

FRIENDS BY MAIL



Shine
Your
Light!

Thanks for sending in your stars! Keep them coming.
Turn to page 39 to see how.

Family History Quest



Thank you so much for the *Friend!* I saw the **Family History Quest** (Jan. 2018), and I love it! I am using this for a 10-hour project for Personal Progress.

Paige K., age 12, British Columbia, Canada



Calming Glitter Bottle

Family home evening is a blessing in our home, and we use the *Friend* to plan our lessons. We talked about what to do when feeling angry or upset. We made **glitter bottles** that were suggested as a way to calm down (Feb. 2018).

TianYue, HanYang, and KaiXing G., ages 7, 3, and 10, Oregon, USA

DEAR FRIENDS,

Primary is celebrating its 140th birthday this month! Read about it on pages 2-3 and 10. What is your favorite part of Primary? This month you could invite someone to visit Primary with you, or try extra hard to make others feel welcome. Your love can make Primary even better!

Was there a story or activity this month that helped you? Tell us about it! Turn to page 39 to find out how.

Primary needs you,
The *Friend*