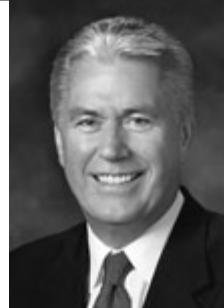


Ka Moporesidente  
Dieter F. Utchtdorf

Mogakolodi wa Bobedi mo  
Boporesidenteng jwa Ntlha



# Ngwe ya Senotlolesa Boitumelo jwa Lelwapa

**M**okwadi yo mogolo wa Morashia Leo Tolstoy o ne a simolola padi ya gagwe *Anna Karenina* ka mafoko a: “Malwapa a a boitumelo a tshwana otthe; lelwapa le ngwe le le ngwe le le senang boitumelo ga le na boitumelo ka tsela ya lona.”<sup>1</sup>

Lentswa ke sena nepagatso ya ga Tolstoy ya gore malwapa a a boitumelo a a tshwana, Ke lemogile sengwe se le sengwe se malwapa a a boitumelo a nang naso ka bontsi: a na le tsela eo a itshwarelanang ka teng le go lebala makowa a ba bangwe le go lebelela molemo mo go ba bangwe.

Bao ba malwapa a a sa itumeleng, ka fa letsogong le lengwe, gantsi ba bona phoso, ba tshegetsa pelo ya lefoto, mme go lebega ba sa kgone go tlogela dikgopisego tse di fitileng.

“Ee, mme . . .” go simolola bao baba senang boitumelo. “Ee, mme ga o itse gore o nkutlwisetse botlhoko go le kae,” ga bua mongwe. “Ee, mme ga o itse gore o maswe jang,” ga bua o mongwe.

Gongwe botlhe ba nepagetse; gongwe nnyaa.

Go na le dikgopisego tse dintsi tse di farologanyeng ka selekanyo. Go na le kutlwiso botlhoko e ntsi e e farologanyeng ka seemo. Mme seo ke se lemogileng ke gore gantsi re siamisa tenego ya rona mme re kgotsatse matswalo a rona ka go ipolelela dipolelo ka ga

maikaelelo a ba bangwe a a athholang ditiro tsa bone tse di sa itshwarelesegeng gape ele tsa bopelo tshetlha, mme ka nako e tshwanang, re kuketsa maikaelelo a rona godimo go nna a a itshekileng a sena selabe sepe.

## Ntša ya Kgosana

Go na le polelo ya bogologolo ya Weleshe gotsweng mo makgolong a bo 13 a dingwaga ka ga kgosana yo o a boetseng gae a fitlhela ntša ya gagwe e porotla madi go ya tlase mo sefathegong sa yone. Monna o ne a ragogela mo teng mme, ka poifo ya gagwe, a bona gore losea lwa gagwe la mosimane ga le yo mme setulo sa gagwe se retologile. Ka tenego kgosana o ne a ntsha tshaka ya gagwe mme a bolaya ntša ya gagwe. Moragonyana ga moo, o ne a utlwa selelo sa ngwana wa gagwe — losea lo ne lo tshela! Mo letlhakoreng la losea go ne go rapaletse phiri e sule. Ntša ka sebele, e ne e sireleditse ngwana wa kgosana gotsweng mo phiring e e neng e le ya se bolai.

Le ntswa polelo e le ya maikutlo godimo, e bontsha ntlha nngwe. E bula kgonagalo ya gore polelo eo re e ipolelelang ka gore keeng ba bangwe ba itshwara ka tsela nngwe ga se gore nako tsotlhe go tlaa dumalana le nneta eo — fa gongwe ga re batle go itse nneta. Re ka batla go ikutlwa re itshiamisitse mo tenegong ya

rona ka go tshegetsa mo go betweng ga pelo le go sa rateng ga rona. Fa gongwe go tshwara ka pelo moo go ka tsaya dikgwedi kgotsa dingwaga. Fa gongwe go ka tsaya botshelo jotlhe.

### Lelwapa Le Le Kgaoganeng

Ntate mongwe o ne a sa kgone go itshwarela morwaagwe mo go tlogeleng tsela eo a e rutilweng. Mosimane o ne a na le ditsala tseo rraagwe a neng a sa di batle, mme o ne a dira dilo tse dintsi tseo di neng di fetogetse tseo rraagwe a neng a akanya gore a ka di dira. Se se ne sa tlisa photlha gareng ga rraagwe le morwaagwe, mme ka bonako joo bo neng morwa a kgonas, a tlogela legae mme a sek a tlola a bowa. Bane ba sa bue thata gape.

A rraagwe o ne a ikutlwa a le ka fa tshiamong?  
Gongwe.

A morwa o ne a ikutlwa a le ka fa tshiamong?  
Gongwe.

