotla. Fa go kgonegang, malwapa a tshwanetse go baya dijo tsa selekanyo sa ngwaga, kgotsa mo go ntsi mo go kgonagalang, tsa tse ditlhokafalang go tshwara botshelo. Maloko a lelwapa a tshwanetse go tswa mo dikolotong tse di sa tlhokafaleng, a ipeele go dirisa mo isagong, a diragatse tseo ba tshwanetseng go di diragatsa, mme ba dirise ditshompelo tsa bone ka botlhale, ba ikgaphile mo go senyeng.

Batsadi ba tshwanetse go ruta bana ba bone go ngathelana le ba bangwe. Mongwe le mongwe o batlile go fa senngwe, go sa kgathalesege gore o na le gole gonnye gole kae. Ntlha nngwe ya go thusa ba ba tlhokang key a go itima dijo kgwedi le kgwedi mme o abelane dikabelo tsa goitima dijo, tseo di dirisiwang go fa ba ba tshwerweng ke tlala, difa motlaagana go bao ba ba senang boroko, di apesa ba ba senang diaparo, e bile di thusa ba ba gateletsweng. Re bontsha lorato la rona go Morena fa re thusa ba bangwe. O rile, "Go lekana le jaaka lotlaa diragatsa go bao ba bannye ba bakaulengwe, lo dirile go nna" (Matthew 25:40).

Go ngathelana Efangedi



Morena, ka baporofite ba Gagwe ba gompieno, o rutile gore leloko lengwe le lengwe la Kereke lena le maikarabelo a go ngathela efangedi go ba bangwe. “Go diragala gore mongwe le mongwe yo o tlhagisi-tsweng a tlhagise moagisanyi nae” (D&C 88:81). Alma, mo porofite mo Bukeng ya ga Momone, o ne a tlhalosa gore fa re kolobetswa re tshwanetse go nna le keletso “go ema re pakela Modimo ka nako tsotlhe le ka dilo tsotlhe, le mo mafelong otlhe” (Mosiah 18:9).

Maloko a lelwapa a tshwanetse go dira tsotlhe tse ba ka go kgonang go thusa masika, ditsala, le baagisanye go ithuta efangedi ya ga Jeso Keresete le masego a e ka a tlisang mo matshelonga bone. Ka go ngathelana efangedi, batsadi le bana ba ka thatafatsa bopaki jwa bone le go tlisa masego a efangedi mo go ba bangwe. Malwapa a ka:

- Nna sekao se se siaming ka go obamela melao yotlhe (bona Matthew 5:16).

- Lebogela boloko jwa bone mo Kerekeng (bona Romans 1:16) mme ba letle ba bangwe ba itse gore ke maloko.
- Botsa ba ba itsanyeng nabo gore a ba ka batla go itse thata ka Kereke.
- Botsa Morena gore a ba thuse go tlhophela lelwapa kgotsa monngwe yo o ipaakantseng go utlwa efangedi.
- Itsise lelwapa kgotsa motho ko Kerekeng ka tsela nngwe, jaaka kago laletsa mantsibooa mo gae a lelwapa kgotsa ko kopanong ya Kereke kgotsa motshameko, o ba fa dibuka tsa Kereke kgotsa pampitshana go ya go bala, kgotsa go bua le bone ka masego a efangedi.
- Laletsa lelwapa kgotsa motho ko malwapeng a bone gore ba rutiwe ke baruti mmishinari.

Batsadi bana le maikarabelo a go ipakanya le bana ba bone gore ba direle nako ya mmishini. Go baakanyetsa bana, bogolo jang ba basimane, batsadi ba tshwanetse go ruta efangedi mo gae, banne le lefoko la Modimo ele lelwapa kana ka bo bone, gape ba rapela, mme ba bua kgapetsa kgapetsa ka maikarabelo le masego a go ngathelana efangedi. Baka ruta bana ba bone go beeletsa madi ka nako ya mmishini, go bereka thata, go ipelega, le go rata le go direla batho ba bangwe.

