

Sang President Dieter F. Uchtdorf

Sounsawas Keriau nan Presidensi Keieu



Pwoalehkinie Lime kan ni Keneinei

Pak tohto I kin duwehte mehte kan me kin marain-kihda kilel en mahlen oh koul kaselel kan. Mie kemwekid iou I iang, iahpw kilangadahr malen kasele ehu me wiawihdahsang soun mahlen, me adaniki Frans Schwars mahleno kahdaniki *Lokolok en nan Mwetuwelo*.¹

Mahlen kempoake kaselel wet kasalehda Soundoro ah ketin kelepwidi nan Mwetiwel en Gethsemane. Ni Ah wie kapakap, tohnleng men ketdihdohsang nanleng oh uh mpe, pwoalepene ih oh kansenamwahuihla.

Wen reirein ansou me I medewe laud mahlen wet ih wen laud en pepehm en limpoak oh kaping me kohdo nan ahi mohngiong oh madamadau. I kak ekis kehnda iaduwen ma I iang mihmi mwo ansou me sounkomouro tapiada sapwelime doadoahk en weliandi tohn sampah oh lokolongki dipatail kan. I pwuriamweiki limpoak poatoapoat oh kalahngan me Sahmo sapwellimaniki ong Sapwelime serihkan. I direkihla pepehm en kaping laud pwehki dahme Sapwellime Ieoros sohte dipehu wiahiongehr ong aramas koaros oh ngehi.

Tohnmeteri en Sapwellimen Koht lehroso

Nan ehu ehu pahr soangen ansou wet kitail kin kawahuih oh medemedewe tohnmeteri me Sises Kraiss wiahda ong aramas koaros.

Dahme Soundoro wia sang nan Gethsemane oh Gogotha ong emen emen kitail e udahn ilehsang dahme I kak marainki. E ketin alehda toutou en dipetail kan koaros oh pwainki pweipwei poatoapoat oh tengeteng kaidehn

ongete sapwung me Adam tepin wiahdahu ahpw pil dihp akan oh sapwung kan en aramas billion de lik kei me mour ehr. Tohnmeteri sarawi oh poatoapoat wet kahrehda “pein Koht, me lapalapasang koaros, rerkihda pwehki medek, oh pwudowe kerkihla nta, oh lokolok ni paliwar oh palingehn” (D&C 19:18).

E ketin lokolongkinie.

E ketin lokolongkin komwi.

Ngeniet dirikihla kapingahnsou I kin mengimengiloaliki wehwehn meirong kesemwpwal wet. I aktikitingkihla ahi esehda me koaros me pahn alehda kisakis wet oh kihong Kauno arail mohngiong kan pahn ale mahk oh mwakelekeldahasang dipeh kan mendahte wen rotorot oh toutou en dihp.

Kitail kak pwurehng sohla samin oh mwakelekelda. Kitail kak kamwakelda sang meirong poatoapoat en atail Soundor kempoako.

Ihs me pahn koalalamwahih kitail?

Sohte emen kitail pahn kak iang kehndi wen loal en lokolok me e ketin alehdio, ahpw emen emen kitail pahn pein ahniki ansou rotorot oh apwal—ahnsou me atail pahtou oh kahpwal mwomwen laudsang dahme kitail kakehng. Mie ekei pak me toutou oh lokolok en atail dihp pahn idangkitaildi oh mwomwen sohte mahk.

Oh ma kitail patohwanohng Kauno atail mongiong kan nan ansou pwukat, udah E pahn ketin mwahngih oh wehwehki. Ih me ketin lokolongki emen emen kitail nan

mwetuelo oh pohn lohpuwo ni soh peikasal, sohte pahn likidmeliehkitaile met. E pahn ketin kakehlaka, kangonge, kapai kitail. E pahn ketin pwoalehkin kitail lime kan ni keneinei.

E pahn ketin duwehte tohnleng men ong kitail.