Sotlhe seo ke se itseng ke gore lelwapa lena le ne le kgaogane le sena boitumelo ka gore rragwe kana morwaagwe ba ne ba sa kake ba itshwarelana. Bane ba sa kgone go seegela fa thoko dikgakologelo tsa bone tsa go betwa ga pelo moo ba nnileng nago ka bone. Bane ba tlatsa dipelo tsa bone ka tenego mo boemong jwa lerato le boitshwarelo. Mongwe le mongwe wa bone o ne a ikutswela tshono ya go tlhotlheletsa botshelo jwa yo mongwe ka molemo. Kgaogano gareng ga bone e ne e lebega ele boteng gape ele bophara mo eleng gore mongwe le mongwe wa bone o ne a nna legolegwla la semowa mo setlhaketlhakeng sa maikutlo a bone.

Ka masego, Rara wa Bosakhutheng yo o kwa Legodimong yo o botlhale a le lorato o re file ditsom-pelo go fenza photlha e ya boikgogomoso. Tefo e kgolo ya bosa feleng ke ya tiro e e godimo ya boitshwarelo le tetlanyo. Bogolo jwa yone bo feta go tlhaloganya game, mme Ke fa bopaki ka pelo yame yotlhe le mowa ka boteng le maatla a botlhokwa jwa yone. Mmoloki o iphile Ele morekolodi wa dibe tsa rona. Ka Ene re bona boitshwarelo.

### Ga Go Na Lelwapa Le Le Botlalo

Ga go ope wa rona yo a senang sebe. Mongwe le mongwe wa rona o dira diphoso, go balelwaa nna le wena. Rotlhe re golafetse. Rotlhe re golafisitse ba bangwe.

Ke ka setlhabelo sa Mmoloki seo re ka nnang le kgoleletso godimo ya kgalalelo le botshelo jwa bosa khutlheng. Jaaka fa re amogela ditsela tsa Gagwe le go fenza boikgogomoso jwa rona ka go nnisa dipelo tsa rona boleta, re ka tlisa tetlanyo le boitshwarelo mo malwapeng a rona le matshelo a rona a borona. Modimo o tlala re thusa go nna le boitshwarelo jo montsi, go nna re eletsa thata go tsamaya mmaele wa bobedi, go nna bantlha go kopa maitshwarelo le fa ele gore selo e ne e se phoso ya rona, go seegela fa thoko go tshwara ka pelo dilo tsa bogologolo le go sa dinoseletsa gape. Malebo a nne go Modimo, yo o a fileng Morwa wa Gagwe Ka Esi, mme go Morwa, yo o fileng Botshelo jwa Gagwe go rona.

Re ka ikutlwa lorato la Modimo go rona malatsi otlhe. A ga re a tshwanela gore re fe mo go ntsinyana ka borona go bangwe ka rona jaaka go rutwa mo sefeleng sa mma moratwa “Ka gore Ke Filwe Mogontsi”? Morena o butse kgoro go rona gore re itshwarelwe. A ga goke go siama fela go seegela thoko bopelo tshetlha le boikgogomoso jwa rona mme re simolole go bula kgoro eo ya masego go itshwarela bao re ngakalalang nabo — bogolo jang go bottlhe ba lelwapa la rona?

Mo pheletsong, boitumelo ga e nne motswediy o tswang mo go nneng ka botlalo mme fa ese mo go diragatseng melawana ya selegodimo, le tota ka dikgato tse di nnye. Boporesidente jwa Ntlha le Khwaramo ya Baaposedole ba ba Lesome le Bobedi ba begile: “Boitumelo mo botshelong jwa lelwapa bo ka bonwa thata fa bo theilwe godimo ga dithuto tsa Morena Jeso Keresete. Manyalo le malwapa a a itssetsepetseng a thailwe e bile a otliwa mo melawaneng ya tumelo, thapelo, boikothao, *botshwarelo*, tlolto, lorato, bopelotlhomogi, tiro, le ikentsho bodutu e siameng.”<sup>3</sup>

Boitshwarelo bo beilwe fa gare ga boammaaruri jo bo motlhoho jo, bo thailweng mo thulaganyong ya ga Raetsho yo o kwa Legodimong ya boitumelo. Ka gore boitshwarelo bo lomaganya melawana, bo lomaganya batho. Ke senotlolo, se bula dikgoro tse di lotletsweng, ke tshimologo ya tsela ya nnene, gape ke tsholofelo ya rona e e gaisang go nna le lelwapa le le boitumelo.

A Modimo a re thuso gore re nne ka boitshwarelo jo bontsinyana mo malwapeng a rona, re itshwarele thata mongwe le mongwe wa rona, le gongwe go nna re itshwarela borona. Ke rapela gore re nne le maitemogelo a

boitshwarelo ele nngwe ya tsela e e gakgamatsang eo malwapa ao a a itumetseng ka bontsi a leng ka teng.