Ditlhommo tsa Tempele tsa Batshidi le Baswi



Mo tempeleng, maloko a Kereke a aitekanetseng a fiwa ditlhommo tse di itshepitsweng mme ba tsene mo kgonaganong le Modimo. Gape ba tsaya karolo mo tirong ya ditlhommo ya baswi ya masika a bone. Koo go kgonagalang, ntate le mme ba tshwanetse go nna le pasa ya tempele go tswa kwa baeteledipele ba bone ba bopirisita mme ba ye tempeleng go fiwa ditlhommo tsa bone. Fa bas a kgone go ya tempeleng, ba tshwanetse go tshela baitekaneletse pasa ya tempele.

Malwapa a na le maikarabelo a a itshepileng go bona gore ditlhommo tsa tempele di a diragala go masika a bone a a suleng a baisi ba di bone. Maloko a Kereke a a boneng ditlhommo tsa bone ba tshwanetse go boela ko tempeleng gape jaaka fa nako, ditshompele, le tempele eleng teng go diragatsa ditlhommo tseo go ba masika a bone ba ba suleng.

Bontate le bomme ba tshwanetse go kgobokanya mekwalo e ekwadi-lweng ya ditiragalo tsa botlhokwa mo matshelong a bone le matshelo a bana ba bone, go balelwa di ditifikaiti tsa masego, kolobetso, ditlhommo, manyalo, le dintsho; makwalo a botlhokwa; dinepe; dikgang tsa tshe-dimosetso; le dingwe tseo di tshwanang. Batshwanetse go kgobokanya ditso tse eleng tsa bone mme ba rotloetse leloko lenngwe le lenngwe go nna le ditso tse eleng tsa bone. Ba tshwanetse go thusa bana ba bannye gore ba simolole go nna le ditso tsa bone.

Malwapa a tshwanetse go kgobokanya melaetsa ka ga masika a bone a a suleng mme ba e kopanye mo ditsong tsa lelwapa. Batshwanetse go simolola ka go kgobokanya melaetsa ka dikomane tsa ntlha tse nne.

Go Katisa Boiteledipele



Ka fa tlhase ga seteiki, mmishene, kgotsa boiteledipele jwa kgaolo, bopiresiti le baiteledipele ba mo Kerekeng ba tshwanetse go ruta batsadi go tlhologanya le go diragatsa maikarabelo a mararo a a tlhokegang a malwapa (bona tsebe 12–15). Baeteledipele ba tshwanetse go ruta bontate le bomme gore baka etelelapele malwapa a bone jang. Fa ele gore lelwapa le tshela ko lifelong ka bonosi, seteiki, mmishini, kgotsa boeteledipele jwa kgaolo ba tshwanetse go bona gore batsadi a ithuta e bile ba diragatsa maikarabelo a bone.

Go nna le Ditirelo tsa Kobamo ko Lwapeng (Mo Malwapeng a a Katologanyeng ka dikgaolo)



Malwapa a mangwe a nna ko mafelong a a katologileng mme ga a kgone go etela wate kgotsa dikopano tsa kala (ya kereke). *Ka tletla gotswa go seteiki, mmishini, kgotsa mopresitente wa kgaolo*, malwapa a go nna jalo a tshwanetse go nna le tiragalo tsa kobamelo ya la Tshipi mo ntlung ya bone. Mo mafelong a go senang dikarolo tsa Kereke tse di tlhomilweng, malwapa a tloka tletla go Mopresitente wa Lefelo.

Ntate kgotsa yo mongwe yo o nnang le bopresita a ka baakanyetsa le go segofatsa sakaramente fa a iteanetse, ele mopirisita mo Bopirisiteng jwa ga Aarone kgotsa a na le Bopirisiti jwa ga Melekhezedeke, *mme a na le tletla le baeteledipele ba gagwe ba bopirisita.*

Mopirisita mongwe le mongwe a ka fitisa sakaramente. Kaelo ya go busa-karolo ga sakaramente go mo tsebeng 21–23 ya buka kedi e.

