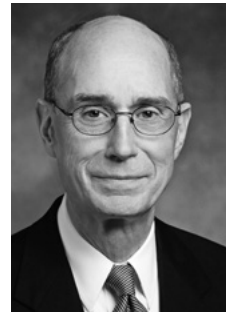


Presiden Henry B. Eyring

Nambawan Kaunsela insait
long Nambawan Presidensi



Bel isi insait long Dispela Laip

Long yumi olgeta husat i kam insait long laip long dispela graun, Sevia i tok, “Insait long dispela graun yu bai gat traime taim” (John 16:33). Tasol Em i bin givim dispela nambawan promis long ol disaipel bilong Em long taim bilong ministri bilong Em long dispela graun: “Bel isi mi lusim wantaim yupela, Bel isi bilong mi mi givim i go long yupela: i no olsem dispela graun i save givim, mi givim i go long yupela” (John 14:27). Em i wanpela gutpela samting long save olsem dispela promis bilong bel isi bilong wanwan manmeri i stap yet long olgeta disaipel bilong Em tede long kisim.

Sampela bilong yumi i stap insait long ol hap we i naispela and i gat planti bel isi, tasol yumi wok long pilim yet hevi insait long bel bilong yumi. Ol narapela lain i wok long pilim bel isi na stap isi we i stret tru insait long namel long bikpela traime, pen na taim nogut, na traime i wok long kam long ol yet.

Ating yu bin lukim wanpela mirakel bilong bel isi long pes bilong wanpela disaipel bilong Jisas Kraus o ating yu bin harim long toktok bilong em. Mi bin lukim planti taim pinis. Sampela taim em i bin long wanpela rum long wanpela haus sik we ol femili i bung raun long wanpela wokman bilong God taim em i stap klostu long dai.

Mi tingim gen taim mi bin visitim wanpela meri long haus sik sampela dei bipo long em i dai long kensa. Mi bin bringim tupela yangpela pikinini meri bilong mi long kam wantaim mi bikos dispela switpela sista i bin

wanpela Praimeri tisa bilong tupela.

Ol famili memba bilong em i bung raun long bet bilong em, ol i laik tasol long stap wantaim em long ol laspela taim bilong em long dispela graun. Mi bin saprais taim em i kirap na sindaun long bet bilong em. Em i putim han bilong em i kamaut long tupela pikinini meri bilong mi na tokim ol wanwan femili memba bilong em long tupela, kolim nem bilong wanpela na bihain narapela. Em i toktok long ol tupela pikinini meri bilong mi olsem tupela i pikinini bilong wanpela king na olsem ol i stap insait long hap bilong wanpela kwin. Em i painim wei long tok wanpela samting long hau wanwan manmeri insait long rum i disaipel bilong Sevia. Mi tingim yet strong bilong em, gutpela pasin bilong em, na lav insait long toktok bilong em. Na mi ting bek gen long hau mi bin kirap nogut long smail bilong em i lait maski olsem em i save olsem taim bilong em long dispela laip i bin sot.

Em i bin kisim pinis prishud blesing bilong stap gut, tasol em gen i givim mipela olgeta dispela testimoni i stap laip we i tok olsem dispela promis bilong Bikpela long bel isi em i tru: “Dispela ol samting mi toktok long en i kam long yupela, olsem long mi bai yupela i ken i gat bel isi. Long dispela graun yupela bai i gat traime taim: tasol yupela i mas hamamas; Mi winim pinis dispela graun” (John 16:33).

Dispela sista hia, em i bin kisim pinis invitesen bilong Em, olsem yumi olgeta i ken, maski wanem kain traime na trabel bilong yumi:

“Kam long mi, yupela olgeta husat i wok long wok istap na karim bikpela hevi, na bai mi givim yupela malolo.

“Kisim yok bilong Mi antap long yupela, na lainim long Mi; long wanem Mi man bilong pasin isi na husat bel i stap daunbilong: na yupela i bai painim pinis malolo long sol bilong yupela” (Matthew 11:28–29).

Em insait tasol long pasin bilong bihainim Sevia we yumi wanwan i ken painim bel isi na stap isi long ol traim we bai kam long yumi olgeta.

Ol preya bilong sakramen i bai halivim yumi long save long hau long painim bel isi namel long ol traim taim bilong laip. Taim yumi kisim sakramen, yumi ken save strong tru long stap wantaim feit long ol kavanen long bihainim Em.

Yumi wanwan promis long tingim Sevia. Yu i ken kisim long laik bilong yu yet long tingim Em long wanem kain we em i rait tru long pulim Em i kam insait long lewa na bel bilong yu. Sampela taim long mi yet, em long lukim Em long tingting bilong mi we Em i nildaun long Gaden long Getsemeni o long lukim Em singautim Lazarus i kamaut long matmat. Taim mi wokim dispela, mi pilim wanpela kain klostu long Em na wanpela tok tenk yu we i bringim bel isi i kam insait long lewa na bel bilong mi.