E pahn ketkihdo kapai en popohl, kamwahula, koa-pwoaroapwoar, oh mahk.

Pwehki E ketin wia atail Sounkomour.

Sounkapitkitail

Atail Soundor me diren mahk oh Koht pai.

IREN SAWAS

1. Pahdere me wia padahk ni mehlahn Frans Schwarz's patohwan "me ah mahleno kasarawi sang powe oh mwahusang tohto padahk" (Emmilie Buchanan-Whitlock, "History of Artists' Live Gives Greater Context for Exhibit," *Deseret News*, Sept. 29, 2013, deseretnews.com).

PADAPADAHK SANG IREN MAHSEN WET

Mwohn ahmw pahn padahk, rapahki kaweid en Ngehno pwe en soweseiuk wehwehki anahn en irail akan me komw pahn padahkih. Ni omw pahn ehukihda audepen padahk me sang President Uchtdorf, kadehde duwen Soundoro oh Sapwellime meirong en kamwakeleikitail. Medewe kalelapak rehn irail akan me kumwail padahkih, ia wehwehn Sapwellime Tomw ong irail oh ia mwomwen arail kehn koaloalamwahu en Kauno nan "ansou rotorot oh apwal" me irail ahneki.

ME PWULOPWUL KAN

Kana pwehki Sises Kraiss

Ahd sohte kasansalda

I ahneki kahpwal en mwongelaud. Pwehki ahi kin kapw mwonge laud kahrehda ahi ahneki toutou dihp, lingeringer, oh insensuwed. I kehn luwet ahnsou me I song en powehdi ahi kahpwalo.

Ansou reirei I monokehla me Tomw en Soundoro esto wiahte mehn kamourpetail ahpw e pil kamwakele kitail oh kaunseke kitail, oh met pil kak sawas ong ahi kahpwal de luwet en mwonge laudo.

I pilada I pahn kiheng Soundoro ahi mour. I kapakapki. I kasalehng ni mehlel ahi luweto oh ahi anahn en mahk, oh ngehi peki Sahn Nanleng en kapaiahkinie Sapwellime sawas sarawi nan rahn me kohkohdoh. Pwohngo I kehn me Sahmo, me diren limpoak, Sapwellimanki ineng ehu, me sohte kak sosohngdi, en sowese Sapwellimeo, oh manaman en kapwaiada kupwure ni sohpeikasal.

Mwurin pwohngo, mwonge sohlahr kak kauniehda duwehte mwowehu. I ese me Sises Kraiss me kahrehda ahi kak powehdi. Duwehte Paul, I maramarainkihda me "I kakohng mehkoaros sang ni manamano me Kraiss kin ketkihong ie" (Philippians 4:13). Oh I nannantihong en sohte manokehla kaweid ehu sang Paul: "Kapingkalahngankihong Koht, me kin ketikihong atail roson en powehdi ni mwaren atail Kaun Sises Kraiss" (1 Corintians 15:57).

SERIHKAN

Soundoro Pahn Koaloalamwahiuk

Kalelapak rehn emen tohn peneinei de kempoakepah duwen ansou ehu me irail kehn koaloalamwahu sang Soundoro. Nantihong medewehda ansouieu me Soundoro koaloalamwahiuk. Komw kak mahleniada kilel en irairo oh langahda limwahn ahmw peht pwe en kin katamankinuhk me Sises Kraiss pahn ansou koaros mih rehmw pwe en koaloalamwahiuk.



Pwoson, Peneinei, Sawas

Mour en Sises Krais: Lokolok-werei oh Kanengamah

Onopki sang ni omw kapakap ire puukat oh rapahki ken esehla dahme ke pahn ehukihda. Ia duwen wehwehki mour oh misin en Sounkomouro eh pahn kalaudehla ahmw pwoson Ih oh kapaiada irail akan me komw kin tetehk sang padahk en pas? Pwehn alehdi iren kapahse kapatapat, tehkreliofsociety.lds.org.reliefsociety.lds.org.

