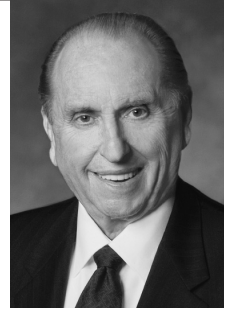


Sel Prestuhn  
Thomas S. Monson



# Luhngse in Lohm uh— KAHS IN KAHSRUH SIN MWET PAHLUH LASR

## Ahkinsewowoye Moul luhn Sucu

“Ke kuht srihke yohk ‘ac forfor loeslac ac liye tari ohi-yacn kahinglac ac kuhtuh pacl uh liye na sisen atacn facluh, sruikihn lasr kapwack ke pacl fal in oruh ip ke kuhtuh ma kuht kuh in luhlalfongi ke—lohm ac sucu ac ahkfuhlwactyeyacn mwet kuht luhngse uh. Kuht etwacnah kalmeyacn tuhkweni nuh sie ke orekma, ke ahkfuhlwact, ke la ma uh. Kuht etwacnah lah wacngihn ma kuht in eislah na pwacye acn luhn aetuihi ahkinsewowoyeyuck ke moul luhn sucu uh.”<sup>1</sup>

## Akacsruhi Luhngse Lasr uh

“Kaksahkihn ac apihsyac tuhlihk nuhtum an; fahk, ‘Nga luhngse kom yohk; ahkkahlwemye kuloh lom an pacl nuh kwewa. Tiac lwelah sukyacn oreyacn ma uh in yohk srihpac liki na luhngseyacn sin mwet. Kawuck uh som liki kuht, tuhlihk uh mahtuhlah, mwet kuht luhngse uh misac. Fihsracsr na pwacye in pihlacsrwelah mwet sahyac, ne ke lwen elos som liki moul lasr uh ac kuht muhkwelac ke puhla ke ‘fin meac’ ac ‘fuhnuh.’ . . .

“Lwelah kuht in luhngse yohk moul uh ke kuht moulkihn uh, sokwack engan ke fuhfahsryucsr uh ac akacsruhi ke luhngse lasr uh nuh sin kawuck ac sucu lasr uh. Sie lwen, kais sie sesr ac wacngihnlac lwen lutu lasr uh. Lwelah kuht in tiac fihliyac nuh sahyac ma yohk na pwacye srihpac uh.”<sup>2</sup>

## Ahkkahlwemye Luhngse Lasr uh

“Tamuhlwel, lwelah kuht in oruh in wo ac ahkfuhlwactye muhtwacn kiyacsr uh. Elos pa laisyacsr nwe tok ma pahpaht uh. Tahmtahel an, ahkfuhlwactye mukul tomom an. Elos enenuh in lohng sie kahs wo. Elos enenuh sie isracsr in kuhlwacng. Elos enenuh sie ahkkahlwemye wo ke luhngse pwacye uh. . . .

“Nuh suwohs suc pahpah ninac an, nga fahk, ahkkahlwemye luhngse nuh sin tuhlihk nuhtuwos an. Kom etuh lah kom luhngse elos, tuhsruhk oruh in pwacye elos in etuh pac kac. Elos sacohk na pwacye. Lwelah elos in etuh. Siyuck sin Pahpah tuhmwacsr Inkuhsrao ke kacsruh ke kom ac fosrngahkihn enenuh lalos ke kais sie lwen ac ke kom oruh ke ma upac ma ac tuhkuh ke ohiyacn pahpah ninac uh. Kom enenuh yohk liki etuh lom sifacna in tuhfwacloslac an.”<sup>3</sup>

## Ahkkahlwemye Luhngse Lasr uh

“Nuh suwos pahpah ninac an, ahkkahlwemye luhngse lowos nuh sin tuhlihk nuhtuwos an. Pruhe kaclos tuh elos in kuh in kutong ma koluk luhn facluh uh. Pruhe tuh elos in kuh in kapwack ke luhlalfongi ac fahkwack luhlalfongi. Pruhe tuh elos in kuh in suk moul ke ma wowo ac ke kuhlwacnsap nuh sin mwet sahyac an.

