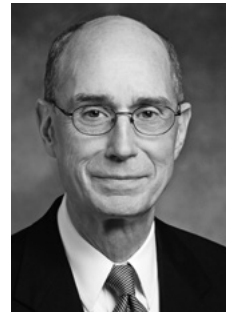


**President Henry B. Eyring**  
Sounsawas Keieu nan Presidensi Keieu



# Popohl nan Mouret

**S**ounkomouro mahsanihiong kitail koaros nan mour wet me, “Sampah pahn kalokei kumwail” (Sohn 16:33) Ahpw E ketkiheng Sapwellime tohnpadahk ko inou wet ni ansou me E ketin wiewia Sapwellime rong-amwahuo; “I kihong kumwail popohl, pein ei popohl me I kihong kumwail, I sohte kihong kumwail nin duwen me sampah wet kin wia” (Sohn 14:27). Mehd kansenamwahu atail wehwehki me inou en popohl wet pepeuslahte ong Sapwellime tohnpadahk kan rahn wet.

Ekei kitail kin koukouson nan wasa lingan oh meleilei, ahpw kitail kin aiahnki irehn kopwunod nan loalatail. Ekei kin ahneki popohl oh meleilei detehn irail sohsohpa mehlahn peneinei, kahpwal oh kasongsong poatopot kan.

Kumwail mwein kilangehr manaman en popohl wet nan mesen emen tohnpadahk en Sises Krai de rongehr nan ah koasoai kan. I kilangehr met pak tohto. Ekei ansou e wiawi nan ehuh perehn imwen wini wasa me tohn ehuh peneinei pokonpenehr rehn emen ladu en Koht me kerationgehr en kapelsalehdala.

I tamataman ahi pwarek lihemen nan imwen wini rahn kei mwohn en liho kapelsalehdalaki kanser. I wa nei serepein pwulepwul riemen en iang ie pwe lih kadek menet wiahier ara soupadahk en Praimeri mahs.

En liho ah peneineiko kapelpenehier ah pehto, mentehno irail en iang ih ni imwilahn en liho ansou pohn sampah. I luskihda en lih ah mwohdada nan pehto. Liho pengdohng nei serepeinko oh kawehwe ihs ira koaros, ong emen emen

irail, tohn ah peneineiko. Mwoamwen en liho kawehwe nei serepeinko likamw ira wia aramas lapalap kei nan mwoalen emen nahnalek. Liho doadoahngki koasoai me kawehwe me emen emen irail me mihmi nan pereho wia emen tohnpadahk en Sounkomouro. I tamatamante uwen kehlail, soi-soi oh kehmpoake me sansal nan ngilen liho. Oh I tamanda ahi luskihda en liho ah pohkoamwokomw en peren detehn e ese me ah tungoal ansou mwoatomwotalahr.

Liho alehier kapai en prihsduhd pwehn nsenamwahu, ahpw e kiheng kiht koaros ehuh kadehde kehlail me sapwellimen Kauno inou en popohl me mehleh: “I padahkiheng kumwail mepwukat pwe kumwail en ahneki popohl ni amwail miniminiong ie. Sampah pahn kalokei kumwail, ahpw kumwail koapworopwor, pwehki I kalowehdier sampah” (Sohn 16:33).

Liho alehier Sapwellime luhko, me kitail koaros kak, mendahte atail kasongsong oh kahpwal kan.

“Kumwail kohdo rehi, kumwail koaros me pwangadahr oh toutoukilahr amwail mehn wisik kan, I ahpw pahn kommoaleikumwailla.

“Kumwail ale oh kapaikada ei mehn wisiket, oh kumwail padahngki sang ie, pwe I me opampap oh nan kapehd karakarahk: kumwail ahpw pahn diar kommoalpen ngenomwail kan. (Madiu 11:28–29).

Pwe sangete atail kin ideidawehn Sounkomouro me kitail kak diarki popohl oh meleilei nan kahpwal kan me pahn kin lelohng kitail koaros.

Kapakap en kamadipw sarawi sewesehkin kitail enese ia mwoamwen atail kak diar popohl nan atail kahpwal en mour kan. Ni atail ale kamadipw sarawi, kitail kak koasonehdi kitail en pwoson atail inou kan en idawehn Ih.

Emen emen kitail inoukihda en tamataman Sounkomouro. Kumwail kak pilada en tamataman Ih ni soangen mwoahmw ehu me kin keieu kamwakid amwail mohngiong ong Ih. Ekei ansou, nan ahi lamalam, I kilang Ih wie kelekelepwiki nan Mwetuwel en Kedsemeni de I kilang Ih ekehker Lasarus en pidohido sang nan sousouo. Ni ei kin wia met, I kin kehn ahi karanih Ih oh kalahngan me kin wahdo popohl nan ahi mohngiong.

