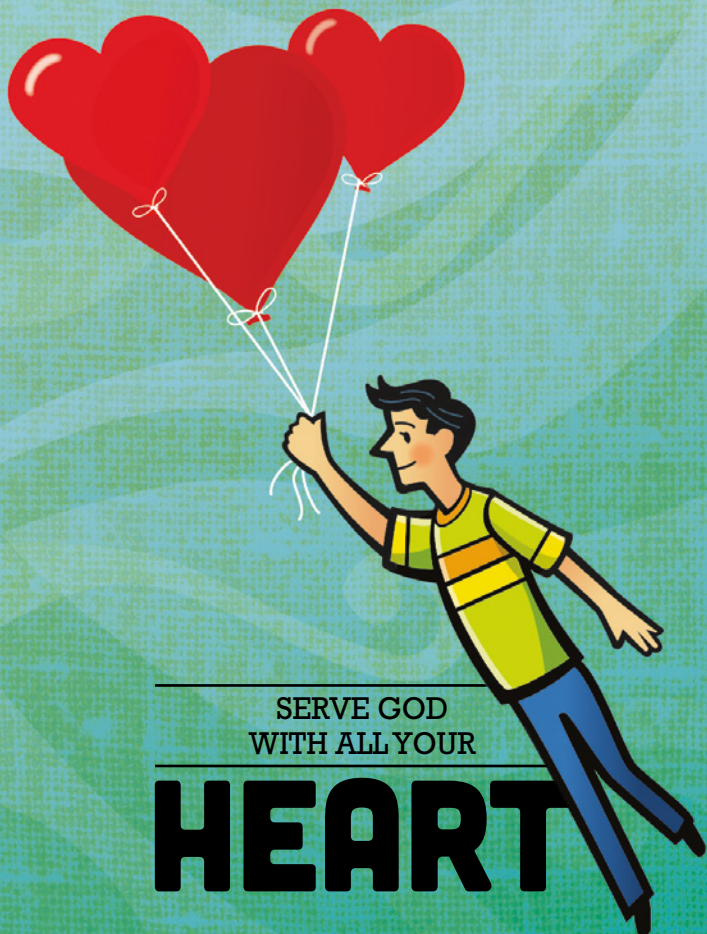


Serve with All Your Heart

The heart sustains life. "Heart" often means the center or core of something and the place where desires and emotions reside. To serve God with all our heart is to give Him all of our desires, will, and love. He asks us to love Him by keeping His commandments and loving others. Here are some ideas for doing this:

- Put prayer, scripture study, and Church attendance above your own wishes.
- Show compassion and kindness toward someone in your family or at school.
- Spend time doing what someone else wants to do.
- Try to understand how someone else feels.
- Give a sincere compliment to someone.
- Talk or sit next to someone who is alone.



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