“Tuhlihk an, oruh pahpah ninac kiyowos an in etuh

lah kowos luhngse elos. Oruh elos in etuh luhpan luhngse lowos ke ma nuh kwewa elos orwacalah ac tahfwelah in oruh nuh suwos an.”<sup>4</sup>

### Meac Yohk Srihpac Emet uh

“Meac yohk srihpac emet uh apkuhran in pacl nuh kwewa oasr yurin mwet rauni kuhtyak uh. Kuht kwacna nuhnuh muh elos *enenuh* in etuh luhpan luhngse lasr nuh selos uh. Tuhsruhkuht tiac enenuh in nuhnuh; kuht enenuh in oruh elos in etuh. William Shakespeare el suhmuhslah, ‘Elos suc tiac luhngse tiac ahkkahlwemye luhngse lalos.’ Kuht ac fah tiac auli ke kahs kuhlwacong fwackyuck kuh atac ahkkahlwemyeyuck uh. Sahyacna, auli lasr fah tuhkuh fin kain ma inge ma wacngihn ke kuhpahsr lasr nuh selos suc yohk kalmeyac nuh sesr uh.”<sup>5</sup>

### Use Inkuhsrao in Fototome

“Lwelah tuh sucu ac lohmuh sesr uh in sesseslah ke luhngse: luhngse luhn kais sie, luhngse ke wosasuc, luhngse luhn mwet wiyacsr, ac luhngse luhn Mwet Lahngo lasr. Ke ma inge, inkuhsrao ac tuhlah fototome nuh facluh.

“Lwelah kuht in oruh lohmuh sesr uh in wo mwet ke sucu lasr uh in fah luhngse sifil fohlohk nuh loac.”<sup>6</sup>

### Sie Pruhe nuh sin Sucu uh

“Ke luhpan sucu lainyuck ke facluh mihsenge uh, ac ma muhtahl puhkantwen sruokyucki ke pacl loeloes pa mwe isruhnyuck, kuht siyuck Sum, Pahpah tuh-mwacsr, in oruh kuht in fal nuh ke ma upac kuht sun uh, tuh kuht in tu kuh nuh ke ma pwacye ac ma suwohswohs uh. Lwelah lohmuh sesr uh in oruh inkuhsrao luhn mihs, ke luhngse ac ke ip luhn nguhn.”<sup>7</sup>

### MWE KAHSRUH

1. “A Sanctuary from the World,” *Worldwide Leadership Training Meeting*, Fepweri. 9, 2008, 29.
2. “Joy in the Journey” (Brigham Young University Women’s Conference, May 2, 2008), <http://ce.byu.edu/cw/womensconference/archive/transcripts.cfm>.
3. “Abundantly Blessed,” *Liahona*, Mei 2008, 112.
4. “Until We Meet Again,” *Liahona*, Mei 2009, 113.
5. “Finding Joy in the Journey,” *Liahona*, Nohfohmpuh. 2008, 86.
6. “A Sanctuary from the World,” 30–31.
7. Pruhe in kihsac luhn Gila Valley Arizona Tempuhl, Mei 23, 2010; ke “The Gila Valley Arizona Temple: ‘Wilt Thou Hallow This House,’” *Church News*, Mei 29, 2010, 5.

### LUTI KE PWENG SE INGE

“Ke mukwikwi in motko, mwet luti an siyuck sie kih-sensiyuck kuh fahk srihkasrak se ac sang nuh sin mwet lohng ke pacl fototo an in fahklah top kuh nuhnuh lalos an” (*Teaching, No Greater Call* [1999], 160). Ke kom riti pohloh sramsram soko inge nuh sin sucu uh, siyuck selos in lohng ke kahs in kahsrh kuh mwe nuhnuh ma ahkwacryaclos an. Mwet ke sucu uh kuh in sruhkwack kain nuhnuh ke ohiyac in ahkyohkye luhngse lun lohmuh selos an. Nuhnuh in suli sucu an in sifil liye mwe nuhnuh inge ke toeni ke ekuh luhn sucu se tok uh.

### MWET FUHSR

### Ninac el Pain Moli Kuhtlac

Sel Patricia Auxier

**K**e nga tuh yac ohnkohsr ah, nga ac tahmtahel srihsrihk se wiyuck ah liye sritacl basketball luhn tahmtahel mahtuh se wiyacsr ah. Pahpah tuhmwacsr ah som, ac kuht sulaclah kuht in weluhl som nuh lohmuh ah, na kuht kahsrhuhstohkohl ye af ah. Ke kuht tiac kuh in sokuhlwick ah, kuht fohlohklac nuh ke gym ac in weluhl ninac som nuh lohmuh ah, tuhsruhkuh ke pacl se kuht utyak nuh ke gym ac, mwet nuh kwewa lun lohmuh sac som.

