

**Sel Prestuhn**  
**Henry B. Eyring**  
Mwet in Kahsruh Se  
Met ke Prestuhnsi Se Met



# Sulaclah se in Sruikihn

**P**ahpah tuhmasr Inkuhsrao El sapkihn nuh sesr in sang kulo in ma nukwewa (liye 1 Mwet Tessalonika 5:18), ac El enenuh kuht in sang kuloh nuh ke mwe insewowo ma kuht eis uh (liye D&C 46:32). Kuht etuh lah masap Lal nuh kwewa pa in oruh kuht in engan, ac kuht etuh pac lah kuhnahoslah masap uh orwacлах inse koluk uh.

Na in engan ac in kahingkihn inse koluk uh, enenuh in oasr srui luhn insiyacsr. Kuht liye ke moul lasr uh kuhpahsr se inmahsrton tarilacna ac engan. Kuht nuh kwewa enenuh in puhla tarilac, tuh tiac na fihsracsr in sruikihn ma nuh kwewa in pacl nuh kwewa ke ma upac luhn moul uh. Mas, inse koluklac, ac wacngihnlac luhn mwet kuht luhngse uh tuhkuh ke kuhtuh pacl ke moul lasr uh. Ahsor lasr uh kuh in ahkupacye in liye mwe insewowo lasr uh ac in engankihn mwe insewowo God El ac sang nuh sesr nuh ke pacl fahsruh uh.

Ma na upac se in oek mwe insewowo lasr uh ke srihpen kuht pahlah na in luksei in eis ma wo uh. Ke wacngihnlac lohm sesr, mongo, kuh luhngse luhn kawuck ac sucu lasr uh, kuht akihlen luhpan srui enenuh in oasr lasr ke ma inge oasr lasr ah.

Yohkiyac uh na, kuhtuh pacl uh upac nuh sesr in oasr sruikihnyaen mwe sang luhlahp kuht eis uh: isulac luhn Jisus Kraist, Iwacлах Lal, olwelah luhn moulyak,

pacl wowo in engankihn moul ma pahpaht yurin sucu lasr uh, Fohlohkyak luhn wosasuc weacng pristut ac ki la an. Kahsruh luhn Nguhn Muhtahl muhkwenena pa kuh in oruh kuht in puhla kalmeyacn mwe insewowo uh nuh sesr ac nuh selos suc kuht luhngse. Ac in pacl sacn pa kuht finsrak in kulohkihn ma nuh kwewa ac eslah ahktoasr nuh sin God ke tiac tarilac uh.

Kuht enenuh in siyuck ke pruhe lah God, ke kuh luhn Nguhn Muhtahl, fah kahsrwekuht liye in kahlwem mwe insewowo lasr ke infulwacn ma upac lasr uh. El kuh in kahsrwekuht ke kuh luhn Nguhn in akihlen ac sruikihn mwe insewowo ma kuht luksei uh. Ma kahsrweyuck yohk uh pa in siyuck sin God ke pruhe, “Kom kuh in nuhnak muhnahs kolyuc nuh yurin sie mwet nga kuh in kahsruh nuh Yurum?” In kahsruh God ahkinsewowoye mwet sahyac oruh nga kuh in liye wo mwe insewowo luhk sifacna uh.

Pruhe luhk uh tuh topukyucklac ke siacnyacn se ma nga tiac etuh met suliyuc in som nuh lohm ono ah. Nga liyacack kihtin ahwowo na srihsrihk se ma luhpan na lun pouk. Ke wik ekahsr emet ke moul lal ah, el laslas pacl puhkantwen. Taktuh ah fahk nuh sin pahpah ninac kiyac ah lah oasr pac laslas upac enenuh in orek nuh ke at ac ahlolol lal ah in ahkkweye moul luhn kihtin tuhlihk se nuhtin God ah.

Ke nguhsr luhn pahpah ninac kiyac ah, nga sang nuh sin tuhlihk sac mwe in sewowo luhn pristut. Mwe in sewowo weacng olwelah se ke moul sac in tuhtahf-lah. Yohk liki na sang se ke mwe in sewowo uh, nga sifacna eis mwe in sewowo sac ke insiyac yohk tarilac la se.

Ke kahsrüh luhn Pahpah tuhmasr, kuht nuh kwewa kuh in sulaclah in puhla yohk srui uh. Kuht kuh in si-yuck Sel in kahsrwekuht in liye wo mwe in sewowo lasr uh, pacl nuh kwewa luhn ohiyac sikyak nuh sesr uh. Nga sruikihñ ke lwen sac, ke nga soenna puhla met usr-nguckiyacn orekma luhn at ac ahlollol luhk sifacna uh. Nga sang kuloh ke nga kahsrühr som nuh lohm sihk ac ke mwe in sewowo nuh sin tuhlihk nuhtihk ma nga kuh in liye wo ke usrnguck luhn kuhlwacong sin God ac sin mwet wowo raunweltahlwek uh.

