

Send something in for the Kindness Garden! See how on page 39.

FRIENDS BY MAIL



Think Good Things



We took pictures from the *Friend* and made a poster collage that says “Think Good Things” to help us remember to think about good things around our

home. We love the *Friend*! It helps us learn more about how to become like Jesus.

Jack, Calvin, Maggie, and Clark B., ages 9, 3, 6, and 8, Arizona, USA



DEAR FRIENDS,

Our bodies are a gift from Heavenly Father. Bodies come in all shapes, colors, and sizes, but each body is beautiful. That's right—YOU are beautiful! If you ever feel unhappy with your body, think about all the things your body can do.

Check out the game on pages 24–25 to learn about how bodies are like temples.

We love you from head to toe!

The *Friend*

Was there a story or activity this month that helped you? Tell us about it! Turn to page 39 to find out how.

Puff Pancakes!



We read the story “My Eternal Family” (Feb. 2019). The next day we all made Addie’s puff pancakes with our mom. They were delicious! After

trying them, we decided to make these pancakes every weekend for breakfast. Thanks for the great story and yummy recipe, Addie!

Eliza, Dixie, and Edith W., ages 3, 5, and 4, Colorado, USA

Our Own Kindness Garden

We loved the idea of a kindness garden, so we decided to make our own. We put it up on a wall in our house, and every week we add a kind deed we did. We plan to do different things each month for our kindness garden. We want to be like Jesus and be kind.

Elizabeth, Eden, and Ephraim S., ages 3, 8, and 5, Georgia, USA



We apologize! We got the photo wrong for Henry D. in “Friends and Other Faiths” in the July *Friend*.

