

Sang President
Dieter F. Uchtdorf

Sounsawas Keriau
nan Presidensi Keieu



Mehkoaros Mwahu

Ni ei kin medewe poadopoad en atail paionihr kan, ehu mwekid sansal me I kin tamanda iei koul wet “Come, Come, Ye Saints” (*Pwukon Koul*, nempe 30). Irail me iang seilok reireio kohla Salt Lake Valley kin kalapw koulki koul wet nan ansou me re seiseiloc seli.

I ese ni mehlel me soahng koaros sohte sonamwahu rehn irail Souleng kan. Irail mihra pahn apwal laud sang kahpwal en soumwau, karakar, dau, peu, per, duhpek, medek, peikasal oh mehla.

Ahpw mehdahte eh mie kahrepenn arail pahn werkihla, “Mehkoaros sohte mwahu,” irail kakairada wiewia ehu me kitail kepkepinga lel rahnwet. Irail mendahkihla arail kahpwal kan pwehn ale kapai soutuk. Irail kaping kalahnganki dahme re diar. Mendahte arail kahpwal kan, irail koulki uwen arail kak koaros. “Mehkoaros mwahu!”

Atail kepinga paionihr kan pahn sohte katepe ma e sohte kahrehda atail kehn mehkot loalatail. I kosoia ekei arail mwekid kan me sair ie ni ahi kin medewe arail tohmetei oh inou kan.

Kadek

Paionihr kan kin nsenohki emen emen irail mendahte eh wekpeseng uhdakerail oh wasa irail kohsang ie. Itarte ah kin kapwanda irail, kahrehda soansuwed de tohmetei laud oh kahpwal, irail kin uhdi oh sewesehda emen emen irail.

Nan sampa liseliping oh uhpene wet, anahn en aramas kan kin kalapw kahrehda atail sohte kin nsenohki apwalih

mehteikan de kakehlailala wehin Koht. Nan mour en rahn wet, kesemwpwal en aramas emen kin peiante uwen ah pweida oh kepwehpwe.

Wia mehkot mwahu ma dahme kitail kin kosonehdi oh kodoahke kin pweida. Ahpw ma atail insenamwau en anahn kan kin pweida sang ni atail sohla nsenohki, pohnsehsehla de kamedekehla ekei aramas, ele pweinen pweidaho me nohn kesemwpwal.

Paionihr kan kin petehkpene nan pwungarail ni ansou me re kin wie seiseiloc seli, ahpw re pil kin medemedewe irail ko me pahn kohdo mwuhr ni arail kin padokedi wahn tuhke kan ong irail me pahn idawehn irail do.

Irail ese uwen kehlepen peneinei oh kempoakeparail kan. Oh pwehki arail kin ehupene, irail wie kekehlaila. Kempoakparail kan wiahla arail peneinei.

Paionihr kan wia mehn kataman mwahu ehu me kahrehda kitail en dehr lohdiong nan kasongsong en nsenohki te pein kitail, ahpw kitail en pengla pwehn sewese oh pokepoke ni mehlel emen emen kitail.

Doadoahk

Kohdo Souleng, kan wonwei oh dehr masak;

Lepin kahs wet wiahla koul sarawi ehu ong irail me luwetkilahr arail seilok. E apwal ien medewe uwen doadoahk laud me souleng pwukat wia. Alu wia ehu mwekid me keieu mengei me re wia. Irail koaros anahne sawas pene pwe ren kak diar kisin mwenge, onehda kuruma kan, apwali mahn akan, sewese me soumwahu

oh luwet kan, rapahki oh wahdo pihl, oh pere irail sang me keper kan oh meninkau tohto kan me kin mie nan sahpw tehno.

Irail kin pirida ni menseng ni arail wehwehki kahrepeh kan oh kilel me irail anahne alehdi: iei ren papah Koht oh men imperail kan oh ren lella nan Wahu en Salt Lake. Rahn koaros arail kahrepe oh kilel kan kin sansal mwahuong irail; irail ese dahme irail anahne wia oh dahme pweida nan ehu rahn wia mehkot kesemwpwal.

