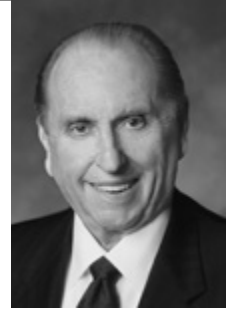


Sang President
Thomas S. Monson



Kesihnenda duwehte ehu Marain

I anikihier ansou mwahu en towehda kidelepen kowoupen tiahk me patehng kasarawi kan en tehnpas sarawi. I kaselelki koaruhsie, iangahki ehu me ahpw-tehn wiawi me I iang towehda nan Phoenix, Arizona, USA, nan Nohpembe nekiero.

Pwihn pwulopwul en Mwomwohdiso wet me iang patehng kowoupen tiahk ko kasalehda pwurokram kaselel kei. Pahr teio nan Phoenix, mwohnte kasarawio, I ndahieng irail ko me iang towehda, “Kumwail seri en marain.”

I men irail koaros me pwulopwul kan nan Mwomwohdiso en ese me irail seri en marain. Me duehte, irail ahniki pwukoah ieu pwe irail en wia “kamarain pen sampah”(Pilipai 2:15). Irail ahniki pwukoahn ehukieng mehteikan duwen mehlel kan en rongamwahuo. Irail ahniki ehu malipilip ren kesihnenda duwehte ehu marain en tehnpas sarawi, me kin kasalehda marain en rongamwahuo ong wasa kan me rotorot inenen kipedier. Mie soahng ieu me re pahn wia pwe ren kolokol arail marain oh en kak wie lalaudla.

Pwe kitail en kak wia “ehu mehn kahlamangih en irail kan me pwoson” (1 Timothy 4:12), pein kitail anahne kamehlele. Kitail anahne kakairada pwoson pwe kitail en kak mourla ni pali-ngehn oh kihwei marain rehn mehteikan. Kitail udahn pahn kakehlailiala atail kadede lao e wiahla angkehn atail mour.

Me patehng soahng kan me keieu kak seweseikitail pwe kitail en kak alehda oh kolokol pwoson me kitail

anahne rahn wet iei wadek oh onop pwuhk sarawi kan oh poaden kapakap ansou koaros. I nda, ong kumwail me pwulopwul kan en Mwomwohdiso, ma kumwail saik wia, ansou mwahu met kumwail en tapiada wadek pwuhk sarawi oh kapakap rahn koaros. Ma sohte kaiahn kesempwal riau pwukat, lipwalipw kan sang liki oh soahng mehlel kan me kin ekei ansou suwed nan mour kak karo-tongehla de kasohrehla amwail marain.

Sounpar en me pwulopwul kan sohte kin mengei. Iei sounpar pwukat me Sedan pahn kasongsong kumwail oh wia uwen eh kak koaros pwe en kaseikumwailsang nan ahlo me pahn kapwureikumwailla nan soanemwailo nanleng. Ahpw ma kumwail wadek pwuhk sarawi oh kapakap oh ma kumwail papah oh peik, kumwail pahn esehla mwahu “maraino me kin lingada nan rotorot” (D&C 6:21), atail mehn Kahlamangio oh kakehlapatailo—iei Kaun Sises Krais. Ih me ketin wia Marain me kitail en koloda pwe en serehda wasa rotoroto (Tehk3 Nephi 18:24).

Ma amwail kadede Sounkomouro oh Sapwellime rongamwahu kapwurupwurdou kehlail, amwail ansou mwahu kan en lingada pahn poatoapoa. Re kin mihmi rehmwail rahn koaros, nan sohte lipilipil dahme pahn wiaiwhiang kumwail. Ni amwail pahn idawehn karasaras en Sounkomouro, kumwail pahn ahniki ansou mwahu en wia mehn kamarain, ni ansouhte, nan mour en irail kan me mihmi limwahnwail—e pil kak irail me wia tohn amwail peneinei, iengemwail tohnsukuhl, tohn-dadoahk, aramas me

kumwail ahpwtehn wehwehkihla, de me kumwail sehse douluhl.

Ni amwail wia ehu kamarainpen sampah, aramas me mihmi limwahmw kan pahn kehn ehu soangen ngehn me pahn kahrehda arail men patehng kumwail oh idawehn amwail karasaras.