Yu promis tu long holim pas ol komanmen bilong Em. Yu promis long karim nem bilong Em antap long yu na long kamap olsem witnes bilong Em. Em i promis olsem taim yu holim pas ol kavanen bilong yu wantaim Em, bai Holi Spirit bai stap wantaim yu. (Lukim D&C 20:77, 79.)

Dispela bai bringim bel isi stat long tupela wei. Holi Gos save klinim yumi long sin bikos long Atonmen bilong Jisas Krai. Na Holi God i ken givim dispela bel isi we i kam long taim yumi kisim tok olrait i kam long God na dispela hop bilong laip oltaim oltaim.

Aposol Paul i bin toktok long dispela nambawan blesing: “Tasol dispela kaikai bilong Spirit em lav, hamamas tru, bel isi, pasin bilong karim pen long longpela taim, pasin isi, gutpela pasin, feit” (Galatians 5:22).

Taim ol lain bilong heven bilong karim toktok i tokaut long bon bilong Sevia, ol i tokaut i go olsem, “Glori i go long God i antap moa olgeta, na long dispela graun *bel isi i go long ol man*” (Luke 2:14; tok strong i stap insait). Mi tokaut long testimoni bilong mi olsem witnes bilong Jisas Krai olsem Papa na Pikinini bilong Em we Em i lavim tumas i ken salim Spirit long mekim yumi bai yumi i ken painim bel isi insait long dispela laip, maski wanem kain traim i bai kam long yumi na ol lain bilong yumi we yumi laikim tumas.

TISING I KAM LONG DISPELA TOKTOK

Presiden Eyring i tis olsem ol sakramen preya i ken halivim yumi long save long hau long painim bel isi long taim bilong ol traim bilong yumi. Ol i ken tokim yumi gen olsem taim yumi holim pas ol kavanen bilong yumi, yumi bai gat promis bilong God olsem Holi Gos bai i stap wantaim yumi. Tingim long askim ol dispela lain we yu tisim hau taim Holi Gos i stap wantaim yumi i ken halivim yumi long gat bel isi. Yu ken sherim ol tingting bilong yu o wanpela ekspiriens bilong yu long hau Holi Gos i halivim yu long painim bel isi long wanpela traim taim bilong yu. Yu ken laik tu long strongim bel bilong ol lain yu tisim long tingting long bel bilong ol dispela toktok long taim bilong sakramen long dispela wik.

YUT

Hau Bai Yu Holim Sevia Long Tingting bilong Yu long Dispela Wik?

Presiden Eyring i strongim bel bilong yumi long “kisim long laik bilong yumi long holim Sevia long tingting bilong yumi long wei olsem bai i rait tru long pulim lewa na bel bilong yumi i go long Em.”

Hau na yu save “holim Em long tingting bilong yu” long olgeta dei insait long wanpela wik (lukim D&C 20:77, 79)?

Yu gat sampela skripsa we i stori long Sevia we yu i save laikim tumas? Yu ken makim wanpela narakain skripsa long wanwan dei long dispela wik na sherim ol wantaim narapela manmeri.

Yu save singsing wanpela singsing lotu o wanpela singsing we i save litimapim yu long tingting bilong yu taim yu wok long pilim sori long yu yet? Ating makim long laik bilong yu wanpela singsing we i toktok tru long Sevia long dispela wik.

Yu save tingting long bel bilong yu long laip bilong Sevia na sakripais bilong dai bilong Em long taim bilong Sakramen long olgeta wik? Yu ken redim yu yet long sakramen wantaim tingting long ol sois bilong yu long dispela wik long olgeta taim holim Em long tingting bilong yu na tok sori long ol dispela taim we yu painim hat long tingim Em.

Yu save prei long ol sans long sherim gospel olgeta dei? Traim long gat wanpela gospel diskasen dispela wik

we i toktok moa long Sevia. Yu ken tokaut long testimoni bilong yu long Sevia long taim bilong femili hom ivining o toktok long wanpela poroman bilong yu long skul long wanpela nupela samting yu lainim long sios.

Mekim wanpela gol long tingim Sevia long wanpela spesol wei long dispela wik. Tokim papa o mama bilong yu, o wanpela brata o susa bilong yu, o wanpela lida long sios o wanpela poroman bilong yu long dispela gol. Long pinis bilong dispela wik, tokim ol long wanem samting i kamap long dispela gol. Yutupela wantaim bai pilim bel isi na hamamas we President Eyring i wok long toktok long en.

