

**Ka Mopresidente  
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Mogakolodi wa Bobedi mo  
Bopresidenteng jwa Ntlha



# Go tsamaya o Itukologa

**A**ga o ise o utlwe puo ya bogologolo e e reng batho bao ba timelang ba tsamaya ba itukologa? Jan L. Souman, wa Mojeremane wa Mosa-ekholojisete, o ne a batlile go netefatsa ka boranyane gore a seo ke boammaaruri. O ne a tsaya ba tsayakarolo go dira teko kwa lefelong la sekgwa se segolo le kwa sekakeng sa Sahara mme a dirisa thulaganyo ye e senolang ka bophara gore o fa kae go lepa gore ba ile ko kae. Ba ne ba sena khamphase kgotsa sedirisewa sepe fela. Ditaelo go bone di ne di le motlhofo: tsamala mo moleng o o tlhamaletseng mo tshupegetsong ee filweng.

Ngaka. Souman o ne morago a tlhalosa seo se dirage-tseng. “[Bangwe] ba bone bane ba tsamaya mo letsatsing le le maru, ka letsatsi le fitlhlilwe ka ko morago ga maru [mme ba sena dintlha tsa referense mo pontsheng]. . . . [Bone] botlhe bane ba tsamaya ba itukologa, ka [bale mmalwa] ba bone ba boeletsa go fapaanya tsela ya bone ba sa itemoge.” Ba tsaya karolo ba bangwe bane ba tsamaya fa go dule tlhabo ya letsatsi, ka dintlha tsa referense di le kgakajana mo pontsheng. “Bana . . . ba ne ampore ba sala morago tsela ka botlalo.”<sup>1</sup>

Goithuta mo go boeleditswe ke ba bangwe ka methale e mengwe e e farologanyeng. Botlhe ba ne ba tlisa maduo a a batlileng go tshwana.

Fa go sena mafelo a ditlhomeso, batho ba tlelwa ke go tsamaya ba itukologa.

## **Tlhomeso ya Dikwalo tsemi boitshepo**

Fa go sena mafelo a ditlhomeso tsa semowa, motho o sasankegela fela. Fa go sena lefoko la Modimo, re tsamaya re itukologa.

Rotlhe ka bongwe le rele mekgatlho, re bona seka-elo se se boelediwa gantsintsi mo tebalebong nngwe le nngwe go simologa tshimologong ya nako. Fa re latlhegelwa ke pontsho ya lefoko la Modimo, re tlelwa ke go latlhega.

Se ka bosenang pelaelo ke lebaka leo Morena a neng a laela Lehi gore a romele barwaagwe go boela kwa Jerusalema go ya go tsaya dipapetlana tsa borase. Modimo o ne a itse gore dikokomane tsa ga Lehi di tlaa tlhoka mafelo a ditlhomeso tseo di nnang di le teng—ele dintlha tsa referense— tseo ditlala fang kaelo eo ba ka e tlhokang go e dirisa mo maikemisetsong a go bona gore ba mo tseleng.

Dikwalo tse di boitshepo ke lefoko la Modimo. Ke mafelo a ditlhomeso tsa Modimo tseo dire supegetsang tsela eo re tshwanetseng go e tsamaya gore re nne gaufi le Mmoloki wa rona mme re otlololesegele dikgele tsa rona tse di maleba.

## Tlhomeso ya Konferense ya Kakaretso

Ditaelo tseo di fiwang kwa konferenseng ya kakaretso ke tlhomeso enngwe eo e ka re thusang gore re itse gore a re mo tseleng.

Gangwe le gape Ke a ipotsa, “A ke ne ka reetsa mafoko ao a filweng ke banna le basadi bao ba buileng kwa konforenseng ya kakaretso ya bosheng ya Kereke? A kene ka bala mme ka bala gape mafoko a bone? A ke ne ka a akanyetsa kwa boteng mme ka a diragatsa mo botshelong jwame? Kgotsa ke ne ka natefelelwa fela ke dipuisanyo tse di siameng mme ka itlhokomolosa go diragatsa melaetsa ya bone eo e tlhotlheleditsweng mo botshelong jwame ka bonna?”

Gongwe fa o ne o ntse o reeditse kgotsa o bala, o ne wa kwalanyana ntlha gongwe tse pedi. Gongwe o dirile maitlamo a go dira dingwe botoka kgotsa ka pharologanyo. Akanya fela ka melaetsa ya konforenseng ya kakaretso ya bofelo. Bontsi bone jwa re kgothatsa gore re thatafatse malwapa a rona le go tokafatsa manyalo a rona. Kgatiso e ya *Liahona* agape e remeletse mo boleng jwa bosakhutlheng, ka dikgakololo tse dintsi tse di ka dirwang go segofatsa matshelo a rona.

A re kwala rebo re diragatsa dikgakololo tsena tsa bothokwa? A re lemoga re be re tsamaela go yeng kwa mafelong a ditlhomeso a tlhwatlhwa?