Nan atail mwehiet me—mehkoaros me kitail anahne kin mengei en alahldi—kahrehda kitail kin ale kasongsong en men pweiek de pwangada ni ansou me kitail kin loieng nan ahl me mwurakan de ukada me kin kohdo mwohtail. Ni ansou pwuko, kitail pahn kehlailla ma kitail kin tamanda irail ohl, lih, oh seri kan me sohte mweidong soumwahu, kahpwal, weirek, de pil mehla en kahluwa irail sang nan arail ahlo.

Paionahr kan esehla me wia doadoahk laud oh apwal kin kaloaliala oh kakehliliala paliwar, mwahliel, oh ngehn; kalaudehla arail wehwehki arail pwukoa sarawikan; oh kadaiala arail poakohng mehreikan. Wiewia pwukat katengehdi ngenarail kan oh wiahla kalahngan ehuong irail ansou reirei mwurin arail kotehlahr ahl patapat kan oh nahna kan.

Koapwoaroapwoar

Ni en paionahr kan kin koul, irail kihda kesiluhn padahk: "Ahpw ni popohl douluhl kohwei."

Met e wia ehu ire kapwuriamwei nan mwehiet ni atail alehdier kapai tohto oh met ni ansouhite kitail pil kin nsensuwed. Kamwahu kaselel en kepwehpwe oh dipwisiou en doadoahk kapw kan kapel kitailpene oh kahrehda atail nsenamwahu, peren, mwadang oh mengei en alehdi nsenatal. Ahpw kitail wie kilekilang kapahtou laud kapel kitailpene.

Paionahr kan, me wiahier tohnmetei laud, mweselda nan arail sohte wahda kisin mwenge oh soahngkan me anahnpe keieu laud pwehn momour. Irail wehwehki me popohl sohte kin miehda sang ni paiamwahu de aksiden. Udahn e sohte pil kin kohsang ni pweidahn atail ouraman en anahnakan. Popohl sohte kin mie sang ni wiewia en likih kan. Popohl kin kohda sang loalle—sohte lipilipil dahme kin wiewiawi limwahtail kan.

Paionahr kan wehwehki me pwehki ngehno irail diar popohl nan mehkoaros me irail kin loieng oh nan kasongsong koaros—menda ma kasongsong pwuko kin sairada wasa loal oh kamwakidada poahson en arail mour kan.

Kasongsong kan

Ekei ansou kitail kin medewehla dahme paionahr kan powehdier oh kitail kin nda, "Kalahnganki ei sohte iang momour ni ansou." Ahpw I kin medewe ma irail paionahr eima ko, kak kilang kitail rahnwet, ma re seu pahn sohte pil nda soangen koasoio.

Pwehki ansou oh mwekid kan wekdeklahr, koasondihan en sohpai kasongsong oh kak en momour pene nin duwen tohn wasahn kouson poakpene oh pweida ehu pahn kupwuren Kohte sohte wekila.

Kitail kak kasukuhlki en ahniki pwoson oh koapwoaroapwoariki Koht sang paionahr kan. Kitail kak kasukuhlki en ahniki limpoak sang mehreikan. Kitail kak esehla me doadoahk oh pwerisek kin kapaida kaidehnte paliwaratail ahpw pil palingatail. Kitail kak esehla me popohl kak mie rehtail sohte lipilipil soangen mwekid da me kitail mihami loalle.

Wiepe me keieu mwahu kitail en kak wauneki oh kasalehda atail kalahngan ong paionahr kan iei en kapidelong nan atail mour pwoson sapwellimen Koht kosonned akan, limpoak oh poakpoake aramas, oh pwerisek, koapwoaroapwoar oh popohl me paionahr kan kasalehda mwahu nan arail mour.

Ni atail wia mwo, kitail kak lella nan ansou kan, kolpehn irail paionahr kesemwpwal kan, oh patehng irail koulki: "Mehkoaros mwahu! Mehkoaros mwahu!"

