



Sel Prestuhn
Dieter F Uchtdorf
Mwet in Kahsruh Ahk Luo
ke Prestuhnsi Se Met

Suk ke ma Wo

Ke siacnyacn fuhsr se ke Mwet Luhlahlfongi ke Lwen-sahflah uh suk sie lohm sasuc selos uh, Elos sramsram nuh sin mwet insac ah ma kuh in oruh mwet tuhlan lalos ke ohiyacn inkucl sac ac lutlut ke acn sac.

Sie muhtwacn elos sramsram nuh se ah fahk ke lutlut se tuhlihk nahtuhl ah wi ac: “Acn na wowo se pa inge! Prinsipuhl sac mukul na wolacna se; mwet luti ac fal in luti, wo, ac kuhlwacng. Nga engan na pwacye lah tuhlihk nahtuhr uh kuh in wi lutlut na wolacna se inge. Kowos ac luhngse acn ngwe!”

Muhtwacn se sahyac fahk ke lutlut se tuhlihk nahtuhl ah wi ac: “Acn na koluk se. Prinsipuhl sac nuhnkuh kac sifacna; mwet luti ac suhfal in luti, koluk ac sekuhlwacng. Nga fin kuh in mukwilac liki acn se inge, ngwac sana mukwilac!”

Ma tahfuhnkahs se kac uh pa kwewana muhtwacn luo uh sramsramkihn prinsipuhl sacna, mwet luti ac pwacna, ac lutlut sacpacna.

Kuh kom nuh etuh lah mwet uh kuh in kwacna sokwack ma elos suk uh? Suk in wo, ac kom fah kuh in konwacack kwewa ma wo ac ma koluk sin apkuhran in mwet nuh kwewa ac ma nuh kwewa. Mwet uh oruh oac-yac nuh ke Alu luhn Jisus Kraist luhn Mwet Luhlahlfongi ke Lwen-sahflah e ke na muhtwacwacackiyac ah. Elos suc suk ke ma wo tuhlah sokwack mwet wo ac pahkotwen — mwet se ma luhngse Leum ac kena in kuhlwacnsap nuh Sel ac ahkinsewowoye moul luhn mwet wiyaclos. Tuhsruhk pwacye pac lah elos suc suk ke ma koluk uh tuhlah sokwack ma tiac arlac wo.

Koluk ohiyac, kuhtuh pacl uh ma inge sikyak pac ke Alu uh. Wacngihn sahfah ke orek lwemlwem, ahksuh-maht, ac sruasra lalos suc suk ke srihpac in ahkkoluk uh. Elos tiac kuh in fuhlweack nuhnkweyac lalos. Elos lwesrihk ac suk ma koluk luhn mwet sahyac an. Elos onwe kihnet uh ke yac singucul kuhtuh, eis pacl wowo nuh kwewa in ahktuhngye ac ahkmwekihnye mwet sahyac uh. Ma inge tiac ahkenganye Leum, “Yen ma oasr sok ac nunku kac sifacna we, fohs ac kain in ma koluk nukewa oasr pac we” (James 3:16).

Prestuhn George Q. Cannon (1827–1901) el etuh kaccl Prestuhn Brigham Young (1827–77) wo, orekma fototo nuh yohrohl ke yac pucspucs, ke el oruh mwet se ke U luhn Mwet Sap Singucul Luo ac ke el oruh mwet in kahsruh se lal ke Prestuhnsi Se Met. Tukun misac lal Prestuhn Young ah, Prestuhn Cannon el suhmuhslah ke puk in sihm nahtuhl ah: “Nga tiac wi ahkkoluk kuh konwacack ma koluk ke oruh lal [Brigham Young] uh, fahk in kahsruh kuh luti lal ke pacl nuh kwewa uh oasr insiyuck, srihk kuhtuh ke fahk kuh oruh luhk uh. Ma inge wo nuh sihk pacl inge. Nuhnak se ma tuh oasr sihk ac pa: Nga fin ahkkoluk kuh sokwack ma koluk kac, kuh nuhnkuhkwaccl Tamuhlwel Brigham, fuhkah lusacn fahsr luhk uh; nga fin muhtwacwacack, ngwac tui oyac? Nga kupohtule in tiac nuhnkweyuc nuh ke kain ohiyac se. Nga etuh lah koluklac uh kwacna sikyak ke muhnahtuh nuh ke nguhn in ahkkoluk ac sukyacn ma koluk uh. Mwet sahyac, ma kuh likiyuc, suhmaht ac yohk etwacclah la, kuh in oruh ma pucspucs ac