## Molemo wa go Kgarakgatshega

Mafelo a ditlhomeso a semowa a bothokwatlhokwa gore tshegeletsa mo tseleng ya pitlagano e tshesane. A fa kaelo sentle ka fa re tshwanetseng go tsama— mme fela fa re lemoga mme re tsamaele go yeng kwa go tsone.

Fa re gana go kaelwa ka mafelo a ditlhomeso tse, nna lefela, ele mekgabisa e metona eo e senang tiriso mme ele go phunya phefo ya loapi.

Ga go a lekana gore re tsamaye fela ka maikutlo a rona.

Ga go a lekana gore re nne le maikaelelo a a gaisang.

Ga go ne go nna le mosola gore fela re ikaege mo go lemogeng ga tlholego.

Le fa tota re ithaya rere re setse morago tsela e e tlhamaletseng ya semoya, fa go sena mafelo a ditlhomeso tsa nnete gore kaela— fa go sena kaelo ya Moya— re tlelwa ke go latlhega.

Nte, jaanong, re buleng matlho a rona mme re bone mafelo a ditlhomeso ao Modimo yo o pelontle a a fileng go bana ba Gagwe. Nte re baleng, re utlweng, le go diragatsa lefoko la Modimo. Nte re rapeleng ka tlwafalo mme re reetseng le go sala morago tlhotlheletso ya Moya. Fa re sena go lemoga mafelo a ditlhomeso a kgakgamatso ao a a fiwang ke Rraetsho yo o kwa Legodimong yo o lorato, re tshwanetse gore re tseye tsela ya tsone. Re tshwanetse gore gape re diragatsa paakanyo kgapetsakgapetsa jaaka fa re itlhokotsa go ya kwa mafelong a ditlhomeso tsa semoya.

Ka tsela eo, ga re ne re kgarakgatshega re itukologa mme re tlaa tsamaya ka tlhomamo le ntefatso go isa kwa lesegong leo le legolo la selegodimo eleng masego a motsalwapele go botlhe bao ba ba tsamayang mo tseleng e e pitlaganyeng ele tshesane ya ga Keresete ya borutwana.

## DINTLHA

1. Bona Jan L. Souman and others, “Walking Straight into Circles,” *Current Biology*, vol. 19 (Sept. 29, 2009), 1538–42.
2. Bona, sekai, Robert Krulwich, “A Mystery: Why Can’t We Walk Straight?” [npr.org/blogs/krulwich/2011/06/01/131050832/a-mystery-why-cant-we-walk-straight](http://npr.org/blogs/krulwich/2011/06/01/131050832/a-mystery-why-cant-we-walk-straight).

## GO RUTA GO TSWA MOLAETSENG O

Jaaka fa o ipaakanyetsa go ruta gotsweng mo molaetseng o, o ka senka dikwalo tse di boitshepo ele dikai tsa batho bao ba baneng ba eteletsewepele ka mafelo a ditlhomeso tsa semoya kgotsa batho bao ba neng ba tsamaya ba itukologa. O kanna wa simolola thuto ya gago ka dikwalo tse di boitshepo tsena:

Nomore 14:26–33; 1 Nifae 16:28–29; Alema 37:38–47. Fa o ikutlwa o tlhotlhelediwa, o kanna wa abelana dintlha dingwe gotsweng mo dikaing tse le bao o ba rutang. Ba botse gore re ka ithutang gotsweng mo dipolelong tse.

## BANANA

## Mafelo a ditlhomeso a Gago

Mopresidente Uchtdorf o ne a tlhalosa fa konferense ya kakaretso le dikwalo tse di boitshepo ele mafelo a ditlhomeso ao a re thusang go iphapa mo go kgarakgatshegeng ga semoya. Akanyetsa thata ka mafelo a ditlhomeso a semoya a mangwe ao a a go

tlhotlheleditseng mme a kaetse botshelo jwa gago. Kwala maitemogelo a gago fa tlase mo jenaleng ya gago. Dipuisantsho tse gotsweng go Moporesidente Thomas S. Monson di kanna tsa go thusa:

“Masego a gago a bopatriaka a tlaa go tshedisa mo dinakong tsa lefifi le legolo. A tlaa go etelela pele mo dipharagobeng tsa botshelo. . . . Masego a gago, ga a a tshwanelwa go menwa abo a beelwa kgakala. Ga ya tshwanelwa go bewa mo mekgabiseng kgotsa e gatisiwa. Mme, e tshwanetse ya balwa. E tshwanetse go ratiwa. E tshwanetse go salwa morago.”

“Your Patriarchal Blessing: A Liahona of Light,” *Ensign*, Ngwanatsele 1986, 66.

“Rraetsho yo o kwa Legodimong o ne a seka a re latlhela mo mosepeleng wa bosakhutlheng go sena di tso mpelo tse a re di fileng tseo re amogetseng go Ene kaelo go netefatsa go boela ga rona ka pabalesego. Ke

bua ka thapelo. Ke bua gape ka puisanyo tlase gotsweng lentsweng le le sesane le le nnye.”