Nga esam ke nga wihklac ke siskacn sruhnguhl sac, srihke nga ac tahmtahel srihsrihk se wiyuck ah in wihklac liki af sac, pruhe tuh in oasr mwet tuhkuh. Na nga esamwack ke nga lohng sruhnguhl ke stosah van sruhshah soko okwacsr ah kauli ac, ac kuht kahsrhuhstohkohl nuh ke puhshah sac. Na tuhkuh sie sin mwe ahkacsmahihn na kahlwem emet ke nga srihk ac: ninac kiyacsr ah apihs kuhti “oacna ke won muhtwacn uh orwacni won srihsrihk nahtuhl uh ye pahol uh” (3 Nephi 10:4). Ninac kiyacsr ah pain moli kuhtlac, ac nga tiac puhlah wo oacna ke nga puhlah ke pacl sac ah.

Ke nga nuhnuh oruh lal nuh sihk ah, nga liye lah mouh luhn ninac kiyuck ah srihsrihgyuc nuh sin Mwet Lahngo ac ahkkahlwemye nuh sihk kalmeyacn “sruhkwack pahoh ahtlah uh, ac ahkkweye intwe muhnahs uh” (D&C 81:5). El luhlahlfongi ke Jisus Kraist, suc sang kuh “nuh [sel] sifacna” (“Lord, I Would Follow Thee,” *Puk in On*, nempuh 220).

### Muhsahelah sie Lohm Engan

**P**restuhn Monson el sruhwack ohiyac ma kuht kuh in muhsahi sie lohm engan. Liye ke pohloh sramsram sac in sokwack ma kom ac sucu lom uh kuh in oruh in orwacлах sie lohm engan.

Kais sie pacl ma kom sokwack ma kom kuh in oruh uh, suhmuhslah. Sokwack limekohsr inkacnek ma kom kuh in muhsahi sie lohm engan ac srolwacлах sie lohm ma sucu lom an in oasr kac.

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# Sie U luhn Muhtwacn Muhtahl

*Lutlutkihn kuhfa inge, ac ke pacl fal, sramsramkihn yurin tahmtahel ma kom muhtwacn nuh yohroh an. Orekmakihn kihsen siyuck an in kahsrwe kom ahkkweye tahmtahel wiyom an ac in orwacлах ip fokoko se ke U in Kahsruh luhn Muhtwacn ke moul lom sifacna an.*

**E**liza R. Snow, prestuhn ahkluo ke U luhn Muhtwacn in Kahsruh, el luti: “Mwet Sap Paul el sruhmuhn yohsac ke muhtwacn muhtahl uh. Ma kunacsr kais sie in oruh sie muhtwacn muhtahl. Enenuh in oasr oruh fuhlwaht lasr, fin kuht pa muhtwacn muhtahl uh. Kuht enenuh in puhla lah kuht pahngpahng in oruh orekma yohk srihpac uh. Wacngihn muhtwacn ac tiac puhlakihn. Wacngihn tahmtahel ac arlac srwenglah, ac kuhyacl srihklac na pwacye tuh-sruh ma el kuh in oruh nuh kac in muhsahelah Tohkohsrahi luhn God fin facluh.”<sup>1</sup>

Tahmtahel, kuht tiac srwenglah kuh kuhyaclsr tiac srihklac. Ke kuht eis mwe sang nuh ke mukwikwi ke U luhn Muhtwacn in Kahsruh, kuht orwacлах ip se ma Mwet Pahluh Joseph el ahkuhtweyac in oacna sie u “srwenglah liki ma koluk nuh kwewa luhn facluh—sulacлах, nwacsnwacs, ac muhtahl.”<sup>2</sup>

U se inge kahsrwe kuht ahkkweye luhlalfongi lasr uh ac kapwack ke ip luhn nguhn ke utuckuh ohiyacn kolyuck uh, kuhlwacnsap, ac pacl fal in luti uh. Ke kuhlwacnsap lasr uh srihkasrak sasuc se weacng nuh ke moul lasr uh. Kuht kihluckyak ke ip luhn nguhn, ac puhla lasr ke wi kac, akihlen-yuck, ac kuhyaclsr yohkyohkwac-lihk. Kuht akihlen lah srihpac na

pwacye se ke plwacn luhn wasasuc uh pa in sang pacl wowo nuh sesr in sun kuhyaclsr nohfohn.