Inkaiyacn pacl uh, nga puhla srui ke ma kahlwem ke Iwaclah ma orekma ke moul lalos pahpah ninac ma elyah ac in moul luhk uh. Nga liye finsrak ac luhngse pwacye luhn Kraist srweyac muhtahlahl, finne nuh ke ma upac yohk lalos. Ac nga puhla ma sikyak kom kuh in puhla kom fin siyuck God lacn ahkkahlwemye nuh sum lah Iwaclah uh kuh in lwelah nuh sum finsrak ac luhngse.

Kuht nuh kwewa kuh in oruh sulaclah uh in sang kuloh ke pruhe ac in siyuck sin God ke inkacnek in kuhlwacong sapuh mwet sahyac nuh Sel—yohkna nuh ke pacl se inge ke yac uh ke kuht ahkfuhlwactye isuslac luhn Mwet Lahngo uh. God Pahpah El sang nuh sin Wen Nahtuhl, ac Jisus Kraist El use nuh sesr Iwaclah, mwe sang yohk liki nuh kwewa ac sang nuh kwewa (liye D&C 14:7).

Sang kuloh ke pruhe uh kuh in lwelah kuht in liye kuhiyacn mwe in sewowo inge ac mwe in sewowo nuh kwewa lasr sahyac ac oacyacpac nuh ke eis mwe sang ke insiyac yohk srui la se.

## LUTI KE PWENG SE INGE

Suhmuhsrah puhla lasr ac mwe in sewowo lasr uh kuh in kahsrwekuht in esam kac ac use sie ma kuht in liye kac. Nuhnkuh kom in siyuck selos suc kom luti an in suhmuhsrah ma elos sruikihñ an—in kahsrwelos esam mwe in sewowo elos eis tari an, akikhen mwe in sewowo in pacl inge uh, ac in tuhpanwacong mwe

in sewowo nuh ke pacl fahsrüh uh.

Kom kuh pac in ahkkweyaclos suc kom luti an in ukwe mwe srihkasrak lal Prestuhn Eyring in siyuck sel Pahpah Lucng in kohlohlos nuh sin sie mwet elos kuh in kahsrüh kuh kuhlwacong sapuh.

## MWET FUHSR

### Oruh sie Mwe Srui Upac

Sel John Hilton III ac Anthony Sweat

**L**welah kuht in tiac oek muhkwenä mwe in sewowo lasr—lwelah kuht in oruh! Suhmuhsrah sie tahk an ke ma 100 kom kulohkihñ an. Ac fin luhman upac, srihke ma se inge:

1. Suhmuhsrah 10 ma kuh in orek ma kom sruikihñ an.
2. Suhmuhsrah 10 ma oasr lom ma kom sruikihñ an.
3. Suhmuhsrah 10 mwet moul kom sruikihñ an.
4. Suhmuhsrah 10 mwet ma misac kom sruikihñ an.
5. Suhmuhsrah 10 ma ke kasrpacn acn uh ma kom sruikihñ an.
6. Suhmuhsrah 10 ma ke lwen mihsenge uh ma kom sruikihñ an.
7. Suhmuhsrah 10 acn fin facluh ma kom sruikihñ an.
8. Suhmuhsrah 10 ma oreklac in pacl inge ma kom sruikihñ an.
9. Suhmuhsrah 10 mongo ma kom sruikihñ an.
10. Suhmuhsrah 10 ma ke wosasuc uh ma kom sruikihñ an.

**K**e kuht orwaclah kain tahk se inge uh, kuht konwac-kack lah tahk ke ma 100 tiac apkuhran nuh ke ma nuh kwewa ma God El acse nuh sesr uh.

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Luhlalfongi • Sucu • Kahsruh

# Ohiyac Tuhtahflah se ke Mukwikwi uh

*Lutlutkihn kuhfa se inge ac, fin fal, sramsramkihn nuh sin tahmtahel kom muhtwacta yohroh an. Orekmakihn kihsen siyuck uh in kahsrwekom ahkkweye tahmtahel wiyom an ac in oruh U luhn Muhtwacn in Kahsruh uh in ip utuftuf se ke moul lom sifacna an.*

Leum, Alu Lal, sucu uh, ac acn uh enenuh oruh luhn muhtwacn suwohswohs uh. Elder M. Russell Ballard ke U luhn Mwet Sap Singucul Luo el luti lah, “tahmtahel nuh kwewa ke Alu se inge suc orwacлах olwelah nuh sin Leum uh oasr kuh muhtahl lalos in kahsruh molwelah nguhna uh, in kol muhtwacn fin fac-luh, in ahkkweye lom sin Saion, ac in muhsahi tohkohsrahi luhn God.”<sup>1</sup>

