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LATTER-DAY SAINTS,

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OF **GRATITUDE**
AND **LOVE.**

President Henry B. Eyring
First Counselor in the First Presidency
October 2016 general conference

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“You might well be wondering what you could do to live and worship on this Sabbath day to demonstrate your gratitude. ...

“You could begin today with a private and family prayer of thanks for all God has done for you. You could pray to know what the Lord would have you do to serve Him and others. Particularly, you could pray to have the Holy Ghost tell you of someone who is lonely or in need to whom the Lord would have you go.

“I can promise you your prayers will be answered, and as you act on the answers you will receive, you will find joy in the Sabbath, and your heart will overflow with thankfulness.”

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