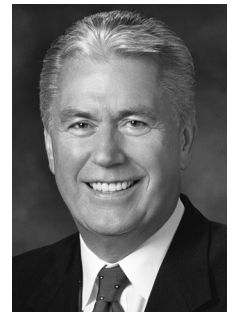


**Ka Moporesidente  
Dieter F. Utchtdorf**

Mogakolodi wa Bobedi mo  
Boporesidenteng jwa Ntlha



# Morago ga Lorato, Jalo Eng?

**M**oporofiti wa rona yo o rategang, Moporesidente Thomas S. Monson, o rutile gore “Lorato ke lone konokono ya efangele.”<sup>1</sup>

Lorato le bothokwa mo Jeso a le biditseng “taelo ya ntlha le e kgolo” a bo a re ntlha nngwe le nngwe ya molao le mafoko a baporofiti a ikaegile mo go tsone.<sup>2</sup>

Lorato ke lone pinagare ya thotloetso mo go tsothle tse re di dirang mo Kerekeng. Mananeo otlhe, phuthago tsothle, tiragalo tsothle tse re tsayang karolo re le barutwana ba ga Jeso Keresete di tshwanetse go tswa mo mokgweng o—gonne kwa ntle ga bopelonomi, “lorato le le itshekileng la ga Keresete,” ga re sepe.<sup>3</sup>

Fa re tlhaloganya se ka tlhaloganyo tsa rona le pelo, fa re bolela lorato la rona mo Modimong le batho ka rona—jalo eng?

A go lekane go nna le mautlwelo bothoko le lorato go ba bangwe? A go bolela lorato la rona mo Modimong le mo baagisanyeng ba rona go kgotsofatsa maitlamo a rona go Modimo?

## **Polelo ya Barwa ba babedi**

Kwa tempeleng mo Jerusalema, bagolwane ba mape-resiti le bagolwane ba Majuta ba tile ko go Jeso go mo tsietsa ka mafoko a Gagwe. Mmoloki, o ne, a fetolela dilo kwa go bone ka bolela polelo.

O ne a simolola ka gore “monna mongwe o ne a na le barwa ba babedi.” Rre wa bone o ne a ya go wa ntlha mme a mo kopa go dira mo tshimong ya mofine. Mme morwa a gana. Moragonyana morwa yoo “a ikwatlhaya, mme a tsamaya.”

Rre o ne a ya jalo go morwae wa bobedi mme a mo kopa go dira mo tshimong ya mofine. Wa bobedi o ne a mo tshepisa gore o tlaa tsamaya, mme a seka a tsamaya.

Jalo Mmoloki a a leba baperesiti le bagolwane mme a botsa, “Ke o fe wa barwa ba babedi yo o dirileng thato ya ga rraagwe?”

Ba ne ba tshwanela ke go dumela gore ke wa ntlha—yo o a neng a re ga a ka ke a tsamaya mme moragonyana a ikwatlhaya mme a tsamaya go dira mo tshimong ya mofine.<sup>4</sup>

Mmoloki o dirisitse polelo e go tlhalosa bothokwa jwa molawana—ke bao ba ba obamelang ditaello ba ka boammaaruri ba ratang Modimo.

Kgotso ke sone se Jeso a kopileng batho go reetsa le go sala morago mafoko a Bafarasai le bakwadi mme ba seka ba sala morago sekai sa bone.<sup>5</sup> Baruti ba ba bodumedi bane ba sa dire se ba se rutang. Bane ba rata go bua ka tumelo, mme ka maswabi ba tlhaela tse di bothokwa.

## **Ditiragalo le Poloko ya Rona**

Mo nngweng ya dithuto tsa bofelo tsa Mmoloki go barutwana ba gagwe, O ne a bua ka Katlholo ya bofelo. Baikepi le basiami ba tlaa kgaogangwa. Ba ba molemo ba tlaa rua botshelo jo bo sa khutlheng; baikepi ba tlaa isiwa go kotlhao a bo sa khutlheng.

Pharologanyo ke eng magareng ga ditlhopho tse pedi tse?

Bao ba supileng lorato lwa bone ka ditiro ba bolokilwe. Bao ba sa dirang ba bonwa molato.<sup>6</sup> Go sokologa go efa-gele ya ga Jeso Keresete le boleng jwa yone le melawana e tlaa bonala ka ditiro tsa rona tsa malatsi otlhe a botshelo jwa rona.

