

Words Matter

The words we say make a big difference.
Trace your finger along the lines to see how the words you say can make others feel.

You thanked your dad for making dinner.

You said, "I love you," to your sister.

You spread rumors about Mitch to your other friends.

You told a mean joke about Zane. Then you laughed and said, "Just kidding."

You told Lila she did a good job at her soccer game.

You complained when your mom asked you to set the table.

She felt sad that you didn't help her.

He sat alone at lunch. He felt sad and lonely.

He smiled and looked very happy.

She felt cared for and important.

She felt more confident next time she played.

He felt bad about himself and wondered if it was true.

WORDS STICK!

Help your family feel loved by sticking kind notes around the house. Cut out the cards or make your own.