U luhn Muhtwacn in Kahsruh uh kahsruh ahkoekuhtlac in eis mwe inewowo luhn tempuhl, in ahkfuhlwahtye olwelah ma kuht orwacлах uh, ac in wi nuh ke srihpac luhn Zion. U luhn Muhtwacn in Kahsruh uh kahsre kuht ahkyohkye luhlalfongi lasr uh ac suwohswohs luhn kais sie, ahkkweye sucu uh, ac suk ac kahsrwelos suc enenuh.

Orekma luhn U luhn Muhtwacn in Kahsruh uh pa muhtahl uh, ac oruh orekma muhtahl uh orwacлах ahkmuhtahl in kuht.

*Silvia H. Allred, mwet kahsruh se met ke prestuhnsi luhlalf Ke U luhn Muhtwacn in Kahsruh.*

## Ke Ma Suhmuhsлах

Exodus 19:5; Sam 24:3–4; 1 Mwet Tessionika 4:7; Titus 2:3–4; Doctrine and Covenants 38:24; 46:33; 82:14; 87:8; Moses 7:18

## Ke Ma Mahtuh Lasr

Sramsram nuh sin Muhtwacn ke U luhn Muhtwacn in Kahsruh Nauwoo, Mwet Pahluh Joseph el ahkkahlwemye wo ahkmuhtahl uh, ahkuhtweyac lah ke tahmtahel uh nwacsnwacs ac muhtahl uh, ac oasr ohiyac akihlenyuck lalos fin facluh. El ahkuhtweyac: “Puhsisacl,

luhngse, nwacsnwacs—ma inge pa ma enenuh in akihlen komi uh. . . . U se inge . . . enenuh in oasr kuh in sapkihn kasra uh inmahsrlhlos. . . . Tohkohsrah ac kahsra luhn facluh tuhfaht tuhkuh nuh fin acn Zion, ac oruh ahkfuhlwaht lalos uh.” Tahmtahel ke U luhn Muhtwacn in Kahsruh uh moulkihn olwelah uh sapkihn ahkfuhlwaht tiac nuh sin mwet fuhlwaht muhkwenah, tuhsruh “kom fin moulkihn pacl fal lom uh,” Joseph el olwelah nuh sin tahmtahel uh, “lupufacn uh tiac kuh in sruokyucki in oruh kahsrweyom.”<sup>3</sup>

Ke tahmtahel uh wi ke orekma luhn kuhlwacnsap ac molwelah mwet sahyac uh, elos ahkmuh-tahlyeyucklac kais sie. Lucy Mack Smith, ninac kiyac Mwet Pahluh, el akacsruhi ke U luhn Muhtwacn in Kahsruh wo kuh in oreklac: “Kuht enenuh in luhngse sie sin sie, liyacacng kais sie, ahkwoye kais sie ac eis ahkuhtweyac, lah kuht nuh kwewa kuh in tuhkweni muhta inkuhsrao.”<sup>4</sup>

### MWE KAHSRUH

1. Eliza R. Snow, “An Address,” *Woman’s Exponent*, Septempuh 15, 1873, 62.
2. Joseph Smith, ke *History of the Church*, 4:570.
3. Joseph Smith, ke *History of the Church*, 4:605, 606.
4. Lucy Mack Smith, ke U luhn Muhtwacn in Kahsruh, *Minute Book Mahs 1842–Mahs. 1844*, ma oreklac nuh ke Mahs 24, 1842, Church History Library, 18–19.

### ***Meac Nga Kuh In Oruh?***

**1.** Ngwac kahsruh fuhkah tahmtahel nga liyacacng uh in moklweack ac eis "oruh fuhlwact uh"?

**2.** Meac nga oruh in oraclah moul luhk uh "sulaclah, nwacsnwacs, ac muhtahl"?

Nuh ke kuhtuh pac ma in etuh, som nuh ke [www.reliefsociety.lds.org](http://www.reliefsociety.lds.org).