Mo bokhutlong, go supa lorato mo Modimong le batho ka rona ga go kake ga re fa botshelo jo bo sa khutlheng. Gonne, jaaka Jeso a re rutile, “ga se mongwe le mongwe yo o reng go nna, Morena, Morena, yo o tlaa tsenang ka bogosi jwa legodimo; mme yo o dirang go rata ga Rara yo o kwa legodimong.”<sup>7</sup>

### Ke eng se se Tlang morago ga Lorato?

Karabo go potso e “Morago ga lorato, jalo eng?” e ka nna motlhofo e bile e tlhamaletse. Fa ka boammaaruri re rata Mmoloking, re golaganya dipelo tsa rona go Ene mme jalo re tsamaye mo tseleng ya barutwana. Fa re rata Modimo, re tlaa leka ka bo jotlehe go tshegetsa ditaello tsa Gagwe.<sup>8</sup>

Fa ka boammaaruri re rata batho ka rona, re ba tswa thuso “bahumanegi le batlhoki, balwetsi le ba ba mo pogisegong.”<sup>9</sup> Go nne ba ba dirang ditiro tse tsa bopelotlhomogi le tirelo,<sup>10</sup> ke bone ba eleng barutwana ba ga Jeso Keresete.

Se ke se se tlang morago ga lorato.

Se ke sone konokono ya efangele ya ga Jeso Keresete.

### DINTLHA

1. Thomas S. Monson, “Love, — the essence of the Gospel,” *Liahona*, May 2014, 91.
2. Bona Matthew 22:36–40.
3. Bona Moroni 7:46–47.
4. Bona Matthew 21:28–32.
5. Bona Matthew 23:3.
6. Bona Mathaio 25:31–46.
7. Mathaio 7:21.
8. Bona John 14:15.
9. Dithuto le Dikgologano 52:40.
10. Bona Mosiah 18:8–9.

### DITHUTO GO TSWA MOLAETSENG O

Moporesidente Utchdorf o tlhalosa fa barutwana ba boammaaruri ba ga Jeso Keresete jaaka ba ba supang lorato mo go Ene le ba bangwe ka ditiro tsa bone. O re ruta gore “fa ka boammaaruri re rata Mmoloki, re golaganya dipelo tsa rona go Ene le go tsamaya mo tseleng ya barutwana.” Akanya ka go botsa ba o ba rutang ka mo lorato le ba kgothatitse ka teng go tsamaya mo tseleng ya borutwana. O ka abelana le bone maitemogelo a gago. O ka akanyetsa go ba laletsa go rapelela bopelonomi jo bontsi le nonofo go dira ka lorato.

## BANANA

### Go tshegetsa Ditaello le go Rata Ba Bangwe

**F**a re akanya ka lorato, go le gantsi re akanya pele ka dilo tse di tlang tsa motshikinyego tsa marato, chocolate, le dithunya. Mme lorato—*boammaaruri* lorato—e boteng lego sa ipone go feta sepe. Jeso Keresete o re tsholetse le go re swela kantlha ya loratola Gagwe. Ka nnete, ditaello tse pedi tse di kgolo ke go rata Modimo le go rata mongwe le mongwe (Bona Matthew 22:36–40). Mme re ka *supetsa* ba bangwe gore re ba rata jang?

Moporesidente Utchdorf o abelane polelo ya ga Keresete ya barwa ba babedi, yo mongwe o ne a direla rraagwe mme yo mongwe a seka. Mmoloki o dira ntlha ya gore yo fela yo o obametseng rraagwe ka boammaaruri o ne a rata. Mo go tshwanang, fa re obamela ditaello tsa Modimo, re supa fa re mo rata le go boela kwa go Ene.

Mme re supa jang gore re rata mongwe le mongwe? Moporesidente Utchdorf o tlhalosa seo: “Fa kaboammaaruri re rata batho ka rona, re atolosa go thusa ‘bahumanegi le batlhoki, balwetsi le ba ba mo pogisegong.’ Gonne ba ba dirang tiro e ya bopelotlhomogi le tirelo, ke bone barutwana ba ga Jeso Keresete.”

Nako e tlang fa o bona batsadi ba gago, ba o tsho-tsweng nabo, kgotsa tsala, akanya ka go ba direla go supa lorato. Ga go ka ke ga dira bone le wena go itumela, mmego tlaa dira Rraetsho mo Legodimong go itumela le ene.

## BANA

### Go supa Lorato

**J**eso o abelane polelo ya rre le barwa ba babedi. Rre Jo ne a dira mo tshimong ya mofine mme a ba kopa barwa ba gagwe go mo thusa. Morwa wa ntlha o ne a re nnyaa mme moragonyana a tla go thusamo tshimong ya mofine. Morwa wa bobedi o ne a re o tlaa thusa, mme o ne a seka a dira jalo. Jeso o ne a ruta gore morwa wa ntlha o ne a supa lorato go rraagwe ka go obamela.