Kobamo ya tirelo ya Tshipi e tshwanetse go nna motlhofo, go na le tshisibalo, le tlotla. E ka nna le:

1. Sefela se se Bulang
2. Thapelo e e bulang
3. Tshogofatso le phitiso ya sakaramente
4. Nngwe kgotsa go feta ga dintlha tse di latelang:
 - Nngwe kgotsa tse pedi tsa puo tse di khutshwane kgotsa go fa bopaki

- Go bala lefoko la Modimo le go buisanya le lelwapa
- Thuto ka leloko la lelwapa

5. Sefela se se tswalang

6. Thapelo e e tswalang

Mogo poleneng direlo ya kobamo ya Tshipi, batsadi ba tshwanetse go kopa e bile ba sale morago kaelo ya Moya wa Morena. Batho ba Buka ya ga Momone ba file sekao sa mofuta o wa tirelo: “Mme diphuthago tsa bone din e di tsamaisawa . . . morago ga mokgwa wa ditiro tsa Moya, le ka maatla a Moya o o Boitshepo, gone fela jaaka maatla a Moya o o Boitshepo o ne o ba etelela e kane ele go rera, kgotsa go rotloetsa, kgotsa go rapela, kgotsa go ikokobetsa, kgotsa go opela, fela jalo go ne go diriwa” (Moroni 6:9).

Lelwapa le tshwanetse la dirisa lefoko la Modimo jaaka kaelo ya lone ya ntlha. Mo godimo ga moo, leka dirisa aterese tsa khonferense ya phatlalatsa, *Motheomolao ya Efangedi, Melawana ya Efangedi, Boammaaruri Tumelong, Thatafatso ya Banana, lekwalongyana la mmishinari*, makasini wa Kereke, le tse dingwe dikwalo le pontsho motshiki-nyego.

Fa go sena ope mo lwapeng yo o nang le boperisita jo bo siameng, ntate kgotsa mme a ka kgobokanya maloko a lelwapa go opela difela, go ithuta lefoko la Modimo, go rapela, le go atumela gaufi le Rraetsho yo o kwa Legodimong. Moeteledipele yo a tshwanetseng wa lelwapa ke ene a baakanyang ka sebakanyana ditshono tsa gore lelwapa le tseye sakaramente.

Batsadi ba tshwanetse go nna le metshameko ya letsatsi mo bekeng, e e tshwanang le go pagama thaba, dipikinini, ditshwantsho tsa motshiki-nyego, go etela masika, metshameko, mananeo a mmimo, le go thuma.

Lelwapa le tshwanetse go ntsha tsa lesome, dikabelo tsa goitima dijo, le tse dinngwe di thuso go moeteledi-pele wa boperisita.

Lelwapa ga le fe pego epe go Kereke, mme moeteledipele wa bone o buisanya ka sephiri kgapetsa kgapetsa ntate, a mmotsa gore a fe pego ya lelwapa. Fa go tlokega,baeteledi pele ba ka nna ba tlhoma dipuisnyo tse ka mogala.

Tlhommo ya Boperisita le Masego



Tlhommo ya Boperisita ke tiro tse di itshepileng tse di filweng ke Morena mme di diragadiwa ka tletla boperisita. Masego a Boperisita a fiwa ka tletla ya boperisita go fodisa, go gomotsa, le go rotloetsa. Banna ba badiragatsang ditlhommo le masego ba tshwanetse go ipaakanya ka go tshela jaaka melawana ya efangedi e bua mme ba leka go kaelwa ke Moya o o Boitshepo. Ba tshwanetse go diragatsa tlhommo nngwe le nngwe le masego ka botho jo bo tlhokafalang e bile ba tshwane le tse di latelang tse di tlhokegang; tlhommo e tshwanetse go:

1. Diragadiwa ka leina la ga Jeso.
2. Diragadiwa ka thata ya boperisita.
3. Diragadiwa ka engwe ya di tselana tse di tlhokegang, jaaka go dirisa

mafoko a a tshwaneteng kgotsa go dirisa ole e e itshekileng.