I peki rehn nohno oh pahpa kan oh sounkaweid en neitail me pwulopwul kan en sewese irail pwe ren kak tengedieng dahme mehleh oh pwung. Sewese langahieng irail ren kilang ewen kehl kan en kamarain, en wehwehkihla, oh en papah nan wehin Koht. Wiahieng loaleraail kan en kehlail pwe ren kak powehdi kasongsong kan en sampah wet. Kihhieng irail ngong en momourki mwakelekel oh pwoson, kapakap ansou koaros, oh kilengdalahng nanleng pwe en wia arail mehn katengteng kokkohahte.

I ndahieng kumwail me pwulopwul kan, Samatailo Nanleng ketin poakohng kumwail. Kumwail en pil kak pehm me kaun kan nan Mwomwohdiso wet pil poakohng kumwail. Kumwail en pil kak inengieng papah Samatail Nanleng oh Sapwellime Iehroso. Oh ansou koaros kumwail en weweid ni mehleh oh wia mehn kamarain ong Sapwellimen Koht seri kan.

PADAHK SANG IREN MAHSEN WET

Medewe koasoaiahieng irail kan me kumwail kin padahk ong ia wewehn wiahla, “[seri] en marain” men. lahng pwukoah kan me e pidada? Kumwail kak koasoaipene ansou kan me arail marain kin lingaling oh dahme kin kahrehda. Peki rehriail ren tamanda aramas emen, kak emen me pwulopwul, emen iengerail tohn doadoahk, de emen tohn arail peneinei me ele anahne sawas en marain. Eri kumwail kak patpene kapakapki duwen ehu wiepen ehukihieng aramaso marain.

ME PWULOPWUL KAN

Mpwul en Marain

President Monson padahngki me irail me pwulopwul kan en Mwomwohdiso wet “ahniki malipilip en

kesihnenda duwehte marain en ehu tehnpas sarawi, me kin kasalehda marain en rongamwahuo ong sampah me wie rotorotalahr.” E kasalehda soahng kei me kumwail kak wia:

Ehukiong mehteikan rongamwahuo

Kamehele

Kakairada pwoson

Wia ehu mehn kamarain ong mehteikan

Takehlailiala ahmw kadedah lao e wiahla mehn kateng-ehdi ahmw mour

Wadek oh onop pwuhk sarawi kan

Poaden kapakap ansou koaros

Papah

Peik

Medewe sohng pein kowe sang 1 lel 5 nan ehu ehu soahng pwukat. Ong wasa kan me deng tikitik, ke kak onop oaralap pwukat nan pwuhk sarawi kan de tehk nan LDS.org. Mwurin amwail onopehr oaralap pwukat, kumwail kak medewehda soangen wiepe kan me kumwail kak kakehlailiekihla wasa pwukat oh koasoanehdi dahme kumwail en wia.

SERI KAN

Kalaudehla amwail marain

Ni omw wia emen seri en Koht, kowe emen seri en marain. Ke kak alehda marain laud sang ni ideidawehn atail Sounkomouro, Sises Krais. Sises Krais oh Sahmo Nanleng ketin poakohnguhk oh kupwuki ken kamarainih mehteikan oh kahlwairailahng rehn Krais. Ke kak lingada sang ni omw wia pein kowe ni omw kin peikieng kosonned kan, me duwehte kin wie kapakap oh wadewadek pwuhk sarawi kan. Mahleniada ekei usu nan ehu tehn doaropwe oh ntingiedi iren madamadu kan me pid duwen omw kak dakerada mehteikan duwehte karasaras me Sises Krais ketin wiao (karasepe, “kohla sarawi,” de “sewese ahi peneinei”).



Wiewia Sarawi kan en Sises Krai: Meleilei oh Aktikitik

Onop ni kapakap dipwisou wet oh rapahki ken wehwehki dahme ke pahn ehukieng mehteikan. Ia duwen wehwehkihla mour oh wiwia en Sounkomouro eh kin kalaudehla ahmw pwoson Ih oh kapaiada irail kan me ke pwukoahki tetehek ansoun visiting teaching? Ong pil ekei iren kepehse, tehk reliefsociety.lds.org.