PADAPADAHK SANG IREN MAHSEN WET

Kumwail pahn men tepiada koulki "Come, Come, Ye Saints" (*Pwuken Koul*, nempe 30) ohng irail kan me kumwail pahn tuhwong. Kumwail kak ehukihda ehu mwekid me kumwail de mehmen me kumwail ese ni eh doadoahngki kaweid en limpoak, doadoahk, de koapwoaroapwoar. Ma konehng, kumwail kak kadehde duwen kapai kan me kin kohda sang ni momourki kaweid pwukat oh inoukiong irail me kumwail pas rehrail me irail kak alehdi soangen kapai kohte.

ME PWULOPWUL KAN

Kolokol ehu Rekohd

President Uchtdorf karasa rahn pwukat ong mwehin paionahr kan. Ni amwail sohte iang kotehla patapat tehlapo, kumwail pil kak duwehte paionahr kan! Kumwail pil kak kasalehda limpoak, doadoahk kehlail oh koapwoaroapwoar. Oh ni atail ese wiewia mwahu kan me paionahr kan wiahier pwehki arail ntingiedi arail mwekid kan, neitail serihkan pil kak ese atail mwekid kan sang nan rekohd me kitail wiadahr.

Uhdi ansou kis oh ntingiedi mehkan me pid komwi nan noumw pwuhko. Komw kak ntingiedi mehkan me pid ngehno, duwehte mwoamwen ahmw alehdii ahmw kadehde de powehdi kasongsong kan sang ni sawas en Sahm Nanleng. Komw pil kak sewese noumw dih kesiluh (ni eh pahn wadek noumw pwuhko ehu rahn!) pwehn ese mwoamwen ahmw mour nan ehu ehu rahn. Soangen doadoahk da me ke wiewia nan sukuhl? Ia mwoamwen ahmw pereho? Dahme komw kin perenki ni omw kin tamanda ahmw peneinei?

Ni ahmw tepda ntintingi audepen ehu ehu rahn, komw pahn sohte kak kilang mwahu mwoamwen en Sahm Nanleng kin sewese komwi ni rahn koaros duwehte Ah ketin kaweid paionahr kan, ahpw komw pahn pil koasonehdi poadepen omwi mour ong noumw seri en mwhur kan.

SERIHKAN

Ideidawehn en Paionahr kan Karasaras

President Uchtdorf ehukihda duwen wiepeh kan me paionahr kan kasalehda limpoak en Sahm Nanleng. Kumwail kak idawehn arail karasaras. Iet ekei madamadu me kumwail kak tepkihda.

KADEK

- Ntingiedi lepin koasoi mwahu de wiahda mehkoat mwahu ong mehmen me pahtou.
- Sewese wiahda en emen iengomw tohn sukuhl ah homework.

DOADOAHK

- Wiahda ehu koasondi. Wiahda mehkoat rahn koaros nan sounpwong wet me pahn kapwaiahda ahmw koasondio.
- Sewese ahmw pahpa/nohno kaunopada mwengehn soutik.

KOAPWOAROAPWOAR

- Kairakidi soahng kaperen 10 nan ahmw mour.
- Kin sirei ieng aramas kaoros me ke kin kilang.

© 2015 sang Intellectual Reserve, Inc. Kolokol pwuhng koaros. Ntingda nan USA. Kamanaman ong lokaiahn wai: 6/15. Kamanaman ong kawehwe: 6/15. Kawehwehpen First Presidency Message, July 2015. Pohnpeian. 12587 885



Pwoson, Peneinei, Sawas

Wiewia Sarawi kan en Sises Krais: Mahk oh Kalahngan

Onopki ni kapakap ire pwukat oh rapahki ken esehla dahme ke pahn ehukihda. Ia duwen wehwehki mour oh misin en Sounkomouro eh pahn kalaudehla omw pwoson Ih oh kapaiada irail akan me komw kin tetehk sang padahk en pas? Pwehn alehdi iren kapehse kapatapat, tehk reliefsoociety.lds.org

*Met wia kisehn Visiting Teaching Message
kan me kasalehda duwen wiewiahkan en
Sounkomouro.*