kahingkuhlah ma ac sikyak ke ma koluk uh suc nga tiac kupohtule in oruh.”¹

Kahs in kahsrüh wowo lal Prestuhn Cannon uh pa sie ma kuht mwet ke Alu uh enenuh in nuhnuh yohk kac uh. Kahs luhn God ahkkweye mwet fahsr tukun Kraist in oruh in “nasnas, . . . mislac, okak, ac kulang, sessesla ke pakoten ac fahko wo puspis, wangin srisri ac kutasrik.” Nuh selos suc ahkmihs, “fahko luhn suwohswohs kosracni ke misla” (James 3:17, 18).

Oasr sulacrah se lasr. Kuht kuh in suk ke ma koluk luhn mwet sahyac an. Kuh kuht kuh in oruh mislac ac orekma in tahfweacng nuh sin mwet sahyac an kahlwem, oruh ma fal, ac nuhnuh muhnahs ma kuht kena yohk nuh sesr uh. Sulacrah se lasr; ke ma nuh kwewa kuht suk uh, tuh kuht in sokwack na pwacye.

MWE KAHSRUH

1. George Q. Cannon, Ma Sihmlac Jacnweri 17, 1878; Kahs Sasuc.

LUTI KE PWENG SE INGE

“Kom kuh in puhla lah srihklac etuh lom ke sie ip yohk ma kom ahkolah in luti an,” mwe kahsrüh *Teaching, No Greater Call* ([1999], 19). “Tuhsruhktuh, ke kom pruhe in lutlutkihn uh, srihke in moulkihn uh, ahkolah in luti kac uh, na akacsruhi kac nuh sin mwet sahyac uh, fahkwack luhlalfongi lom sifacna an ac tuhfeh ahkkweyeyuck ac ahkloalyeyuck.”

Ke kom liye ke ma wo ke moul uh ac ke mwet sahyac uh ke mahlwem se inge, kom ac tuhfeh ahkolah wo in luti pweng se inge ac in fahkwack ke ma pwacye kac uh.

MWET FUHSR

Ma Wo ke Ngalngucl luhn soko Kosro Sel Tara Stringham

Ke summer ke yac 2009 ac, Ngalngucli muhtuhk sin kosro soko nuhtin kawuck se luhk. Koluk ohiyac, ngalngucl sac seyac ingohsrok, ac nga enenuh in eis tuhta uh.

Tukun kihnet sac, nga oelac na pwacye. Nga fuhlweang ma upac uh in isyac nuhnuhkuh, ac nga puhla lah moul luhk nohfohn uh muhsahllah. Nga inse-srihsrihk ke inggasrok ac tiac luhngse in som nuh inwalihl na pwacye. Ke mwe nuhnuh luhk uh plwacn in piano, volleyball, alu, kofkof, ac lutlut luhk uh itucngyucki ke muhsahllah se luhk ah.

Tuhsruhke ke pacl nuh kwewa nga pruhe, eis mwe insewowo luhn pristut, sramsram nuh sin pahpah ninac kiyuck uh, kuh fahsriyuck sin sucu ac kawuck luhk uh, nguhnik tohuyak ac nga puhla engan ke pacl in suhpwacr uh. Nga sana akihlacnwack lah mwet uh fin nuhnuh ke muhsahllah se luhk uh, elos ac puhla pahko muhta.