#### DINTLHA

1. Leo Tolstoy, *Anna Karenina*, trans. Constance Garnett (2008), 2.
2. "Because I Have Been Given Much," *Hymns*, no. 219.
3. "The Family: A Proclamation to the World," *Liahona*, Nov. 2010, 129; kgatelelo e tlhaditswe.

## GO RUTA GO TSWA MOLAETSENG O

"Jaaka o baakanyetsa thuto nngwe le nngwe, lpotse gore molawana o tshwana le sengwe sefe se maloko a lelwapa a nnileng le maitemogelo mo matshe-long a bone" (*Teaching, No Greater Call [1999]*, 171). Akanyetsa go laletsa maloko a malwapa go abelana maitemogelo ao a a botoka a ba nnileng nao kgotsa ba a lemogile ka boitshwarelo. Buisanya maitemogelo a, o gatelela masego a boitshwarelo. Swetsa ka go fa bopaki jwa botlhokwa jwa go itshwarelana.

## BONANA

### Thapelo le Kagiso

Ka Lauren W.

Mantsiboa mangwe ke ne ka omana le mme wame mme ka sekka ka ikutlw sentle thata. Jalo Ke ne ka tsaya tshwetso ya gore Ke ya go rapela. Lentswa Ke ne ke se mo bothong jo bontle gape ke sa batle go nna ka "semowa," Ke ne ke itse gore go rapela go tlaa nthusa gore ke ikutlw keie boitumelo thata gape le go fokotsa komano. Morago ga mme wame a sena go tswa mo kamoreng, Ke ne ka simolola go rapela. "Go Rara wa Legodimo, Ke tsile go Wena bosigong jo ka gore . . . Nnyaa. Ke ne ka bula matlho ame le go phutholola matsogo ame; moo go ne go uthwala gole bokete. Ke ne ka leka gape. "Rraetsho yo o kwa Legodimong, Ke tlhoka . . ." Seo gape se ne se uthwala ele se sele. Ke ne ka ikutlw Saatane a nkgogela mo go leseng go rapela go botsa Rraetsho yo o kwa Legodimong go nthusa.

Ka tshoganyetso Ke ne ka nna le tlhotlheletso ya go re ke re kealeboga! Jalo he Kene ka dira jalo, mme dikakanyo di ne tsa tshologela gotsweng mo tlhogong yame ya dilo tse dintsi tseo ke ka di lebogelang

Rraetsho yo o kwa Legodimong ka tsone. E ne ya re Ke sena go Mo leboga, Ke ne ka buisanya nae ka bothata jo bo fa pele.

Morago ga moo Ke ne ka ikutlw kagiso eo e gakgamatsang mo teng game, maikutlo a semowa a a bothitho a gore Ke itse fa Rraetsho yo o kwa Legodimong le batsadi bame ba nthata le gore Ke ngwana wa Modimo. Ke ne ka kgona go ikopa maitshwarelo go mme wame le go amogela maitshwarelo a gagwe.

## BANA

### Boitshwarelo bo Tlisa Boitumelo

Mopresidente Uchtdorf o ruta gore re tshwanetse go itshwarela maloko a lelwapa la rona. Bona kafa goitlhopheleng ga ga Joseph le Anna goneng ga ama lelwapa la bone ka teng.

Joseph le kgaitsadie yo mmotlana, Anna, ba tshameka mmogo. Anna o phamolela thoe ya ga Joseph kgakala gotsweng go ene. Joseph o tshwanetse go dira eng?

Joseph o tenegela Anna. Anna o a lela. Mmaagwe Joseph o mo otlhaela go lwa le kgaitsadie. Joseph o swabetse gore o dirile tshwetso e e phoso.

Joseph o itshwarela Anna mme a bone thoe enngwe e a ka tshamekang ka yone. Ba tshameka mmogo ka boitumelo. Mmaabone o thabile gore Joseph o ne a le pelontle go kgaitsadie mme a tshegeditse kagiso mo lelwapeng. Joseph o ikutlw a itumetse gore o itlhophetse go itshwarela.

Morago, Joseph le Anna ba tlhokana le go thusa mmabo go baakanyetsa sefitlholo. Joseph ga a thuse. Anna o tshwanetse go dira eng?

Anna o ngongoregela go mmaagwe. Anna o omama ka gore o ne a tshwenelwa ke go dira tiro ale nosi. Ka nako ya sefitlholo mongwe le mongwe ga a itumela ka go omana moo.

Anna o itshwarela Joseph mme a thuse ka sefitlholo. Mmabo o lebogela thuso ya ga Anna. Lelwapa le ipelela go nna mmogo ka nako ya sefitlholo. Anna o ikutlw bomolemo gore o itlhophetse go itshwarela.