4. A fiwe tletla ke moeteledipele wa boperisita yo o nang le dilotlholo tse disiameng, fa go tlhokega.

Ditlhommo tse di lhokang tletla ya boperisita gore a e feke ke go fa le go segofatsa bana, go diragatsa kolobetso le tlhommiso, go fa boperisiti le go fa ofisi ya boperisiti, masego le go fitisa sakaremente, le go rapelelamabitra.

Fa bontsinyana jwa banna ba tsaya karolo mo go feng tlhommo kgotsa masego, mongwe le mongwe wa bone o baya letsogo la bone la molema go le go nnye mo legetleng la morwarra-gwe yo o leng molemengwa gagwe. Tlwaelo ya go laletsa palo tse dintsi

ya bao ba ba nnang le bopirisita go thusa ga e rotloediwe.

Ditlhommo le masego a a tilhalosiwang mo karolong e e tla thusa bo ntate go direla e le bo patiriaka mo malwapeng a bone.

Neo ya Maina le tshegofatso ya Bana



“Mongwe le mongwe yo o nang le bana o tshwanetse go ba tlisa ko bagolwaneng fa pele ga kereke, ba ba tshwanetseng go baya diatla tsa bone mo go bone ka leina la Jeso Keresete, mme ba ba segofatse ka leina la gagwe” (D&C 20:70). Ka go nna golo gole gongwe le tshenolo e, banna fela ba ba itekanetseng ba ba nnang le Bopirisita jwa ga Melekhezedeke ba ka tsaya karolo mo go feng le go segofatseng bana. *Tlhommo e ya go fa mina le go segofatsa bana e tlhoka tletla go mogolwane yo o eteletseng pele.*

Fa o segofatsa losea, banna ba ba nang le Bopirisita jwaga Melekhezedeke ba kopana mo sekeleng mme ba kuke ngwana ka matsogo a bone. Fa go

segofatswa ngwana yo mogolwane, banna ba baya diatla tsa bone gole go nnye mo tlhogong ya ngwana. Motho yo o fang tshegofatso eo o:

1. Ateresa Rraetsho yo o kwa Legodimong.
2. O bua gore masego a fiwa ka tletla ya Bopirisita jwa ga Melekhezedeke.
3. Fa ngwana leina.
4. O fa masego a bopirisita jaaka Moya o kaela.
5. O tswala ka leina la ga Jeso Keresete.

Kolobetso



Ka fa tlhase ga kaelo ya moeteledipele, mopirisiti yo o itekanetseng kgotsa monna yo o nnang le Bopiriiti jwa ga Melekhezedeke a ka diragatsa kolobetso. Go dira jalo, o:

1. Ema mo metsing le motho yo o tllileng go kolobetswa.
2. Ka seemo se seiketlileng le poloke-sego, tshwara letlhalela la moja ka letsogo la molema; motho yo o kolobediwang o tshwara letlhalela la molema la yo o mo kolobetsang ka letsogo la molema.

3. O tsholetsa letsogo la gagwe la moja a dira sekwere.
4. A bue leina la motho lotlhe mme are, "Ke sa tswa go laelwa ke Jeso Keresete, Ke go kolobetsa ka leina la ga Rara, le la Morwa, le la Moya o o Boitshepo. Amen" (D&C 20:73).
5. O letla motho go itshwara ka nko ka letsogo la moja gore a nne se hupelwe; yo o diragatsang kolobetso o baya letsogo la gagwe la moja kwa godimo kwa morago ga motho mme a mo nwetse gotlelele (mo metsing) go balelwa le diaparo tsa motho.
6. A thuse gore motho a tswa mo metsing.

Bapirisita ba babedi kgotsa banna ba ba nnang le Bopirisita jwa ga Melekhezedeke ba fa bopaki jwa kolobetso nngwe lenngwe go netefatsa gore e dirilwe sentle. Kolobetso e tshwanetse go boelediwa fa mafoko a sa buiwe sentle jaaka re a filwe mo Dithuto le Dikgolagano 20:73 kgotsa fa bontlha bonngwe jwa motho yo o kolobang kgotsa seaparo sene se sa nwela sotlhe. Motho yo o kolobediwang le yo o diragatsang tlhomo ba tshwanetse go apara diaparo tse di tshweu tse di sa bonagaleng kwa teng fa dile metsi.