Tshameka polelo e! Jalo kwala kgotsa o tshwantshe dilo dile tharo tse o ka di dirang go supa lorato go Rraetsho yo o kwa Legodimong.



# Botsadi Ke Tiro e e Boitshepo

Tumelo, Lelwapa, Thuso

*Ka thapelo ithute tiriso e mme o senke go itse gore o ka abelana eng. Go tlhaloganya "The Family: A Proclamation to the World" go ka godisa tumelo yame mo Modimong jang le go segofatsa bao o ba tlhokometseng ka thuto ya ketelo? Go bona molaetsa yo montsi, ya ko [reliefsociety.lds.org](http://reliefsociety.lds.org).*

Raetshoa yo o kwa Legodimong o dirile malwapa go re thusa go ruta melawana e e siameng mo seemong sa lorato. Moporesidente Thomas S. Monson o ne are: "Tlotlomatsa ngwana wa gago le go mo tlamparela; o re, 'Ke a go rata' ka metlhasupa malebogo. O seka wa letlelela bothata jo bo tla rarabololwang gore bo nne bothokwa thata gona le motho yo o tshwanelwang ke go ratwa."<sup>1</sup>

Susan W. Tanner, moporesidente wa pele wa Young Women, a ruta: "Raetsho yo o kwa Legodimong o supile mokgwa wa ka fa re tshwantseng go o sala morago. O a re rata, o a re ruta, o pelotelele mo go rona, le go nna le tshepo mo go rona ka go ithophela ga rona. . . . Nako tse dingwe maitshwaro, a a raynga 'go ruta,' a fapaanngwa le go kgala. Bana— ga mmogo le batho ba dingwaga tsotlhe— ba tlhabolola maitshwaro ka lorato le kgothatso go feta go kgala."<sup>2</sup>

"Faka boikanyego re na le thapelo ya malwapa, re ithutuntsha dikwalo tse di boitshepo, maitiso a lelwapa, tshegofatso ya bopere-siti, le go obamela Sabata," go bua

MOgolwane Quentin L. Cook wa Khoramo ya Baaposetolo ba ba Lesome le bobedi, "bana ba rona ba tlaa . . . baakanyediwa legae la bone la bosa khutleng mo legodimong, go sa kgathelesege se ba kopanang le sone mo lefatsheng le le thata."<sup>3</sup>

## **Dikwalo tse di boitshepo tsa tlalaletso**

1 Nephi 8:373 Nephi 22:13 Doctrine and Covenants 93:40121:41

## **Dipolelo tse di Tshelang**

"Ke ne ke bala pampiri ya dikgang fa mongwe wa dikokomane tsame ane a tla gaufi le nna," ga bua Mogo-lwane Robert D. Hales wa Khoramo ya Baaposetolo ba ba Lesome le bobedi. "Fa ke bala, Ke ne ka itumedisiwa ke go utlwa lentswe la gagwe le bua fa morago. Akanya ka fa ke neng ke akabetse ka teng, moragonyana, fa a tsena mo gare ga me le pampiri. A tsaya sefatlhego same ka diatla tsa gagwe le le go tobetsa nko yame ka ya gagwe, a botsa, 'Ntatemogolo! Aa o teng moo?'"

". . . Go nna *teng* go raya go tlhaloganya dipelo tsa banana le

go golagana le bone. Mme go golagana le bone ga go reye go bua fela le bone mme go raya go dira dilo le bone. . . .

"Re tshwanetse ra rulaganya le go tsaya ditshono tsa go ruta. . . .

". . . Sebaka se ke se tshedileng, ke itemogela ditshono tsa go ruta banana bame, segolo jang tse ke di filweng ke batsadi bame, di betlile botshelo jwa me le go ntira se ke leng sone."<sup>4</sup>

## **DINTLHA**

1. Thomas S. Monson, "Love at Home— Counsel from Our Prophet," *Liahona*, Aug. 2011, 4.
2. Susan W. Tanner, "Did I Tell You . . . ?" *Liahona*, May 2003, 74.
3. Quentin L. Cook, "The Lord Is My Light," *Liahona*, May 2015, 64.
4. Robert D. Hales, "Our Duty to God: The Mission of Parents and Leaders to the Rising Generation," *Liahona*, May 2010, 96, 95.

## **Akanyetsa Se**

Ke eng efangele e rutwa botoka ka puo le sekao sa lorato la rona?