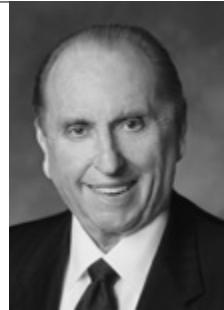


Ka Moporesidente  
Thomas S. Monson



# Ema jaaka Lesedi

**K**e nnile le tshono ya go nna teng mo go ipeleleng ditso tse di tshwerweng mabapi le ditshwaelo tsa tempele. Ke di ratile tsotlhe, go akaretsa nngwe ya bosheng eo ke neng ke le te teng mo Phoenix, Arizona, USA, Ngwanaetsele o fitileng.

Banana ba Baitshepi ba Malatsi a Bofelo bao ba tsereng karolo mo ditsong tsa go ipela ba dira mo go gakgama-tsang, le mananeo a go ka gakologelwa. Ngwaga o o fitileng ko Phoenix, pele ga go ipela, Ke ne ka bolelela ba tsayakarolo, “Le bana ba lesedi.”

Ke eletsa gore banana botlhe ba Kereke ba itse gore ke bana ba lesedi. Ka jalo, ba nale maikarabelo a gore ba nne “jaaka masedi mo lefatsheng” (Philippians 2:15). Ba na le tiro ya go abelana boammaaruri jwa efangele. Ba na le pitso ya go ema jaaka lesedi la tshupo la tempele, ba supa lesedi la efangele go koketsego ya lefifi la lefatshe. Ba na le thomo ya go tshegetsa lesedi gore le tuke ebile le tuke ka go phatsima.

Ka thulaganyo ya gore rona re ka nna “sekao sa badu-medi” (1 Timothy 4:12), rona ka borona re tshwanetse go dumela. Re tshwanetse go tlhabolola tumelo e e tlhoke-gang go emelana le semowa le go supetsa ba bangwe lesedi. Re tshwanetse go godisa bopaki jwa rona go fitlhe-lela e nna kgogedi ya matshelo a rona.

Mo go tsone ditselana tse di matswela go amogela le go tshegetsa tumelo eo re e tlhokang gompieno ke go bala le go ithutontsha dikwalo tse di boitshepo le go rapela ka metlha ebile re nitame. Go banana ba Kereke,

Ka re, fa o ise o dire jalo, tlhabolola jaanong mokgwa wa go ithutontsha dikwalo tse di boitshepo tsatsi le letsatsi ebile o rapela. Kontle ga ikatiso tse pedi tse di bottlhokwa tse, thotloetso e e kwantle le nako tse dingwe kgotlhakgotlhano ya nnete ya botshelo e ka fifatsa kgotsa e time lesedi la gago.

Dingwaga tsa bonana ga di motlhofo. Ke dingwaga tse di bottlhokwa tseo Satane a tlaa go raelang le go go okisa go tswa mo tseleng e e isang go boela ko lapeng la gago la legodimo. Mme fa o bala le go rapela le jaaka o direla le go obamela, o tlaa tla go itse botoka “lesedi leo le phatsimang mo lefifing” (D&C 6:21), Sekao sa rona le nonofo—ebong Morena Jeso Keresete. Ke Lesedi leo re le tshwereng ko godimo go nyeletsa go kgobokana ga lefifi (bona 3 Nifae 18:24).

Ka bopaki jo bo maatla jwa Mmoloki le efangele ya Gagwe e e buseleditsweng, o na le ditshono tse go ka phatsima. Di go dikologa letsatsi le letsatsi, mo diemo dipe tseo ka iphitlhelang mo go tsone. Jaaka fa o sala morago sekao sa Mmoloki, ga gago e tlaa nna tshono ya go nna lesedi, jaaka a ne a ntse, mo matshelong a bao ba go dikaganyeditseng—a e ka nna maloko a lelwapa la gago, baithuti ka wena, badiri ka wena, ditsala, kgotsa le tota ba o sa baitseng.

Fa o le lesedi la lefatshe, batho ba ba godikaganyeditseng ba tlaa utlwa moyo o o kgethegileng o o tlaa ba dirang gore ba batle go itsalanya le wena le go sala morago sekai sa gago.