Puhlakihn se inge kahsrüh muhsahi atac se luhk uh, ac nga lotwelah in tiac elyah ke ma mwet sahyac uh nuhnuh keik uh. Nga ahkinsewowoyeyuck pac ke srihpen muhsahllah se luhk uh kahsreyuc in akihlen lah nga enenuh in tiac nuhnuh yohk keik sifacna ac muhtwacwacack fosrngahkihn yohk mwet sahyac uh. Nguhnik ahkkweyeyucklac wo ke puhlan pacl se inge.

Nga etwacrah lah ma upac uh pa sie ip ke plwacn luhn Pahpah Lucng nuh sesr uh. Kuht fin liye ke ma wo ac tiac ke ma koluk uh, kuht kuh in kuhtanglah ma upac uh, oruh sie mwet wowo, ac fuhlweacng ma puhlweyuck an in ahkkweye luhlalfongi lasr uh.

TUHLIHK

Liye ke ma Wo raunikomyak an

Kom kuh in liye ma wo nuh kwewa ma raunikomyak an kom fin etwacrah in liye kac. Sie ohiyac kom kuh in lutlutkihn in akihlen mwe insewowo uh pa in oruh in pahla in oek ma wo kom liye ke lwen sacn ke kais sie fong uh.

Eis pacl lom oyekuh in fahk nuh sin sie mwet ke sucu lom an ke kuhtuh ma kom liye ke moul lom sifacna mihsenge uh.



Ye kohkoh luhn Pristut ac tukun Pactuhn luhn Pristut

Lutlutkihn kuhfa inge, ac ke pacl fal, sramsramkihn yurin tahmtahel ma kom muhtwacta nuh yohroh an. Orekmakihn kihsen siyuck an in kahsrue kom ahkkweye tahmtahel wiyom an ac in orwacrah ip fokoko se ke U luhn Muhtwacn in Kahsrue ke moul lom sifacna an.

Luhlalfongi • Sucu • Kahsrue

Tahmtahel wolacna wiyuck an, fuhkah luhpan insewowo lasr uh! Tiac ke kuht oruh mwet ke Alu muhkwen, tuhsruhk kuht oruh pac mwet ke U luhn Muhtwacn in Kahsrue — “U se luhn Leum sin muhtwacn uh.”¹ U luhn Muhtwacn in Kahsrue pa ahkpwacyeyacn luhngse luhn God nuh sin tuhlihk muhtwacn Nahtuhl uh.

Kuh insiyom tiac engan ke kom esamwack pwacriyacn muhtwacwacack luhn u se inge uh? Ke Mahs 17, 1842, Mwet Pahluh Joseph Smith el akiyac tahmtahel uh “ye kohkoh luhn pristut tukun pahtuhn luhn pristut uh.”²

Ac tuhfah akwucki “*ye kohkoh luhn pristut*” sang kuh suwohs ac kolyuck luhn tahmtahel uh. Eliza R. Snow, prestuhn luhlahp ahkluo ke U luhn Muhtwacn in Kahsrue uh, luti lah U luhn Muhtwacn in Kahsrue uh “tiac kuh in oasr fin wacngihn Pristut, ke kahlwem lah el eis nohfohn kuh suwohs ac oruh la ke ohiyac sac.”³ Elder Dallin H. Oaks ke U luhn Mwet Sap Singucul Luo el ahkuhtweyac lah, “Kuh suwohs se in orekmakihnyuck sin mwet oasr wal la ac mwet luti ke U luhn Muhtwacn in Kahsrue uh . . . pa kuh suwohs se ma kuh in fahsr nuh yohrohlos ke fahsrweni luhn u lalos nuh ke Alu luhn Jisus Kraist luhn

Mwet Luhlalfongi ke Lwen-sahflah uh ac ke ahkkweyeyucklac luhn kais sie ye poun mwet kol luhn pristut ke pahngyak lalos an.”⁴