Kuhtuh tahmtahel uh kuh in motko lah elos kuh in orwacлах kain enenuh yohk inge. Tuhsruhk ke Eliza R. Snow (1804–87), prestuhn luhlalp se ahkluo ke U luhn Muhtwacn in Kahsruh, el ahkkah-lwemye lah “Wacngihn tahmtahel ma srwenglah na pwacye, ac acn sel oasrihksrihk tuhsruhk ma el kuh in oruh yohk uh pac in akiyac Tohkohsrahi luhn God fin facluh.”<sup>2</sup> Tahmtahel Snow el luti pac lah U luhn Muhtwacn in Kahsruh akwucki “ke oreklac ke orekma wo ac fuh-lwact nuh kwewa.”<sup>3</sup>

Wi ke U luhn Muhtwacn in Kahsruh uh ahkyohkye ohiyacn acn sesr uh in sang kais sie tahmtahel pacl wowo in muhsahi luhlalfongi, in ahkkweye sucu ac lohm uh, ac in sang kuhlhwacnsap nuh in lohm ac nuh fin facluh nohfohn. Ac koluk ohiyac, kuhiyacsr kais sie ac in oacna U luhn Muhtwacn in Kahsruh uh tiac enenuh in yohk ac kahfofo, tuhsruhk elos enenuh

in luhmweyucklac ac orekma pacl nuh kwewa. Oruh suwohswohs ma oacna in kais sie pruhe kuh pruhe luhn sucu uh, lutlutkihn ma suh-muhsalah ke lwen nuh kwewa, ac ahkfalye kunohkohn ke Alu uh fah kahsruh ahkyohkye luhlalfongi ac muhsahi tohkohsrahi luhn Leum.

Nuh sin tahmtahel ma motko lah fin luhman mwe kahsruh inge oasr eklac kac, Elder Ballard el ahkkweye: “Tahmtahel nuh kwewa suc oruh ma pwacye ac suwohswohs uh ahksrihkyelah ohiyac luhn ma koluk. Tahmtahel nuh kwewa suc ahkkweyeyuck ac loango sucu lal uh pa oruh orekma luhn God uh. Tahmtahel nuh kwewa suc moul oacna sie muhtwacn luhn God orwacлах sie lahm kahlwem nuh sin mwet sahyac in ukwe ac yuki fihtacn ohiyac suwohswohs ma fah kosracni ke yac singucul puhkan-twen fahsruh uh.”<sup>4</sup>

## Ke Ma Mahtuh Lasr

Eliza R. Snow, suc tuh oruh sie mwet sihm ke pacl se U luhn Muhtwacn in Kahsruh uh tuh oreklac fin acn Nauvoo ah, tuh pahngyak sel Prestuhn Brigham Young (1801–77) in forfor ke Alu uh, kahsruh pisap uh in orwacлах U luhn Muhtwacn in Kahsruh uh ke ward lalos an.

Tahmtahel Snow el luti lah: “Fin kuhtwena tuhlihk muhtwacn ac ninac Israel uh puhla ahksrihkyactwen

[srihkkihnyuck] ke acn elos muhta we an, elos ac fah konwacack srihsrsrihsr fal nuh ke kuh nuh kwewa ac kuh in oruh ma wo suc ma elos sukohsohk in fosrngahkihn. . . . Prestuhn Young el ekuhllah ki nuh ke ohiyacn mukwikwi sralacp ac tuhtahflah se ac oasr srihpac.”<sup>5</sup>

## MWE KAHSRUH

1. M. Russell Ballard, “Muhtwacn luhn Ma Suwohswohs,” *Liahona*, Tisacmpuh 2002, 39.
2. Eliza R. Snow, “An Address,” *Woman's Exponent*, Septempuh 15, 1873, 62.
3. Eliza R. Snow, “Female Relief Society,” *Deseret News*, Eprel 22, 1868, 81.
4. M. Russell Ballard, *Liahona*, Tisacmpuh 2002, 39.
5. Eliza R. Snow, *Deseret News*, Eprel 22, 1868, 81.

## Ke Ma Suhmuhsalah

1 Mwet Korint 12:4–18; 1 Timothy 6:18–19; Mosiah 4:27; Ip Yohk ke Luhlalfongi 1:13

### Meac Nga Kuh in Oruh uh?

**1.** Nga ac kuh in kahsruh fuhkah tahmtahel nga muhtwacta yohroh in akikhlen ac oruh kuhiyaclos in oruh sie ohiyac suwohswohs?

**2.** Nga ac orekmakihn fuhkah mwe sang wowo ac talan uh in ahkinsewowoye mwet sahyac?

Nuh ke kuhtuh pac mwe etuh, som nuh ke [www.reliefsociety.lds.org](http://www.reliefsociety.lds.org).

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