Ke kopa batsadi le baeteledipele ba banana go ba thusa go ema ba tlhomame go boammaaruri le tshiamiso. Ba ba thuse go bula thata mo go lebeng ga bone dikgoro tsa go ithuta, go tlhaloganya, le go direla mo bogosing jwa Modimo. Ba age mo go bone nonofo ya go emevelana le diteko tsa lefatshe. Ba ba neele keletso ya go tsamaya mo bomolemong le tumelo, go rapela, le go lebelela kwa legodimong jaaka kgogedi ya bone e e tsweletseng.

Go banana ba rona, Ka re, Rara wa rona wa Legodimo wa lo rata. A lo utlwe gape lorato leo baeteledipe ba Kereke ba nang le lone fo lona. A ka bo saeng kae lo nne le keletso ya go direla Rara wa Legodimo le Morwa wa Gagwe. Mme a ka metlha lo tsamaye mo boammaaruring le go ema jaaka lesedi mo gare ga bana ba Modimo.

#### GO RUTA GO TSWA MOLAETSENG O

Akanyetsa ka go buisana le bao o ba rutang ka gore go raya eng go nna “[ngwana] wa lesedi.” Go nale mai-karabelo a ntseng jang? O ka buisana ka nako eo lesedi la bone le neng le phatsima le gore le dirilwe ke eng go phatsima. Akanya ka go ba botsa gore ba akanye ka motho mongwe, jaaka monana, modiri ka bone, kgotsa leloko la lelwapa la bone, yoo a tlhokang lesedi. Jalo lo ka rapela mmogo ka tsela eo le ka abelanang lesedi le motho yoo.

## BANANA

### Tshupo ya Lesedi

**M**opresidente Monson o rutile gore banana ba Kereke “ba na le pitso ya go ema jaaka lesedi la tshupo la tempele, ba supa lesedi la efangele go kokesego ya lefifi la lefatshe.” O neela ditsela tse o ka di dirisang go dira jalo

Abelana efangele  
Dumela  
Tokafatsa tumelo  
Nna lesedi go ba bangwe  
Godisa bopaki jwa gago go fitlhelela e nna kgogedi mo botshelong jwa gago  
Bala le go ithutontsha dikwalo tse di boitshepo  
Rapela ka metlha ebile o nitame  
Direla  
Obamela

Akanya ka go ikala go tswa ka 1 go ya go 5 mo nngwe le nngwe ya dikarolo tseo. Go dikarolo tseo maduo a ko tlhase, o ka ithutontsha ditlhogo tseo mo dikwalong tse di boitshepo kgotsa wa di batla jaloLDS.org. Morago fa o sena go ithutontsha ditlhogo tseo, o ka akanya ka ditsela tseo ka nonotshang dikarolo tse le baya dielo go di dira.

## BANA

### Phatsimisa Lesedi la Gago

**J**aaka ngwana wa Modimo, o ngwana wa lesedi. O ka amogela lesedi le lensi ka go sala morago Mmooliki wa rona, Jeso Keresete. Jeso Keresete le Rara wa Legodimo ba a go rata ebile ba batla o phatsimele go ba bangwe le go isa go Keresete. O ka phatsima ka go nna wena fa o sala morago ditaelo, jaaka go rapela le go bala dikwalo tse di boitshepo. Tshwantsha dinaledi mo pampiring mme o nankole ka megopoloo eo o ka phatsimelang go ba bangwe jaaka sekao sa ga Jeso Keresete (ka sekai, go ya kerekeng,” kgotsa “go thusa lelwapa la me”).



# Mekgwa ya Selegodimo ya ga Jeso Keresete: Pelonolo le Boikokobetso

Ka thapelo ithute tiriso e mme o senke go itse gore o ka abelana eng. Go tlhaloganya botshelo le thomo ya Mmoloki go ka oketsa jang tumelo ya gago mo go Ene le go segofatsa ba o ba lebeletseng ka thuto ya ketelo? Go bona molaetsa yo montsi, ya ko [reliefsociety.lds.org](http://reliefsociety.lds.org).