Ac tuhfah akwucki “*tukun pactuhn luhn pristut uh*” sang nuh sin tahmtahel an kunohkohn muhtahl. Julie B. Beck, prestuhn luhlahp luhn U luhn Muhtwacn in Kahsrue uh, el ahkuhtweyac lah: “Kuht mukwikwi ke ohiyac luhn pristut — suc kalmac pa kuht suk, eis, ac orekma nuh ke fwackyuck; oruh sulaclah uh ke tuhkweni uh; ac elyahkihn kuht ke fosrngahkihn-yacn kais sie. Ma lasr uh pa srihpac luhn pristut in ahkoe kuhtlac nuh ke mwe insewowo luhn moul ma pahtaht in oruh ac karihngihn olwelah uh. Pwacnwacng, in oacna mukul wiyacsr ma sruok pristut uh, ma lasr uh pa orekma luhn molwelah, kuhlwacnsap, ac oruh sie mwet muhtahl.”⁵

Barbara Thompson, mwet in kahsrue ahkluo luhn prestuhnsi luhlahp ke U luhn Muhtwacn in Kahsrue.

Ke Ma Suhmuhsrah uh

1 Mwet Korint 11:11; Doctrine and Covenants 25:3; 121:36–46

Ke Ma Mahtuh Lasr

Ke muhsahiyuck Tempuhl Nauvoo ah, u in tahmtahel se

kena in oraclah in tahpuhk oruh luhn lohms se. Eliza R. Snow el orwaclah masap nuh ke u sasuc se inge. Ke el sang nuh sel Mwet Pahluh Joseph lacn liye ah, el topuk: “Fahk nuh sin tahmtahel an lah mwe sang kahsrue lalos an luhngseyuck sin Leum, ac oasr ma wowo nuh selos yohrohl. . . . Ngwac akiyac muhtwacn uh ye kohkoh luhn pristut tukun pactuhn luhn pristut uh.”⁶ Pacl fototo tohkoh, Mwet Pahluh el fahk nuh sin U luhn Muhtwacn in Kahsrue se ma tuhfahna oreklac: “Nga inge furohkoht ki se nuh suwos ke inen God, ac U se inge tuhfah enganwack, ac etuh ac kahlwem uh tuhfah puhtat nuh ten ke pacl se inge.”⁷ Tahmtahel uh motkweyuck in kihluckyak nuh ke sie fihl muhtahl sasuc ac in ahkolah nuh ke akwuck muhtahl luhn pristut ma ac tuhfah orekmakihnyuck lun tempuhl uh.

MWE KAHSRUE

1. Spencer W. Kimball, “U luhn Muhtwacn in Kahsrue — Its Promise and Potential,” *Ensign*, Mahs 1976, 4.
2. Joseph Smith, sihmilac ke Sarah Granger Kimball, “Auto-biography,” *Woman’s Exponent* Septempuh 1, 1883, 51.
3. Eliza R. Snow, “Female Relief Society,” *Deseret News*, Eprel 22, 1868, 81.
4. Dallin H. Oaks, “The Relief Society and the Church,” *Ensign*, Mei 1992, 36.
5. Julie B. Beck, “Relief Society: A Sacred Work,” *Liahona*, Nohfohpup. 2009, 111.
6. Joseph Smith, sihmilac ke Kimball, “Auto-biography,” 51.
7. *Teachings of Presidents of the Church: Joseph Smith* (2007), 451

Meac Nga Kuh In Oruh?

1. Nga ac kahsruh fuhkah tahm-tahel nga forfor nuh yohroh uh in engankihn mwe insewowo ke orekma muhtahl luhn U luhn Muhtwacn in Kahsruh uh?

2. Meac ngwac kuh in oruh ke mahlwem se inge in ahkyohkye kuhiyuck in eis fwackyuck luhn kais sie uh?

Nuh ke kuhtuh pac ma in etuh, som nuh ke www.reliefsociety.lds.org.