



GAKOLOLANANG KA MATLHOKO A BONE

Ga o a tshwanela go dira se o le nosi. Go gakololana go ka neela thuso e o e tlhokang go thusa ba bangwe.

Modimo o go laleditse go direla mongwe kgotsa lelwapa mo wateng ya gago kgotsa lekalana go yeng ka matlhoko a bone. O ka bona jang gore matlhoko ao ke afe? Molawana wa go gakololana, o o ntseng o gatelelwa mo Kerekeng, o bothokwa.

Morago ga go buisana ka se re ka akanyang go gakololana ka ga sone, re tlaa atolosa:

1. Go gakololana le Rara wa Legodimo.
2. Go gakololana le mongwe le lelwapa le lo romilweng go lone.
3. Go gakololana le bapati ba rona.
4. Le go gakololana le ba bangwe ba ba romilweng go mongwe yoo kgotsa lelwapa.

Go gakololana le baeteledipele ba rona le gone go bothokwa. Melawana ya go Direla ya nako e tlang ya nankolo e mo *Liahona* e tlaa atolosa go gakololana le baeteledipele le gone ka tiro ya dipotsolotso tsa go direla mo tsamaisong eo.

Se Re Gakololana ka ga sone

Go thaloganya matlhoko go bothokwa go direla mongwe go yo mongwe. Mme matlhoko ao a ka tsaya popego efe, mme a go na le sengwe go feta matlhoko se re tshwanetseng go se batla?

Matlhoko a ka tla ka dipopego tse dintsi. Bao re ba direlang ba ka lebagana le dikgwetlho tsa maikutlo, tsa madi, tsa senama, tsa thuto, le tse dintsi. Matlhoko a mangwe a magolo go na le a mangwe. A mangwe re tlaabo re ipaakanyetse go thusa mo go one, a mangwe a tlhoka gore re kope thuso ka bo rona. Mo maitekong a rona a go thusa go tlamela matlhoko a lobaka lono fela, se lebaleng gore pitso ya rona ya go direla e akaretse go thusa ba bangwe mo go tsweleng mo tseleng ya kgolagano, go ba baakanyetsa le go amogela ditlomo tsa boperesiti tse di bothokwa go kgalalelo ya bosakhutleng.

Mo go tlaaletseng ka go gakololana ka ga matlhoko a mongwe kgotsa a lelwapa, re tshwanetse go batla go itse dinonofo tsa bone. Ke eng se ba sa tlhokeng thuso mo

go sone? Ke dinonofo le dineo dife tse ba nang le tsone tse di ka segofatsang ba bangwe? Ba ka fitlhelela jang mo go kgethegileng go thusa go aga bogosi jwa Modimo? Dinonofo tsa mongwe di ka nna botlhokwa go di tlhaloganya jaaka matlhoko a gagwe.

Go gakololana le Rara wa Legodimo

Ngwe ya melawana ya konokono ya tumelo ya rona ke gore Rara wa Legodimo o bua le bana ba Gagwe (bona Mekwalwana ya Tumelo 1:9). Fa re amogela thomo e ntsha go direla mongwe, re tshwanetse go gakololana le Rara wa Legodimo ka thapelo, re batla megopolo le go tlhaloganya matlhoko le dinonofo tsa bone. Tsamaiso e ya go gakololana ka thapelo e tshwanetse go tswelala go ya le thomong ya rona ya go direla.

Go gakololana le Bangwe le Malwapa

Ka fa le fa re tsayang bangwe le malwapa a re biditsweng go a direla go ka farologana go yeng ka dieemo, mme go gakololana le bone le mongwe kgotsa lelwapa go botlhokwa go aga botsalano le go tlhaloganya matlhoko a bone, go akaretsa ka fa ba tlhokang go thuswa ka teng. Dipotso dingwe di tlhoka go sa botswe go fitlhelela botsalano jo bo nang le bokao bo sena go dirwa. Le fa go sena tsela e lengwe e e siameng go dira seo, akanyetsa tse di latelang:

- Batla ka fa le leng ba bonang go siame go tlohwa.
- Ithute ka tse ba diratang le matshelo a bone a pele.
- Tlaya ka megopolo ka fa o ka thusang ka teng, mme o kope megopolo ya bone.

Jaaka re aga tshepo, akanyetsa ka go buisana ka matlhoko a mongwe kgotsa lelwapa. Botsa dipotso jaaka o tlhotlhelediwa ke Mowa o o Boitshepo.¹ Ka sekai:

- Ke dife dikgwetlho tse ba lebaneng le tsone?
- Ke afe maikaelelo a bone a lelwapa kgotsa ka bongwe? Ka sekai, a ba batla go nna botoka mo go tshegetseng maitiso a lelwapa mo gae kgapetsakgapetsa kgotsa go itlamela mo go rileng?
- Re ka ba thusa jang ka maikaelelo a bone le dikgwetlho?
- Ke dife ditlhommo tsa efangale tse di tlang mo matshe-long a bone? Re ka ba thusa jang go ipaakanya?

Gakologelwa go ba neela thuso e e kgethegileng, jaaka, “Ke bosigo bofe jo re ka le tlisetsang dijo beke e?” Go fa mo go sa totobalang, jaaka, “Re itsise fa go na le sengwe se re ka se dirang,” ga go thuse thata.

