



# DEAR PARENTS,

Being a parent is a great blessing. But it's not always easy. We will make mistakes, but we can keep growing and learning. Heavenly Father can help us, and our children can too. Together, we can care for each other and make our relationships stronger. Read the stories on page 8 and page 20 to see how you can grow in love together. Talk with your child about ways you can help each other.

With love,  
The *Friend*



**PLEASE SEND YOUR SUBMISSION TO:**

- Friend Magazine
- 50 E. North Temple St., Rm. 2393
- Salt Lake City, UT 84150-0024
- Or email: [friend@ChurchofJesusChrist.org](mailto:friend@ChurchofJesusChrist.org)

**The following information and permission must be included:**

First and last name

Age	Boy / Girl	State / Province / Region, Country
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**I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.**

Signature of parent or legal guardian Date

Email of parent or legal guardian

May the *Friend* contact you with a survey?

YES

NO