*Se ke karolo ya ditateleno tsa Melaetsa ya Thuto ya Ketelo go akaretsa boitsholo jwa Mmoloki.*

Jeso a re, “Yoo mogolo mo gare ga lona, a nne jaaka yo monnye, le yo e leng kgosi, jaaka yo o direlang. Ke yo feng yo mogolo, yoo ntseng fatshe ko dijong, kgotsa yoo direlang? a ga se yoo ntseng fatshe ko dijong? mme Ke mo gare ga lona jaaka yoo direlang” (Luke 22:26–27).

“Mmoloki ke sekao se segolo go feta sa thata ya boikokobetso le boinelo. Morago ga tsotlhe, o ineetsé mo thatong ya ga Rara ka go tlisa mo go golobogolo, le eleng mo go thata, tiragalo mo tsotlhe ditso. Gongwe mafoko a boitshepo mo go tsotlhe dikwalo tse di boitshepo a motlhoho, ‘E seng thato yame, mme ya gago, e diragale’ (Luke 22:42).<sup>1</sup>

Jaaka barutwana ba ga Jeso Keresete, ka metlha re batla go nna jaaka Ene. “Bopelonolo bo botlhokwa go rona go nna thata jaaka Keresete,” ga bua Mogolwane Ulisses Soares wa ba ba Masome a Supa. Kontle ga yone ga re ka ke ra tokafatsa bomolemo jo bongwe jo

bo botlhokwa. Go nna pelonolo ga go reye bokowa, mme go raya go nna le bomolemo le botho, o supa nonofo, tlhwaafalo tota, boitekanelo jwa bong, le le go itirisa ka bong.<sup>2</sup> Jaaka fa re dira go tokafatsa mokgwa o, re tlaa bona gore “go ikokobetsa re neela thato ya rona go Rara go tlisa thatafatso ya Modimo—thatya boikokobetso. Ke thata ya go lebagana le baganetsi ba botshelo, thata ya kagiso, thata ya tsholafelo, thata ya pelo e kukediwa ke lorato la bopaki jwa Mmoloki Jeso Keresete, ebong thata ya thekololo.”<sup>3</sup>

## Dikwalo tse di boitshepo tse di tlaleletsang

Matthew 26:39; John 5:30;  
Mosiah 3:19; Helaman 3:35

## Gotsweng Dikwalong tse di Boitshepo

Nngwe ya menyetla e e monate e thata ya bodiredi jwa ga Keresete e ne e le fa a tlhapisa barutwana ba Gagwe dinao. “Fa a tswa mo selalelong, mme a bayá seaparo sa gagwe fa thoko, mme a tsaya sesutlho, mme a ipofa. Morago ga moo

a tshela metsi mo sekotleleng, mme a simolola go tlhapisa dinao tsa barutwana ba gagwe, le go ba sutlha ka sesutlho seo a neng a ipofile ka sone” (John 13:4–5).

Jaaka fa Mmoloki a ne a simoloda tlhomó e, barutwana ba ba ka tswa ba kukegile maikutlo gore Morena le Mong wa bone o khubame fa pele ga bone mme a dira tirelo ya bo pelonolo. Jeso jalo a tlhalosa thuto eo a batlileng gore ba ithute le rona rothle:

“Fa Nna jalo, Morena le Mong wa lona, ke tlhapisitse dinao tsa lona; lona jalo lo tlhoka go tlhapisana dinao.

“Gonne Ke lo neetse sekao, gore lo dire jaaka Ke dirile go lona” (John 13:14–15).

### DINTLHA

- Richard C. Edgley, “The Empowerment of Humility,” *Liahona*, Nov. 2003, 99.
- Ulisses Soares, “Be Meek and Lowly of Heart,” *Liahona*, Nov. 2013, 9.
- Richard C. Edgley, “The Empowerment of Humility,” 99.

## Akanyetsa Se

Go nna pelonolo go ka re thusa jang go rata jaaka Mmoloki a dirile?