



# The Sacrament Reminds Us of **Jesus**



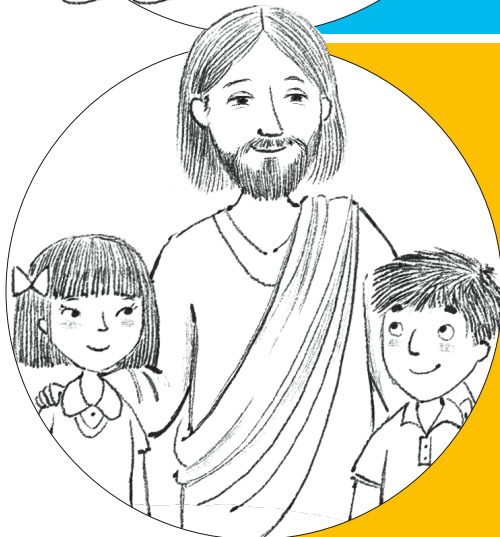
**BEFORE** the sacrament,  
I can get ready by . . .

Dressing in my best clothes

Going to church

Singing a hymn

Listening to the  
sacrament prayers



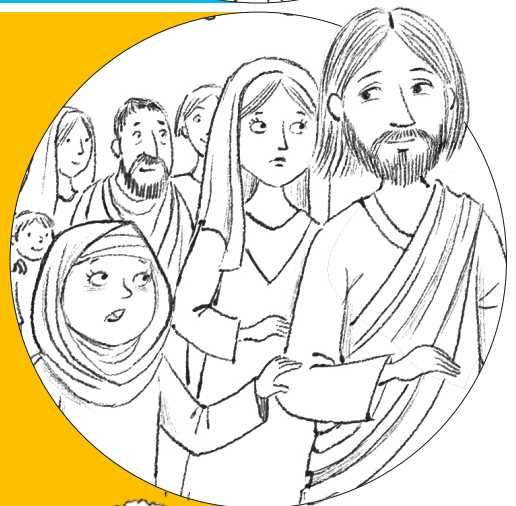
**DURING** the sacrament,  
I can be reverent by  
thinking about . . .

What Jesus did for me

Ways I can follow Him  
during the week

Baptism promises

Stories about Jesus



**AFTER** the sacrament,  
I can remember and  
follow Jesus all week  
long by . . .

Asking myself, "What would  
Jesus do?"

Being kind to others

Reading my scriptures



See family manual, pages 91–92.