Jesus Christ is the perfect example of how we should serve others. But can you care for others as He did?

### CAN I REACH OUT TO SOMEONE?

**GOT IT!**
Give a compliment, invite them somewhere, or just ask them about themselves. Christ was often focused on individuals who needed Him. (See John 4:7–30.)

**YES**
Prayerfully think about who might need a kind word or a friend.

**NO ONE COMES TO MIND.**
Practice looking outside of yourself. Oftentimes the people who need your love the most are the ones who go unnoticed. (See Luke 10:30–37.)

### CAN I SPARE A FEW MINUTES?

**I HAVEN'T MOVED IN 3 HOURS.**
Service project anyone? Get off the couch and use your free time for something awesome! (See Romans 12:10–11.)

**YES**
No matter how busy you are, there's always time to think of others. So, how much time?

**I CAN SPARE A FEW MINUTES.**
Waiting for a class to start? Dinner not quite ready yet? Look around and see who needs your time. (See Philippians 2:4.)

### HAVE THE LORD BLESSED ME WITH TALENTS?

**THAT'S EASY!**
The best way to use your abilities is to help others. How did Christ use His talent for storytelling? (See Matthew 13:34.)

**YES**
How can I use my talents to help others?

**UHH ...**
Some talents aren't as obvious, like listening or being kind, but they can still uplift others. You DO have a gift you can use to serve others. (See D&C 46:11.)

### DO I HAVE MATERIAL THINGS TO GIVE?

**I HAVE A JOB, I CAN SPARE SOME MONEY.**
Next time you hand in your tithing, add a little extra for fast offering or humanitarian aid. (See Isaiah 58:6–12.)

**YES**
What can I give?

**I HAVEN'T WORN THIS COAT IN A WHILE.**
Gather up any clothes, gadgets, or food you can do without and give them away. (See Matthew 25:34–40.)

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