Tlhomamiso

Basokologi ba borobanngwe kgotsa go feta le bao bal eng boroba bobedi ba batsadi ba bone ka bobedi eseng maloko ba tlhomamisiwa ka phuthego

ya sakaramente (boa D&C 20:41). Bana ba ba robabobedi ba ka nna ba tlhomamisiwa morago ga kolobetso kwa felong lakolobetso fa ele gore mongwe wa batsadi ke leloko la Kereke mme botlhe ba batsadi ba a fa tetla ya kolobetso le tlhomamiso. *Kafa tlase ga bishopo kgotsa moperesitente wa lekalana*, a le mongwe kgota go feta wa banna ba ba nang le Bopirisita jwa Melekhezedeke ba ka diragatsa tlhomo eo. Ba baya matsogo a bone ka motlhofo mo tlhogong ya motho. Ne yo o diragatsang tlhomo o:



1. Bua leina lotlhe la motho.
2. Bua gore tlhomo eo e diragadiwa ka tetla ya Bopirisita jwa ga Melekhezedeke.
3. O tlhomamisa motho leloko la Kereke ya ga Jeso Keresete ya Baitshepi ba Malatsi a Bofelo.

4. A fe mpho ya Moya o o Boitshepo ka gore, "A mogela Moya o o Boitshepo."
5. A fe masego a bopirisita jaaka fa Moya o kaela.
6. A tswale ka leina la ga Jeso Keresete.

Go fa Bopirisiti le Ditlhome mo Ofising ya Bopirisiti



Bishopo kgotsa moperesitente wa lekalana o okamela go fiwa Bopirisiti jwa ga Aarone le tlhomo mo ofising ya decone, boruti, le bopirisiti. Pele ga motho a tlhomiwa mo ofising ya Bopirisiti jwa ga Aarone, o tshwanetse ga buisanngwe le ene mo sephiring ke bishopo kgotsa moperesitente wa lekalana mme a bonwe a itekanetse. Gape, o tshwanetse go amogelwa ka phuthego ya sakaremente. Ka tetla ya ga Bishopo kgotsa moperesitente wa lekalana, mopirisita a ka a fa Bopirisita jwa ga Aarone mo go yo monngwe mme a mo tlhome mo ofising ya Bopirisita jwaga Aarone.

Seteiki kgotsa moperesitente wa mmishini o okamela go fiwa ga Bopirisita jwa ga

Melekhezedeke le tlhomo mo ofising ya bogolwane le bopirisita jo bogolo.

Go fa bopirisita kgotsa go tlhoma motho mo ofising ya bopirisita, a le mongwe kgotsa go feta wa banna ba ba nang le bopirisita jo bo tlhokafalang mme ebile a filwe tetla key o o eteletseng kwa pele o baya diatla ka motlhofo motlhogong ya motho. Yo a diragatsang tlhomo eo:

1. O bitsa motho ka leina la gagwe le feletse.
2. O bua tetla (Aarone kgotsa Bopirisita jwa Melekhezedeke) eo tlhomo e diragadiwang ka yone.
3. A fe Aarone kgotsa Bopirisita jwa Melekhezedeke, kwantle fa bone bosetse bofilwe pele.
4. A tlhome motho mo ofising ya ga Aarone kgotsa Bopirisita jwa Melekhezedeke mme a fe tsela, maatla, le tetla mo ofising eo.
5. A fe masego a bopirisiti jaaka fa Moya o kaela.
6. A tswale ka leina la ga Jeso Kereete.

Sakaremente

Sakaremente ke tlhomo e e boitshepo thata. Go ja sakaremente go fa tshono ya go gakologelwa botshelo, dithuto, le Tefo ya ga Jesu Keresete. Ke nako ya go tsosolola di kgolagano tse di dirilweng le Morena ka nako ya kolobetso (bona Mosiah 18:8–10).