Go gakololana le bapati ba rona

Gonne wena le mopati wa gago ka metlha lo a bo le se mmogo fa lo kopana le mongwe kgotsa lelwapa, go botlhokwa go thusana le go gakololana mmogo jaaka lo batla tlhotlheletso jaaka bapati. Fano ke dipotso tse lo ka di akanyetsang:

- Ka ga jang le ga kae le tlaa buisanang jaaka bapati?
- Mongwe le mongwe wa lona o ka dirisa jang dinonofo tsa gagwe go direla matlhoko a lelwapa kgotsa mongwe?
- Ke dilo dife tse le di ithutileng, le nnile le maitemogelo a fe, le gore ke ditlhotlheletso dife tse le o nnileng le tsone e sale nako ya bofelo le bua le mongwe kgotsa lelwapa?

Go gakololana le Bangwe ba ba Romilweng

Go ka nna molemo go tswa nako le nako go bua le ba bangwe ba ba neetsweng tiro ya go direla mongwe kgotsa lelwapa le lo le direlang.

Buisanang go Rarabolola dikgwetlho

Mogolwane Chi Hong (Sam) Wong wa ba ba Masome a Supa o amanya polelo go tswa mo go Mareko 2 le nako ya rona go supa ka fa go gakololana go dirileng batho ba le bane go bona ka fa ba ka letlelelang monna o a nang le bolwetse jwa teteselo go nna mo boleng teng jwa ga Jeso.

“Go ka diragala jaana,” ga bua Mogolwane Wong. “Batho ba bane ba ne ba diragatsa thomo go tswa mo go Bishopo wa bone go lekola, kwa lapeng la gagwe, monna yo a neng a a lwala bolwetse jwa teteselo. . . . Mo lekgotleng la wate bosheng, morago ga go gakololana ka ga matlhoko mo wateng, bishopo o ne a neetse dithomo tsa go namola. Ba bane ba ba ne ba neetswe tiro ya go thusa monna yo. . . .

“[Fa ba goroga kwa kagong eo Jeso a neng a le gone,] kamore e ne e tletse thata. Ba ne ba sa kgone go tsena ka kgoro. Ke a itse gore ba lekile sengwe le sengwe se ba neng ba ka se akanyang, mme fela ba ne ba retelwa ke go tsena. . . . Ba gakololana mo go se ba ka se dirang gape—ka fa ba ka tlisang monna kwa go Jeso Keresete go fodisiwa. . . . Ba tla ka leano—e seng le le motlhofo, mme ba le diragatsa.

“ . . . ‘ Ba rutlomolola borulelo kwa a neng a le teng: mme fa ba sena go bo phunya , ba folosetsa bolao jo yo o lwalang bolwetse jwa teteselo a robetseng mo go jone’ (Mareko 2:4). . . .

“ . . . ‘Fa Jeso a bona tumelo ya bone, o ne a raya yo o lwalang bolwetse jwa teteselo a re, Morwaake, dibe tsa gago o di itshwarelwe’ (Mareko 2:5).”²

Taletso go Dira

Mogolwane Dieter F. Uchtdorf wa Khoramo ya Baaposetole ba ba Lesome le Bobedi wa kgothatsa, “Gakololanang mmogo, dirisang di dirisiwa tsoitlhe tse di leng teng, batlang tlhotlheletso ya Mowa o o Boitshepo, botsang Morena go tlhomamisa, mme le bo le ipaakanya mme lo dire tiro.

“Ke lo neela tsholofetso: fa lo sala morago sekao se, lo tlaa amogela kaelo e e tlhamaletseng ya gore *mang, eng, leng*, le *kae* ya go tlamela ka tsela ya Morena.”³

“Melawana ya go Direla” mekwalwana e diretswe go re thusa go ithuta go tlhokomelana—mme e seng go abelwana jaaka melaetsa ka nako ya mae-to a go direla. Jaaka re tla itse bao re ba direlang, Mowa o o Boitshepo o tlaa re rotloetsa go itse molaetsa o ba ka o tlhokang mo tlalaletsong ya tlhokomelo ya rona le bopelonomi.

THATA YA GO GAKOLOLANA

“Fa lo batla go tokafatsa sengwe, lo tshwanetse go gakololana ka ga sone,” ga bua Poresidente M. Russell Ballard, Moemedi wa Poresidente ya Khoramo ya Baaposetole ba ba Lesome le Bobedi. “Fa re [dira], re dira tshwaragano ya semowa e e oketsang matlhagatlhaga kgotsa dipitlhelelo jaaka maduo a tiro e e kopanetsweng kgotsa tiri-sanyo, e maduo a teng a leng magolo go na le go tlhakangwa ga dikarolo tsa bongwe” (in R. Scott Lloyd, “Counseling with Councils Is Lord’s System, Elder Ballard Declares,” Jan. 11, 2017, news.lds.org; “Strength in Counsel,” *Ensign*, Nov. 1993, 77).

Go Aga Botsalano le gone go botlhokwa mo karolong ya go gakololana mmogo. Bona le gone mekwalwana wa Melawana ya go Direla “Building Meaningful Relationships,” in the August 2018 issue of the *Liahona*, on page 6.

DINTLHA

1. See *Preach My Gospel: A Guide to Missionary Service* (2004), 183.
2. Chi Hong (Sam) Wong, “Rescue in Unity,” *Liahona*, Nov. 2014, 14–15.
3. Dieter F. Uchtdorf, “Providing in the Lord’s Way,” *Liahona*, Nov. 2011, 55.