OL PIKININI

Kam long Krai

Sevia i bin promisim yumi bel isi taim yumi “kam long [Em]” (Matthew 11:28). Dispela i min olsem long bihainim eksampol bilong Em na traim long stap klostu long Em.

- Stap isi wantaim rispek long taim bilong sakramen
- Wokim long laik bilong yu long mekim gut na noken jasim ol narapela
- Ridim stori bilong Sevia insait long ol skripsa.



Feit, Femili, Rilif

Hamamas tru bilong Femili yu ken painim long Gutpela Pasin

Wantaim preya stadim dispela ol samting na lukluk long save wanem samting bai yu sherim. Hau bai save bilong yu long "Femili: Tokaut i go long Dispela Graun" bai litimapim feit bilong yupela long God na blesim ol dispela lain yu save was long ol thru long visitin tising? Long moa infomesen, go long reliefsociety.lds.org.

God "kamapim ol femili long bringim i kam long yumi hamamas, long halivim yumi long lainim ol stretpela strongpela skul insait long ples wantaim planti lav, na redim yumi long laip oltaim oltaim."¹ Long "bikpela plen bilong hamamas" bilong God (Alma 42:8), Presiden Russell M. Nelson, Presiden bilong Kwarom bilong ol Twelpela Aposol, i tok: Plen bilong Em i tokaut i go olsem man na meri em 'olsem ol i mas gat hamamas moa yet' [2 Nephi 2:25]. Dispela hamamas moa yet i bai kam taim ol i kisim long laik bilong ol long stap wanbel wantaim plen bilong God bilong laip oltaim oltaim."²

Dispela hom we Krai i stap namel i save givim bikpela opotuniti stret long win. Elder Richard G. Scott (1928–2015) bilong Kwarom bilong ol Twelpela Aposol i tok piksa olsem em i wanpela ples "we yumi i ken tisim dispela gospel, we yumi holim pas ol kavanen, na we lav i bai gro gut moa yet," we ol femili ken stap insait long "laip bilong harim tok" na kamap "gro strong tru insait long dispela gospel bilong Jisas Krai."³

Presiden Henry B. Eyring, Nambawan Kaunsela insait long Nambawan Presidensi, i tok: "Yumi

ken wokim desisen olsem yumi bai wokim olgeta samting yumi ken wokim long bringim kam daun ol pawa bilong heven i kam insait long femili bilong [yumi]." Na em i tru olsem yumi ken strongim lav, sevis, pasin bilong harim tok, na hamamas insait long ol hom bilong yumi taim "[ol pikinini bilong yumi] harim toktok bilong God na bihain traim wantaim feit bilong ol. Sapos ol i wokim dispela, ol pasin bilong ol bai senis long wei we bai wokim kamap dispela hamamas pasin we ol i wok long painim."⁴

Hom we Krai i Stap Namel

Yumi i gat ol eksampol bilong ol dispela hom we Krai i stap namel insait long ol skripsa. Bihain long papa bilong em, Lihai, i bin dai, Nifai i bin kisim femili bilong em na ol narapela husat i bilip long ol tok lukaut and ol revelesen bilong God na husat i harim ol toktok bilong Nifai na lusim hap bilong ol lain Lemenait. Long dispela nupela ples, ol lain Nifai bin nap long holim ol jasmen, lo, na ol komanmen bilong God long olgeta samting, na bihainim lo bilong Moses (lukim 2 Nephi 5:6–10). Tasol tu namel long ol lain Nifai, bihain taim sampela i no bin harim tok.

Na taim ol femili memba bilong yumi sampela taim ol i ken drip i go long we long gutpela pasin olsem ol lain Nifai i bin wokim, Elder Scott i tok olsem dispela hom we Krai i stap namel em i ken "givim yet dispela bikpela moa yet promis bilong bel isi na ples bilong sindaun gut insait long ol hom bilong yumi." Em i save olsem "bai i gat yet planti traim na bel pen, tasol tu insait long namel bilong hevi, yumi ken kisim wantaim hamamas bel isi insait long yumi na bikpela hamamas."⁵

Sampela narapela skripsa

3 John 1:4; 1 Nephi 8:12;
2 Nephi 5:27

OL NOUT

1. *Hanbuk 2: Wei bilong Ronim Sios* (2010), 20.3.10.
2. Russell M. Nelson, "Celestial Marriage," *Liahona*, Nov. 2008, 92.
3. Richard G. Scott, "For Peace at Home," *Liahona*, May 2013, 30, 31.
4. Henry B. Eyring, "The Teachings of 'The Family: A Proclamation to the World,'" *New Era*, Sept. 2015, 5, 6.
5. Richard G. Scott, "For Peace at Home," 31.

Tingim Dispela

Bai yumi ken wokim wanem samting long stap wantaim gutpela pasin moa insait long ol femili bilong yumi?