Baruti le bapirisiti ba kanna ba baakanyetsa sakaremente, bapirisiti ba ka

nna ba e segofatsa, mme di decone, baruti, le bapirisiti ba ka e fetisa. Barwarre ba ba nang le Bopirisita jwa ga Melekhezedeke ba ka baakanyetsa, ba segofatsa, ba fetisa me gantsi baka dira jalo fela fa Bapirisita bag a Aarone ba le palopotlana ba bale teng. Fa motho a dirile boleo jo bo kotsi, o tshwanetse a seke a baakanyetse, a segofatse, kgotsa a fetise sakaremente go fitlhela a ikwatlhaela sebe mme a feditswe ka mathata ao le Bishopo kgotsa peresitente wa lekalana.



Bao ba ba baakanyang, ba segofatsa, kgotsa ba fetisa sakaremente ba busakarolo tlhomo e go ba ba nngwe baemetse Morena. Mongwe le mongwe yo o nang le bopirisita o tshwanetse go atumela thomo e ka botho jwa tlhomamo, le tshisibalo. O tshwanese gore a bo a ikamile, ale sekono, mme a apere ga boingotlo. Tebego ya motho e tshwanetse ya supa boitshepo jwa tlhomo eo.

Barrwarre ba ba baakanyetsang sakaremente ba tshwanetse go dira jalo pele ga phuthego e simolola. Ba baya borotho jo bo iseng bo ngathiwe mo ditereing tse di sekono mme ba beye diterei tsa dikopi tsa sakaremente

dina le metsi a a phepa mo tafoleng ya sakaremente. Ba khurumele borotho le metsi ka letsela lele sekono.

Ka nako ya sefela sa sakaremente, bao ba ba kwa tafoleng ya sakaremente ba ntsha letshela mo diteroleng tsa borotho mme ba bo ngathe ditokitoki. Morago ga sefela, motho yo o segofatsang borotho a khubame mme a fe thapelo ya sakaremente ya borotho. Barwarre jalo ba fetise borotho go bao baling teng ka tshisibalo le ka mokgwa o o siameng. Moeteledipele mo phuthegong ke ene a amogelang sakaremente pele. Fa mongwe le mongwe a setse a nnile le tshono ya go tsaya borotho, bao ba ba bo fetisang ba busetsa diterei tsa bone kwa tafoleng ya sakaremente. Bao ba ba segofatsang sakaremente ba khurumela diterei gape ka bonako jo borotho ba setseng bo fetisitswe.

Bao ba ba kwa tafoleng ya sakaremente ba ntsha letsela mo diteroleng tsa metsi. Motho yo o segofatsang metsi o a khubama mme a fe thapelo ya sakaremente ya metsi. Barwarre jalo ba fetisetse metsi go bao baleng teng. Diterole di busediwe kwa tafoleng ya sakaremente mme dikhurumelwe gape. Barwarre ba ba segofatsang e bile ba fetisa sakaremente mme ba dule le phuthego.

Sakaremente ke sa maloko a Kereke, go balelwa le bana. Motho yo o laolang phuthego ga a tshwanela go bega gore e tlaa fiwa maloko fela; ga go sepe se se tshwanetseng go dirwa go kganela baeseng maloko gore ba e je.

Dithapelo tsa sakaramente di tshwanetse go buiwa di utlwala, sentle le ka tlotla. Fay o o segofatsang sakaramente a dira phoso mo mafokong mme a bo a sa ibaakanye, bishopo kgotsa mopresitentewa lekalana leo o tlaa mo kopa gore a ipoeletse thapelo mme a e fe mo go nepagetseng.

Thapelo mo borothong e latele:

“O Modimo, Rara wa Bosakhutlhe, re a go kopa ka leina la Morwa wa gago, Jeso Keresete, gore o segofatse mme o itshepise borotho go mewa yotlhe e e tlaa bo jang, gore ba je ka kgakologelo ya mmele wa Morwa wa gago, mme ba fe pako go wena, O Modimo, Rara wa Bosakhutlhe, gore ba ikaelela go tsaya mogo bone leina la Morwa wa gago, mme ba nne ba mo gakologelwe ba obamele melao ya gagwe e o bae fileng; gore banne ka nako tsotlhe le Moya wa gagwe go nna le bone. Amen” (D&C 20:77 and Moroni 4).