Ni atail wehwehki duwen mahk oh kalahngan en Sises Krais ong kitail pahn sewese kitail mahkeng oh kadekohng mehteikan. Presiden Thomas S. Monson masanah, “Sises Krais iei atail Mehn Kahlmengih.” “Sapwellime mour iei sohso en limpoak. Me soumwahu E ketin kamwahuiala; me apwal E ketin sewesehda; me dipan E ketin komourala. Ni imwilao pwihn en aramas lingeringer kihsang Sapwellime mour. Ahpw mahsen pwukat kin peidohsang dohl en Kolkoda: ‘Semei, Komw ketin mahkohng irail, pwe re sehse dahme re wiewia’—kasalada ileile nan mour wet me pid nsenoh oh limpoak.”¹

Ma kitail mahkeng en ekei sapwung kan, Samatail Nanleng pahn pil mahkehng kitail. Sises mahsan “kumwail eri kin kalahngan, duwehte Samamwail me ketin kupwurkalahngan.”(Luk 6:36). President Dieter F. Uchtdorf, Sounsawas Keriau nan Presidensi Keieu patohwan “E kin mie kahrepren mahk ong *dipatail* kan.” Kitail anahne keluhla. Kitail koaros seu, pak ehu de tohtohsang, kelepwikdi

ni karakarahk mwohn mwoahlo oh pekimahk ni ngidingid? Mehlel kitail sohthe kin ni atail kak koaros ngidingidki sapwellime kalahngano pwe en mie mahkpen sapwung oh dihp me kitail wiadahr? . . . Mweidehng sapwellimen Krais Tomwo en wekidala oh kamaieuda mohngiongumwail. Pakoahng mehteikan. Mahkehng mehteikan.²

Pwuhk Sarawi Kapatapat kan

Madiu 6:14–15; Luk 6:36–37;
Alma 34:14–16

Sang Pwuhk Sarawi Kan

Elder Jeffrey R. Holland emen tohn Pwihn en Wahnparon Ehk-Riemono ahpw patohwan, “Kitail anahne mahk pwehki mie mahkpen atail wiewia.”³ Soai en pwutak salongalao kasalehiong kitail pali koaros en mahk: emen pwutako ale mahk oh pwutak tieio nananationg en mahkehng.

Pwutak tikitiko ale ah sohsou, doadoahngkikhla koaros, oh ansou me lehko miehda, e wia doadoahk en kamwenge pwihk. Pwuhk sarawi mahsan “ni eh kolulahr nan kapehdi,” e ahpw pwurala ni ihmwo oh ndahiong ah pahpau me e solahr warohng en wia nah pwutak. Ahpw

ah pahpau mahkeng oh kemehla kou pwul mworourou men pwehn kamadipwehki. Pwutak laudo pwurasang ah doadoahk nan sapw oh langeringerda. E katamanehng ah pahpau me e wie papahki sounpar kei oh sohthe mwahn kauwehla ah kossoned akan, ahpw “komw sohthe kiong ie kisin kuht kis me I en kamadipwehki kompoakepahi kan.” Se-meo ahpw sapeng nda “Lao, nei seri ke kin mihihme rehi ahnsou koaros, oh ei dipwisou koaros iei ahmw. Me mwahu ke en iang kiht perenda oh wia kamadipw wet, pwe riomwo melahr, ahpw mourda; e salongalahr, e ahp die-rekier” (tehk Luk 15:11–32).

IREN SAWAS AKAN

- Thomas S. Monson, “Love, the Essence of the Gospel,” *Liahona*, Mei 2014, 91.
- Dieter F. Uchtdorf, “The Merciful Obtain Mercy,” *Liahona*, Mei 2012, 70, 75, 77, lipw tohrohr kapatapateng.
- Jeffrey R. Holland, “The Peaceable Things of the Kingdom,” *Ensign*, Nohpempe 1996, 83.

Medewe Met

Ia mwoamwen mahk e pahn katapan ong me kin mahkehng mehteikan?