Kumwail pil inouki kumwail en kolokol Sapwellime kosonned akan. Kumwail inouki kumwail en ale Mware oh wia Sapwellime soun kadehde. E ketin inouki me ni amwail kin kolokol amwail inou kan ong Ih, Ngehn Sarawi pahn ieiang kumwail. (Tehk D&C 20:77, 79.)

Met kin wahdo popohl ni soangen mwoahmw riau. Ngehn Sarawio kin kamwakeleikitailda sang dihp pwehki Toamw en Sises Kraiss. Oh Ngehn Sarawio kak ketkihng kitail popohl me kin pwilsang sapwellimen Koht kamaman oh koapworopwor en mour soutuk.

Wahnparon Paul mahsani kapai kaselel wet: “A iet akan wahn Ngehno: limpoak, peren, popohl, kanengamah, kadek, loalopwoat” (Kalesia 5:22).

Ni en tonleng kan kalohkihda ipwidi en Sounkomouro, irail kalohki, “Kaping ong Koht nanleng wasa ileilehie, oh mwehl *kapohl* nin sampah” (Luhk 2:14; lihpw tohrohr kapatapatehng). I kadehde ni ahi wia soun kadehde en Sises Kraiss me Sahn Nanleng oh Sapwellime Ieroso kak ketkihda Ngehno en mweidehng kitail en ahneki popohl nan mour wet, sohte lipilpil kasongsong kan me kin lel kitail oh kempoakepatail kan.

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## PADAHK SANG NI MAHSEN WET

Presiden Eyring padahngki me kapakap en kamadipw sarawi kak sewesei kitail en kak ese mwoamwen atail pahn diar popohl nan atail kahpwal kan. Kapakapko katamankin kitail me ni atail kolokol atail inou kan, kitail kolokol sapwellimen Koht inou me Ngehn Sarawio pahn kin ieiang kitail. Medewe peidek rehrail me kumwail kin kasukuhli ia mwoamwen atail kin kolokol Ngehn Sarawi eh kin sewesei kitail en ahneki

popohl. Kumwail pil kak ehukihong irail amwail mada-madau de ehu irair me pid en Ngehn Sarawio eh sewesei kumwail diar popohl nan ansou apwal. Kumwail kak kangoange irail kan me kumwail kin kasukuhli en medemedewe padahk wet nan ansoun kamadipw sarawi nan wihket.

## ME PWULOPWUL KAN

### Ia Mwoamwen Amwail Pahn Tamataman Sounkomouro Nan Wihket?

Presiden Eyring kangoangei kitail en “pilada tamataman [Sounkomouro] ni soangen mwoahmw ehu me keieu kamwakid amwail mohngiong ong Ih.”

Ia mwoamwen amwail kak tamataman Ih nan wihk wet pwon (tehk D&C 20:77, 79)?

Mie irehn pwuhk sarawi me kumwail pwungki me kin koasoia Sounkomouro? Kumwail kak kilelehdi ehu ehu irehkan rahn koaros nan wihket oh ehukiong emen tohrohr.

Kumwail kin koulki koul pwoat de medewe koul pwoat me kin kamwakid kumwail ansou me kumwail kin mwarosala? Mwein pilada oapwoat koul me ni mehlel pidada Sounkomouro nan wihket.

Kumwail kin douloali mour en Sounkomouro oh sapwellime toamwo ni ansoun kamadipw sarawi wihk koaros? Kumwail kak kaunopeng kamadipw sarawi ni amwail kin kataman amwail pilipil kan nan irair en wihko oh tamataman Sounkomouro ansou koaros oh kin keluhla ni ansou kan me kumwail kin nannanti.

Kumwail kin kapakapki kumwail en ahneki ansou mwahu en kalohki rongamwahuo rahn koaros? Soang kumwail en koasoia duwen rongamwahuo me pid Sounkomouro nan wihket. Kumwail kak wia amwail kadehde me pid Sounkomouro nan sarawi en peneinei de koasoiaiong emen kempoakepamwail nan sukuhl me pid irair ehu me kumwail diar nan sarawi.

Koasonehdi kumwail en tamanda Sounkomouro ni soangen mwoahmw kaselel ehu nan wihket. Padahkihong pahpa/nohno, emen riomw, emen kaun, de emen kempoakepamwail amwail koasondio. Ni imwin wihko, ndahieng irail dahme wiawi. Kumwail pahn pehm popohlo oh pereno koaros me Presiden Eyring koasoiaiero.

## SERIHKAN

### Kohdo rehn Krajs

**S**ounkomouro inoukiongehr kitail en ahneki popohl ma kitail “kohdo [Reh]” (Madiu 11:28). Met wehwehki ideidawehn Sapwellime karasaras oh soango-soang en karkarani lh.

