I promise you that as you prepare your spirit and come with the anticipation that you will hear the voice of the Lord, thoughts and feelings will come into your mind that are customized especially for you.

ELDER NEIL L. ANDERSEN

NEED MORE COPIES?
Download and print this notebook at conference.lds.org.
GENERAL CONFERENCE IS JUST AROUND THE CORNER. SO LET'S PREPARE TO BE UPLIFTED, CHALLENGED, AND INSPIRED.

As you prepare for conference, listen during conference, and study after conference, you will strengthen your testimony and draw closer to Heavenly Father and the Savior. This general conference notebook will help you record promptings, take notes, and write down things you plan to do.

WAYS TO PARTICIPATE
lds.org; Mormon Channel on YouTube, website, or app; BYUtv; at the Conference Center
conference.lds.org

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What do General Auxiliary leaders do?

General Auxiliary leaders have the specific responsibility to oversee the organizations and programs for the members they are called to serve. They travel the world training local leaders and working with them to learn more about their communities and the needs of the people. They also get to know the members by making individual home visits. General Auxiliary leaders represent their auxiliary members by serving on Church leadership councils, executive committees, and boards. They also contribute ideas to Church messaging and help review Church materials, such as Come Follow Me. These faithful leaders work hard to make sure the needs of all of God’s children are met.
General conference is a great way to get inspiration and guidance. You’ll have an even better experience when you prepare in advance to receive personal revelation. Start preparing!

Preparation STARTS HERE.

- Review my notes from last conference.
- Pray for the conference speakers.
- Write down questions I want to have answered.
- Identify topics I’m interested in.

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Q&A:

It’s hard to get answers when we don’t ask questions. So let’s brainstorm! Think about what questions you have in your life. What do you want to understand a little better? Write them down. Then record your answers and impressions during conference.

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<th>MY QUESTION:</th>
<th>ANSWER:</th>
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TOPICS
THAT INTEREST YOU

What topics have you been thinking about? What would you like to hear during general conference? Write down some topics or phrases that are interesting to you or that you want to learn more about. During conference, pay attention to how they are mentioned. It’s a great way to learn, and you’ll have a collection of resources to use in the future.

WE CAN PRAY TO OUR HEAVENLY FATHER AND RECEIVE GUIDANCE AND DIRECTION, BE WARNED ABOUT DANGERS AND DISTRACTIONS, AND BE ENABLED TO ACCOMPLISH THINGS WE SIMPLY COULD NOT DO ON OUR OWN.

President Russell M. Nelson
Write INSPIRATION DOWN.

Now that conference is finally here, listen for answers. Write down promptings, look for promised blessings, and pay extra attention to things you feel impressed to work on. Jot down quotes that inspire you, and take note of those messages that really stick out to you.
NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

REVELATION IS A REALITY. IT COMES IN THE LORD’S WAY AND ACCORDING TO THE LORD’S TIMETABLE.

President Dallin H. Oaks

FAVORITE QUOTE:

REVELATION IS A REALITY. IT COMES IN THE LORD’S WAY AND ACCORDING TO THE LORD’S TIMETABLE.

President Dallin H. Oaks
IF YOU ASK WITH REAL INTENT AND WITH FAITH IN JESUS CHRIST FOR INSPIRATION, YOU WILL RECEIVE IT IN THE LORD’S WAY AND IN HIS TIME.

President Henry B. Eyring
### Promised Blessings:

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<th>Session</th>
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<td>General Women's Session</td>
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<td>General</td>
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<td>5th</td>
<td>General Women's Session</td>
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### What Will I Do Now?

- Simple acts of service can have profound effects on others—as well as on ourselves.

  *Jean B. Bingham, Relief Society General President*

### Favorite Quote:

- Simple acts of service can have profound effects on others—as well as on ourselves.

  *Jean B. Bingham, Relief Society General President*
NOTES:

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

WE CAN COME TO KNOW THE LORD AND TRUST HIM AS WE “FEAST UPON THE WORDS OF CHRIST.”

Bonnie H. Cordon, Young Women General President
NOTES:

GUIDANCE IS GIVEN IN THE LORD’S TIME, LINE UPON LINE AND PRECEPT UPON PRECEPT.

Elder Quentin L. Cook

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:
NOTES:

FAVORITE QUOTE:

REVELATION ALMOST ALWAYS COMES IN RESPONSE TO A QUESTION.

Elder Jeffrey R. Holland
THE SPIRIT OF REVELATION IS REAL—AND CAN AND DOES FUNCTION IN OUR INDIVIDUAL LIVES AND IN THE CHURCH.
Elder David A. Bednar

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<th>MONTH</th>
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FAVORITE QUOTE:

THE SPIRIT OF REVELATION IS REAL—AND CAN AND DOES FUNCTION IN OUR INDIVIDUAL LIVES AND IN THE CHURCH.
Elder David A. Bednar
YOU CAN LEARN FOR YOURSELF—RIGHT NOW AT YOUR AGE—HOW TO RECEIVE PERSONAL REVELATION. AND NOTHING WILL MAKE A BIGGER DIFFERENCE IN YOUR LIFE THAN THAT!

President Russell M. Nelson
Now that conference has wrapped up, what's next? Did you feel inspired to change or do something different in your life? Take some time to organize your thoughts, prepare a plan, and then act on it.

**THEMES YOU NOTICED**

What stuck out to you the most? Write down some of these themes, and think about what they mean personally for you and your life.

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<th>WHAT I LEARNED:</th>
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**ACTION PLAN:**

1. Help my friend with math homework.
2. Attend the temple more often.

**THEMES:**

- Ministering
- Receiving Revelation
- Studying the Book of Mormon

**GOALS**

**How will I improve?**

**Inspiration Received.**

(What are you going to do with it?)
WHAT I WILL DO

After conference, take some time to review your notes. Write down what you feel inspired to do or make a list of goals you want to work on.

MY TESTIMONY

How did my testimony grow during this conference?