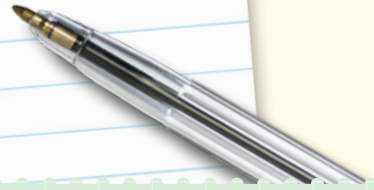


I don't feel any big answers when I pray.
How can I know if I really have a testimony?
—Searching in Seoul



Dear Searching,

Answers from Heavenly Father don't always come right away, and they aren't always big. Usually they come through quiet, peaceful feelings from the Holy Ghost. This is the same way a testimony usually grows.

Instead of waiting for your testimony to come in one big moment, like flipping on a light switch, think of it more like a sunrise. Your testimony will grow brighter little by little as you keep learning, praying, and making good choices.

Keep going!

The *Friend*

TESTIMONY SEARCH

Read the verses and fill in the blanks.
Check answers on page 43.

Alma 5:45-46

Alma the Younger saw an angel, but that's not how he got his testimony. He said his testimony came after he "_____ and _____ many days."

John 7:17

If you "_____ his will," you can "_____ of the doctrine." That means that if you act on what you learn, you can know if it's true.

Alma 32:30

The gospel is like a seed you plant in your heart. When it "beginneth to _____," you can know that "the seed is _____."

prayed
do
grow
good
know
fasted