Thapelo mo metsing a latele:

“O Modimo, Rara wa Bosakhutlhe, re a go kopa ka leina la Morwa wa gago, Jeso Keresete, gore o segofatse mme o itshepise [metsi] a go mewa yotlhe e e tlaa a nwang, gore ba nwe ka kgakologelo ya madi a Morwa wa gago, ao a baa tshololetsweng; gore batle ba fe bopaki go wena, O Modimo, Rara wa Bosakhutlhe, gore batle ba mogakologelwe ka nako tsotlhe, gore batlhe ba nne le Moya wa gagwe gore o nne lebone. Amen” (D&C 20:79 and Moroni 5).

Sakaramente e tshwanetse gore e ntshiwe mo tafoleng ka bonako jo bo kgonagalang fa kopano e fela. Borotho jo bo ka salang bo ka dirisiwa ele dijo.

Go segofatsa le go fitisa sakaramente go tlhokafala tletlelelo go yo o nang le tletla yo o eteletse.

Go itshekesa Ole

Monna ale mongwe (kgotsa go feta) ba ba nnang le Boperisita ba Melekhezedeke ba itshekisa ole e e boitsheko ya olefine ka kemisetso e e boitshepo ya go tlotso bao ba lwalang le ba ba gateletsweng. Yo o itshekisang ole o:

1. Kuka lebotlolo le le butsweng la ole ya olefini.
2. Ateresa Rraetsho yo o kwa Legodimong.
3. O bua gore o diragatsa ka thata ya Boperisita jwa ga Melekhezedeke.
4. O itshekisa ole (e seng lebotlholo) mme a e kgwethe gore e tlole bao ba ba lwalang le ba ba gateletsweng.
5. A tswale ka leina la ga Jeso Keresete.



Go Busakarolo go ba ba Lwalang

Banna fela ba ba nang le Boperisita jwa Melekhezedeke ba ka busakarolo ba ba lwalang kgotsa ba gateletswe. Gantsi, bale babedi kgotsa gofeta ba busakarolo botlhe, mme ale mongwe a ka dira jalo ale esi. Fa ole e e itshekileng e seo, monna yo o nang le boperisita jwa Melekhezedeke a ka a fa masego ka thata ya boperisita.

Ntate yo o nang le Boperisita jwa Melekhezedeke o tshwanetse go busakarolo go maloko a lelwapa la gagwe a a lwalang. A ka kopa monna yo mongwe yo o nang le boperisita jwa Melekhezedeke go mo thusa.

Go busakarolo mo balwetsing go ga bedi: (1) go tlotsa ka ole le (2) go kanela tlotsa.

Go tlotsa ka Ole

Monna ale mongwe yo o nang le Boperisita jwa Melekhezedeke o tlola motho yo o lwalang. Go dira jalo, o:

1. Tsenya lerothodi la ole e e itshekileng mo tlhogong ya motho yo.
2. O baya diatla tsa gagwe ka motlhofo mo tlhogong ya motho yo o mme a bitse motho yo o ka leina la gagwe le feletse.
3. A bue gore o tlotsa motho ka thata ya Boperisita jwa ga Melekhezedeke.
4. A bue gore o tlotsa ka ole e e itshekileng go dirisiwa go tlola le go segofatsa bao ba lwalang le ba ba gateletsweng.

5. A tswale ka leina la ga Jeso Keresete.

Go kanela Tlotsa

Ka gantsi, bobedi kgotsa go feta banna ba ba nnang le boperisita jwa Melekhezedeke ba baya matsogo a bone ka motlhofo mo tlhogong ya yo o lwalang. Mongwe wa banna ba o kanetela tlotsa eo. Go dira jalo, o:

1. O bitsa motho ka leina la gagwe le le feletseng.
2. O bua fa a kanela tlotsa ka thata ya boperisita jwa Melekhezedeke
3. O fa tshegofatso ka fa Moya o mo kaelang.
4. O tswala ka leina la ga Jeso Keresete.