Pwoson, Peneinei, Sawas

Met wia kisehn Iren Padahk en Visiting Teaching kei me kasalehdahr mour oh wiewia sarawi kan mwahu en Sounkomouro.

Sises mahsanih, “Mehmen me Slapalap rehmwail, en duwehla kisin seri kan; oh me men kaun, en wiahla soun papah. Pwe ihs me lapalap, irail kan me mwohdehng kisin tungoal akan, de irail kan me kin papah? kaidehn ih me kin mwohdehng kisin tungoal akan? ahpw ngehi emen nan pwungamwail me wia soun papah” (Luke 22:26–27).

“Sounkomouro wia atail mehn karasaras keieu laud en kak aktikitikla oh mweidala pein ih pwehki kitail. Me keieu kesempwal nan poadopoad en Sapwellime doadoahk me E ketin kaimwseklahr, iei ansou me E ketin kapwaiada kupwuren Semeo. Mwein ekei mahsen me keieu sarawi kan nan pwuhk sarawi koaros iei, ‘Kaidehn nsenei, ahpw kupwuromwi, en pweida’ (Luke 22:42).¹

Wia werek en Sises Krai, kitail kin ansou koaros rapahki dahme kitail pahn duwehkihla Ih. “Aktikitik inenen kesempwal ong kitail pwe kitail en kak duwehla douluhl Krai,” Elder Ulisses Soares en Pwihn en Isiakano me koasoai. Ma sohte met kitail sohte pahn kak kairada soahng kesempwal

teikan. Aktikitik sohte wewehki luwet, ahpw e wewehki wiahda me mwahu oh kadek, kasalehda kehlailei, meleilei, kak warohng, oh kak kaunda pein kowe.”² Ni atail pahn doadoahk pwe en kalaudehla mwekid wet, kitail pahn diarada me “aktikitik oh mweidala pein kitail ong Sahmo kin wadohng kitail manaman en Koht—iei kehl en kak aktikitikla. Iei manaman wet me kak seweseikitail nan kahpwal akan en mour wet, manaman en meleilei, manaman en koapwoaropwoar, manaman en kamwakidki mohngiongitailei kan limpoak ong oh kadede en Sounkomour Sises Krai, duwehte manaman en doarehla.”³

Iren Pwuhk Sarawi Kapatapat Kan

Madiu 26:39; Sohn 5:30;
Mosiah 3:19; Helaman 3:35

Sang Pwuhk Sarawi kan

Ehu me keieu kesempwal oh inenen kehlailei nan irair en Sapwellimen Krai kalohk iei ansou me E ketin widen nehn Sapwellime werek ko. “E ketida sang ni tehpele, oh ketikihsang sapwellime likoun likio; oh E ahpw kihda daul ehu, oh pirehkipene lukepeo. Mwirin mwo e ketin widekidiong pihl nan ehu peisin, oh tepda widen nehn werek ko, oh limwieki daul me e pirehieng

ni lukopeo” (Sohn13: 4–5).

Ni Sounkomouro eh ketin tapiada wia tiahk sarawi wet, werek ko inenen pwuriamweihkihla arail Kaun oh arail Sounpadahk eh kak ketin kelepewidi mwohrail oh wia soangen sawas aktikitik wo. Sises eri ketin kawewehiong irail padahk ko me E kupwurki irail oh kitail koaros en esehla:

“Ma I ansou, amwail Kaun oh Sounpadahk, widendahr nehmwail kan; kumwail pil udahn pahn widenda nehn emen emen kumwail.

“Pwe I kihengkumwalehr ehu mehn kahlimangih, me kumwail uhdahn pahn wia duwe dahme I wiahengkumwalehr” (Sohn 13: 14–15)

IREN SAWAS AKAN

1. Richard C. Edgley, “The Empowerment of Humility,” *Liahona*, Nov 2003, 99.
2. Ulisses Soares, “Kumwail Aktikitik oh Ahniki Mohngiong Karkarahk,” *Liaona*, Nov. 2013, 9.
3. Richard C. Edgley, “The Empowerment of Humility,” 99.

Medewe Met

Ia duwen ahniki aktikitik eh kak sewesehkitail limpoak duwehte me Sises Krai ketin wiao?