ENJOY VARIETY

“You young people] should not complain about schooling. Do not
immerse yourself so much in the technical
that you fail to learn things that are
practical. Everything you can learn that is
practical—in the house, in the kitchen
cooking, in the yard—will be of benefit
to you. Never complain about schooling.
Study well, and attend always. . . .
“We are to learn about things that are
above, and things that are beneath,
things that are in the earth, and upon
the earth, and in heaven” (D&C 10:34).
“You can learn about fixing things and
touching things and even sewing things
and whatever else is practical. It is
worth doing. If it is not of particular
benefit to you, it will help you when you
are serving other people.”

President Boyd K. Packer, President of the Quorum
of the Twelve Apostles, “Counsel to Young Men,”

LEARNING YOUR LEARNING STYLE

Whether you’re learning something for school or for fun, it’s important to identify
what kind of learner you are. Though most people can get something from
every approach, not everyone has the same favored learning style, so finding out how
you learn best will help you learn better. Learning better will make learning more
fun, too. Here’s a rundown of different learning styles:

<table>
<thead>
<tr>
<th>LEARNING STYLE</th>
<th>YOU LEARN BEST BY</th>
<th>FORWARD TIPS</th>
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</table>
| Visual         | Seeing           | At school, sit where you can see the board best. Write down key words, ideas, or
Look at graphics. Try to visualize things you hear. Use flashcards. |
| Auditory       | Listening        | At school, sit where you can hear the teacher best. Make up rhymes or charts to help
you memorize things. Have uplifting instrumental music playing while you study. Read
assignments, directions, and your notes aloud. At home, don’t be afraid to talk out loud
to yourself or others when trying to figure something out. |
| Tactile/Kinesthetic | Being hands-on   | Participate in activities that involve touching, building, moving, etc. Perform a skit to
show the action of what you’re trying to learn. Take notes. Use a highlighter pen to mark
important passages. Stay active when you need to concentrate—squeezing a stress ball or
walk around as you’re reading a book. |

FIND SOMETHING YOU LOVE

President Henry B. Eyring, First Counselor in
the First Presidency, learned a great lesson
from his father:

“Because of his great love for science, [his father] encouraged each of his sons to major in physics. . . .
Hal [President Eyring] was studying physics . . .[and] asked his father for help with a complex mathe-
matical problem. . . . Hal, [his father] said, we were
working this same kind of problem a week ago. You
don’t seem to understand it any better now than
you did then. Haven’t you been working on it? . . .
Hal admitted he had not. ‘You don’t understand,’
his father went on. ‘When you walk down the street,
when you’re in the shower, when don’t you have
to be thinking about anything else, isn’t this what
you think about?’

“When I told him no, [said President Eyring], ‘my
father paused. . . . Then he said, ‘Hal, I think you’d bet-
ter get out of physics. You ought to find something
that you love so much that when you don’t have to
think about anything, that’s what you think about.’”


HEALTH & SAFETY/OUTDOORS

Learn a new sport. Consider swimming (after all, 71 percent of the earth’s surface is covered by water).

Navigate somewhere new. Try it with a paper map and a compass before using GPS.

Country, swing, or ballroom dance—unless you’re more interested in Irish hard shoe.

Identify constellations and research astronomy: black holes, nebulae, supernovae—it just sounds cool.