Resurrection Garden
For Mosiah 1–3

Sing “Easter Hosanna” (Children’s Songbook, 68–69).

Learn about Jesus Christ’s Resurrection. You could use “The First Easter” (page FJ2), or read about the Savior’s visit to the Nephites (see 3 Nephi 11:3–17).

Now build a Resurrection garden. Fill a large dish or flower pot with dirt. Then lay a cup sideways to look like a tomb. You could use the cutouts on pages FJ2–FJ3 to finish the scene.

Indoor Campout
For Mosiah 1–3

Sing “Follow the Prophet” (Children’s Songbook, 110–11).

When King Benjamin taught his people, they set up their tents facing the temple to hear him speak (see Mosiah 2:5–6). It was kind of like general conference!

Set up a tent in your house using chairs and blankets. Then sit in your tent and watch a conference talk or Church video together.

Kindness Challenge
For Mosiah 4–6

Sing “Love One Another” (Children’s Songbook, 136).

King Benjamin taught that we should love and serve each other (see Mosiah 4:15). How can you show love to others?

Do a family kindness challenge!
Set out a small jar. Throughout the week, put a small object in the jar every time you do something kind. Can you fill it to the top?

Carrot-Cake Bites

Mix together 2 cups rolled oats, 2 cups shredded carrots, 1 cup finely chopped dates, 2/3 cup finely chopped almonds, and 2 teaspoons cinnamon.

Add water 1 tablespoon at a time until moist. Roll mixture into bite-sized balls and top with coconut flakes. Refrigerate for 1 hour before serving.

Fruity Roll-ups

Blend 2–3 cups fruit in blender, then mix in 2–3 tablespoons honey and 2 tablespoons lemon juice. Spread mixture evenly in a pan lined with parchment paper.

Dehydrate in an oven set at the lowest-possible temperature, for 4–6 hours until middle is dry. After cooling, cut into 1-inch (2.5-cm) strips. Roll up with strips of parchment paper.

Pizza Quesadillas

Spread pizza sauce, mozzarella cheese, and pepperoni or veggies on one half of a tortilla.

Fold it over and cook on a skillet over medium heat until cheese is melted and both sides are golden brown. Cut into triangles and serve warm.

Heroes with God’s Help
For Mosiah 7–10

Sing “Book of Mormon Stories” (Children’s Songbook, 118).

God helped people in the scriptures, and He can help you too (see Mosiah 7:19–20, 33).

Make your own faith hero cards! Draw pictures of people in the scriptures who did something hard with God’s help.

On one of your hero cards, draw a picture of yourself. What hard things can you do with God’s help?

Treat Time

Come, Follow Me—for Individuals and Families each week.