Masego a ga Ntate le Masego a Mangwe A Kgomotso le Kgakololo



Masego a ga Ntate le Masego mangwe a boperisita a fiwa go fa kaelo le go gomotsa jaaka fa Moya o kaela.

Ntate yo o nang le boperisita jwa Melekhezedeke o kgona go fa masego a bo ntate go bana ba gagwe. Masego

a gonna jalo a ka thusa mo go faphegileng fa bana ba tsamaela kgakala le gae, jaaka go ya go tsena sekolo kgotsa go ya mmishining, kgotsa fa ba simolola go bereka, ba nyalana, ba tsena mo sesoleng, kgotsa ba kopana le diemo tse disa iketlang. Masego a a kanna thatafatso mo lelwapeng. Lelwapa le ka gatisa masego a ga ntate go nna makwalo a lelwapa, mme a sa karediwe mo makwalong a Kereke. Batsadi ba tshwanetse go rotloetsa bana gore ba battle masego a bontate ka nako ya tlhoko.

Banna ba ba itekanetseng ban a le Boperisita jwa Melekhezedeke ba kanna gape ba a fa masego a kgomotso le kgakololo go basadi ba bone, maloko a masika a bone a a kgakala, le ba bangwe bao ba a kopang.

Go fa masego a bontate kgotsa masego a mangwe a kgomotso le kgakololo, monna yo o nang le boperiseta jwa Melekhezedeke, ale nosi kgotsa ana le ale mongwe kana go feta ba bannaba ba itekanetseng ba ba nang le Boperisita jwa Melekhezedeke, o baya lestogo la gagwe ka motlhofo mo tlhogong ya motho yo o tsayang lesego. Ga go tlhokafale mahura mo masegong a a jaana. Yo o fang masego a o:

1. O bitsa motho ka leina la gagwe le le feletseng.
2. O bua fa a fa tshhegofatso ka thata ya boperisita jwa Melekhezedeke

3. O fa tshhegofatso ka fa Moya o mo kaelang.
4. O tswala ka leina la ga Jeso Keresete.

Go rapelela Mabitla

Motho yo o rapelelang lebitla o tshwanetse go nna le boperisita jwa Melekhezedeke, *mme o tshwanetse go bo a letleletswe ke yo o moofising ya boperisita yo o eteltseng direleo.*

Go rapelela lebitla, o tshwanetse go:

1. Ateresa Rraetsho yo o kwa Legodimong.
2. O tshwanetse go supa gore o rapelela lebitla ka thata ya boperisita jwa ga Melekhezedeke
3. O rapelela lefelo la phupu mme a itshekise lefelo leo gore enne le mmele wa yo o tlhokafetseng o tlaa ikhutsang gone.
4. Fa go tlhokega, a rapelele gore lefelo leo le segofadiwe mme le sirelediwe go fitlhelela Tsogo ya Baswi.
5. A kope Morenagore a gomotse lelwapa mme a bue megopolo e mengwe jaaka fa Moya o tlaabo o mo kaela.
6. A tswale ka leina la ga Jeso Keresete.

Fa lelwapa le batla, motho (segolo jang monna yo o nang le boperisita jwa Melekhezedeke) a kanna a fa thapelo ya fa thoko ga lebitla e seng go rapelela lebitla.

Go tsaya kwalo tsa Kereke le go Supa Ditlhaeletsanyo mo Ditsong tsa Lwapa

Baiteledipele ba sele gae le bangwe ba maloko ba ka tsaya kwalo tsa Kereke, go balelwa lefoko la Modimo, makasini ya Kereke, seaparo, le diaparo tsa ko tempeleng, ko tulong e ba diabelwang gone kgotsa tulo ya bodiridi, ko diabawang teng ko Salt Lake, kgotsa ofisi ya Kereke ya entanete, e e leng ko www.lds.org.

Ditlhaeletsanyo ka tsa lwapa le ditso di teng ko entaneteng ya Kereke e e leng ko www.familysearch.org.

KEREKE YA GA
JESU KERESETE
YA BAITSHAPI
BA MALATSI A BOFELO

TSWANA