Met wia kisehn Padahk en Visiting Teaching Messages kei me kasalehdahr mour en Soundoro.

Pak tohto aramas kin medewehki me kanengamah e nenen oh sohte katepe, ahpw President Dieter F. Uchtdorf Soun Sawas Keriau nan Keieu en Presidency, mahsanih, “Kanengamah e sohte wia mehkot me nenen sohkatepe, de pil sohlahr kak mwekid pwehki atail mase-pwehk. Kanengamah wehwehki mwemwekidiki ahmw awiawih oh dadauhr. E wehwehki mihmihki ni kahrepe . . . mehndahte ma inengen atail mohngiong kan kolokola. Kanengamah esto wehwehki dadaurte; ahpw dadaur mwahu!”

Nan atail mour mwohn mour wet, Samatail Nanleng kaunopada plahn ehu ong kitail—Sapwellime seri ngehn kan—oh kitail werkihda peren pwehki ansou mwahu kitail pahn kohdo sampah (tehk Job 38:7). Ahnsou me atail pahn kapahrekihong inengitail kan kupwure nan mour wet, E “pahn ketin doadoahk wiahkin kitail dipsou en doadoahk nan lime kan pwe en kamourla aramas tohto” (Alma 17:11).

President Uchtdorf doula mahsanih, “Kanahngamah wehwehki pilada me sohte kak wekdekla oh

ahneki eimah, mahk, oh pwoson. E wehwehki ‘inangih alehda mehkoaros me Kauno ketin mwahngi me konehng en kohieng [kitail], nin duwen seri men me kin peikiong ah pahpao.’ [Mosiah 3:19]. Uдах wehwehn kanangamah iei ‘kehlail oh tengeteng, oh sohte kakasang kolokol kosonned en Kauno’ [1 Nephi 2:10] nan awa koaros en rahn koaros, ahpw mehlel ahnsou me e kin apwal en wiawi.”¹

Pwuhk Sarawi Kapatapat kan

Psalm 40:1; Galatians 5:22–23; 2 Peter 1:6; Alma 17:11

Sang Pwuhk Sarawi Kan

Kitail esehsang nan pwuhk sarawi kan duwen atail mour pohn sampah, me kitail anahne “kanangamah nan apwal akan, pwehki [kitail pahn] lelohng me tohto.” Koht eri ketkihongkitail inou en popohl wet, “Dadauhr irail, pwe, kilang, I ieiang komwi, lau lel imwin amwail rahn akan” (D&C 24:8).

Soi en nan Pwuhk Sarawi me mih pah karasaraski duwen kanangamah oh pwoson.

“Lih emen iang mi wasao me soumwahu en mehn warmwowi sounparehr eisek riau . . . doahke

pwungipen sapwellimen [Krais] likouo: oh ni ahnsouwohte eh soumwahwo pa madada [uhdi].

“Sises ahpw ketin sapeng, mahsanih, . . . Mie me doahke ie, pwe I kehndahr manaman ehu eh kohsang rehi.

“Liho pehmadahr me e die-rekdahr, e ahpw rerrer keilahng mpen Sises, poaridiong mwohn aluweluwe kan. E ahpw patohwanohng mwohn aramas koaros kahrepen eh doahke Sises oh duwen eh mwahula ni ahnsouwohte me e doahke.

“Sises eri mahsanihong, Serepein, omw pwosonen me kakehleikadahr. Kohkohwei ni popohl.” (Luke 8:43–48).

Kitail kak duwehte lih menet me diarada kapai kan oh koaloolamwahu, oh pil mwahula, ni atail kohdo rehn Krais—me Tomwpe kak kamwahihkitaila.

IREN SAWAS

1. Dieter F. Uchtdorf, “Continue in Patience,” *Liahona*, May 2010, 57, 59.

Medewe Met

Sang nan pwuk en Luhk 8, ia mwomwen ahn lih menet kanangamah sounpar kei oh ah pwoson Sises Krais kapaiada?