“The Race of Life,” *Liahona*, Motsheganong 2012, 92.

## BANA

### Nka Bona Tsela Yame

**M**oporesidente Uchtdorf are re tshwanetse go sala morago mafelo a ditlhomeso a semoya gore a tle are thuse go itlhophela tshiamo mme re atumele go Mmoloki. Dingwe tsa mafelo a ditlhomeso tseo ke thapelo, dikwalo tse di boitshepo, konferense ya kakaretso, le *Liahona*.

O na le lelwapa la gago, bala puisanyo gotsweng konferenseng ya kakaretso. Mmui o gakolola eng gore re nne mo tseleng e e siameng? Nna le dikgele le lelwapa la gago go diragatsa seo o se ithutileng.



Tumelo, Lelwapa, Thuso

# Boipelo mo Ditsong tsa Lelwapa

*Bala sedirisiwa se ka thapelo mme, fa go tlhokega, buisanya le bakaulengwe bao o ba etelang. Dirisa dipotso go thusa gore o thatafatse bakaulengwe mme o dire Mokgatlho wa Thuso gore e nne ntlha nngwe ya botshelo jwa gago e e tlhaga. Go bona molaetsa yo montsi, ya ko [www.reliefsociety.lds.org](http://www.reliefsociety.lds.org).*

**M**ogolwane Russell M. Nelson wa Khwaramo ya Baapostetola ba ba Lesome le bobedi o rutile gore Moya wa ga Elijah ke “ponalo ya Moya o o Boitshepo o o fa bopu jwa tlhologo ya selegodimo ya lelwapa.”<sup>1</sup>

Jaaka rele maloko a Kereke ya ga Keresete, re na le maikarabelo a kgoagano ya go senka badimo ba rona le go ba fa ditlhomiso tsa pholoso ya efangele. Bone ba sena le rona “ga ba kake ba nniswa ka botlalo” (Baheberwa 11:40), mme “le rona re sena le baswi ba rona ga re kake ra nniswa ka botlalo” (D&D 128:15).

Tiro ya ditso tsa lelwapa e re baakanyeletsa masego a botshelo jwa bosa khutlheng mme e re thuse go oketsa tumelo ya rona le tshiamo ka borona. Ditso tsa lelwapa ke karolo e e popota ya mmishene wa Kereke mme e kgonigisa tiro ya pholoso le ya kgoletso kgalalelong ya bosakhutlheng.

Moporesidente Boyd K. Packer, Moporesidente wa Kwaramo ya Baapostetola ba ba Lesome le bobedi,

o ne are: “Fa re tlhotlhomisa tsela ya rona re eletsa eseng fela maina fela. . . . Dikeletso tsa rona di fetogisa dipelo tsa rona go borraarona—re senka go ba batla le go ba itse le go ba direla.”<sup>2</sup>

## **Gotsweng Dikwalong tse di boitshepo**

Malaki 4:5–6; 1 Bakorintha 15:29; D&D 124:28–36; 128:15

## **Gotsweng mo Ditsong tsa Rona**

Moporofiti Joseph Smith o ne a ruta, “Maikarabelo a magolo mo lefatsheng le ao Modimo a re a beetseng go rona ke gore re senke baswi ba rona.”<sup>3</sup> Re ka direla mo boemong jwa badimo ba rona bao ba suleng kwa tempeleng mme re diragatse ditlhomiso tse di tlhokegong go bone.

Sally Randall wa Nauvoo, Illinois, yoo morwaagwe yo o dingwaga tse 14 aneng a swa, o ne a bona kgomotso e kgolo mo tsholofetsong ya malwapa a bosa khutle. Morago ga monna wa gagwe a sena go kolobeletswa morwaabone, o ne a

kwalela masika a gagwe: “A selo se se galalelang se eleng gore rona . . . re ka kolobeletswa baswi ba rona [badimo] mme re ba pholose go isa kwa morago mo re ka kgonang go nna le kitso ka bone.” Mme o ne a botsa masika a gagwe go mo romelela molaetsa wa badimo ba bone, a re, “Ke ikemiseditse go dira se ke se kgonang go pholosa [lelwapa la rona].”<sup>4</sup>

### **DINTLHA**

1. Russell M. Nelson, “A New Harvest Time,” *Liahona*, July 1998, 34.
2. Boyd K. Packer, “Your Family History: Getting Started,” *Liahona*, Nov. 2011, 17.
3. *Teachings of Presidents of the Church: Joseph Smith* (2007), 475.
4. *Bona Daughters in My Kingdom: The History and Work of Relief Society* (2011), 20–21.

### **Ke ka dirang?**

1. Ke ka thusa jang bakaulengwe ba ke ba lebeleletsweng go re ba diragatse ditso tsa lelwapa?
2. A Ke kwala ditso tsame ka ga nna?