- Ahneki wahu ni ansoun kamadipw sarawi.
- Pilada sapan oh dehr kadeik mehteikan.
- Wadek duwen Sounkomouro nan pwuhk sarawi kan.



Pwoson, Peneinei,  
Sawas

# Peren en Peneinei Kin Dierek nan Mour pwung

*Onopki ni kapakap dipwisou wet oh rapahki ken esehla dahme ke pahn ehukihiheng mehteikan. Ia duwen wehwehkihla "Peneinei: Kalohk Ehu ong Sampah" eh pahn kalaudehla ahmw pwoson Koht oh kapaiada irail akan me ke kin pwukoahki ansoun padahk en pas? Ong pil ekei iren kapehse, tehk relief society.lds.org.*

Koht "kauwadahr peneinei pwehn wahdohng kitail peren, sewesei kitail en esehla padahk pwungkan ni limpoak, oh kaunopkitailda ong mour soutuk."<sup>1</sup> Me pid sapwellimen Koht "koasondi lap en popohlo" (Alma 42:8), Presiden Russell M. Nelson, Presiden en Pwihn en Wahnparon Ehkriemeno, mahsani: "Sapwellime koasondio kalohkihda me ohl oh lih wia met 'pwe irail en kak ahneki popohl' [2 Nephi 2:25]. Popohlwo kin miehda ni atail kin pilada kitail en momourki sapwellimen Koht pilahn soutuko."<sup>2</sup>

Peneinei me pahsonki Kraiss me kin kihda ansou keieu mwahu en pweida. Elder Richard G. Scott (1928–2015) en Pwihn en Wahnparon Ehkriemeno kawehwe me wasao wia "wasa me rongamwahuo kin kasukuhl ie, kin kolokol inou kan, oh limpoak kin kipehdi," wasa peneinei kan kak momourki "mour peik ehu" oh "katengtengedi nan rongamwahu en Sises Kraiss."<sup>3</sup>

Presiden Henry B. Eyring, Soun-sawas Keieu nan Presidensi Keieu, mahsani: "Kitail kak koasonehdi me kitail pahn wia uwen atail kak koaros en wahdo manaman kan

en nanleng nan [atail] peneinei." Oh kitail pahn men kangoange "[neitail serihkan] en ahneki limpoak, papah, peik oh peren nan imwatail kan ni arail kin rongorong mahsen en Koht oh soangosoang en alasan ni pwoson. Ma irail wia met, arail mour kan pahn kiewekila oh kin dihdar peren me irail kin raparapahki."<sup>4</sup>

## **Peneinei kan me Pahsonki Kraiss**

Mie karasaras en peneinei kan me pahsonki Kraiss nan irehn pwuhk sarawi kan. Mwurin en eh pahpao, Lehi, kapelsalehdala, Nephi ale oh wahsang nan sapwen men Laman kan ah peneinei oh mehteikan me kin kamehlele padahk oh kaudial kan en Koht oh kin kapwaihda en Nephi koasoi kan. Nan wasa kapw wet, mehn Nephi kan kak kolokol audepen tenek oh kosonned akan en Kauno nan mehkoaros, nin duwen kosonned en Moses (tehk 2 Nephi 5:6–10). Ahpw kedekedeo ekei mehn Nephi kan kin wiahla aramas sapeik.

Oh ni ansou me ekei atail peneinei kan kin kadohwan irail sang

mour pwung me duwehte mehn Nephi kan, Elder Scott masani me peneinei me pahson ki Kraiss kin "kangkakete patohwenda wasahn popohl oh meleilei keieu mwahu nan iwmatail kan," E kadehde me "e pahn miehte kasongsong tohto de ire kansen-suwed kan, ahpw detehn kitail mi nan eilep en atail kahpwal, kitail kak diar popohl oh peren mehlel nan loalatail kan."<sup>5</sup>

## **Iren Pwuhk Sarawi Kapatapat kan**

3 Sohn 1:4; 1 Nephi 8:12;  
2 Nephi 5:27

### **IREN SAWAS AKAN**

1. *Handbook 2: Administering the Church* (2010), 1.1.4.
2. Russell M. Nelson, "Celestial Marriage," *Liahona*, Nohpembe 2008, 92.
3. Richard G. Scott, "For Peace at Home," *Liahona*, Mei 2013, 29.
4. Henry B. Eyring, "The Teachings of 'The Family: A Proclamation to the World,'" *New Era*, Septembe 2015, 5, 6.
5. Richard G. Scott, "For Peace at Home," 31.

### **Medewe Met**

Dahme kitail kak wia pwehn momourki mour pwung nan atail peneinei kan?