Goi tlhophela ga gago go itshwarela go ama jang boitumelo jwa ba lelwapa la gago?



# Go tlotla Dikgolagano tsa Rona

Bala sedirisiva se ka thapelo mme, fa go tlhogega, buisanya le bakaulengwe bao o ba etelang. Dirisa dipotso go thusa gore o thatafatse bakaulengwe mme o dire Mokgatlho wa Thuso gore e nne ntlha nngue ya botshelo jwa gago e e tlhaga.

Tumelo, Lelwapa, Thuso

**T**huto ya Ketelo ke go bontsha borutwana jwa rona le tsela ya go tlotla dikgolagano tsa rona jaaka fa re direlana le go thatafatsana. Kgolagano ke tsholofetso eo e itshokelang ele boitshepo gareng ga Modimo le bana ba Gagwe. “Fa re lemoga gore re bana ba kgolagano, re itse gore re bo mang le gore Modimo o solo fela eng go rona,” ga bua Mogolwane Russell M. Nelson wa khwaramo ya Baapose tolle ba ba Lesome le Bobedi. “Molao wa gagwe o kwadilwe mo dipelong tsa rona. Ke Modimo wa rona gape re batho ba Gagwe.”<sup>1</sup>

Jaaka rele baruti ba ketelo re ka thatafatsa bao re ba etelang mo maitekong a go tshegetsa dikgolagano tsa bone tse di boitshepo. Ka go dira jalo, re ba thusa go baakanyetsa masego a botshelo jwa bosa khutlheng. “Mokaulengwe mongwe le mongwe mo Kerekeng e yo o dirileng dikgolagano le Morena o na le taelo ya sele godimo ya go thusa go pholosa mewa, go etelelapapele basadi ba lefatshe, go thatafatsa magae a bone mo Sione, le go aga bogosi jwa Modimo,”<sup>2</sup> ga bua Mogolwane M. Russell Ballard wa Khwaramo ya Baapose tolle baba Lesome le Bobedi.

Jaaka fa re dira le go tshegetsa dikgolagano tse di boitshepo, re nna didirisiva mo matsogong a Modimo. Retlaa bo re kgone go buisana sentle ditumelo le go thatafatsana ka tumelo mo go Rraetsho yo o kwa Legodimong le Jeso Keresete.

## ***Gotsweng Mafokong a tumelo***

1 Nephi 14:14; Mosiah 5:5–7; 18:8–13; Doctrine and Covenants 42:78; 84:106

## ***Gotsweng mo Ditsong tsa Rona***

Tempele ke “lefelo la gofamalebogo a baitshepi botlhe,” Morena o ne a senolela Moporofiti Joseph Smith ka 1833. Ke “lefelo la taelo go botlhe bao baba bileditsweng mo tirong ya boruti mo go gothe ga di pitso le di ofisi tse di farologanyeng tsa bone; gore batle banne ka botlalo mo go tlhaloganyeng boruti jwa bone, ka thiori, mo molawaneng, mo thutong, le mo go sengwe le sengweng seo eleng sa bogosi jwa Modimo mo lefatsheng” (D&C 97:13–14).

Bakaulengwe ba Mokgatlho wa Thuso ko Nauvoo, Illinois, ka dingwaga tsa bo 1840 di simologa ba ne ba thusanya go baakanyetsa

ditlhomo tsa tempele. Mo ditlhomo tsa boperesiti jo bogolo jo Baitshepi ba Malatsi a Bofelo ba bo amogelang mo Tempeleng ya Nauvoo, “maatla a bomodimo [a ne a] iponagatsa” (D&C 84:20). “Jaaka Baitshepi ba tshegetsa dikgolagano tsa bone, maatla a a thatafatsa le go ba tlamela ka diteko tsa bone mo malatsing le dingwaga tseo ditlang.”<sup>3</sup>

Mo Kerekeng gompieno, basadi ba ba boikanyego le banna lefatshe ka bophara ba direla mo tempeleng le go tswelela ka go bona masego ao a a amogelwang fela ka dikgolagano tsa tempele.

## **DINTLHA**

- Russell M. Nelson, “Covenants,” *Liahona*, Nov. 2011, 88.
- M. Russell Ballard, “Women of Righteousness,” *Liahona*, Dec. 2002, 39.
- Daughters in My Kingdom: The History and Work of Relief Society* (2011), 133.

## ***Ke ka dirang?***

- Dikgolagano tsa bone di nthatafatsa jang?
- Ke thusa jang bakaulengwe bao Ke ba lebeletseng gore ba tshegetse dikgolagano tsa bone?

Go bona molaetsa yo montsi, ya ko [www.reliefsociety.lds.org](http://www.reliefsociety.lds.org)