



Show the Love in Your Heart

By President Thomas S. Monson

Someone once asked Jesus, “Master, which is the great commandment in the law?”

Jesus answered:

“Thou shalt **love** the Lord thy God with all thy **heart**, and with all thy soul, and with all thy mind.

“This is the first and great commandment.

“And the second is like unto it, Thou shalt **love** thy neighbor as thyself” (Matthew 22:36–39).

We can show our **love** in many ways: a smile, a wave, a kind comment, or a compliment. We can be kind, patient, understanding, and forgiving. This will show others the **love** in our **hearts**.

I once read a story about a boy named Jack who grew up in the hills of Virginia in the United States. Every day, his family sat around the table for dinner. His father would ask each

one of them, “What did you do for someone today?” The children wanted to do a good deed every day so they could tell their father they had helped someone. As they grew up, they felt a desire in their **hearts** to help others.

Jack became a successful doctor. Then he created more than 70 clinics across the country to help people who needed medical care. We can’t all create medical clinics, but each of us can do something to help others.

We are surrounded by those in need of our attention, our encouragement, our support, our comfort, our kindness.

May we begin now, this very day, to show **love** to all of God’s children. As we get up each morning, let us determine to show **love** and kindness to everyone.

As we come to understand how much God **loves** us, our **hearts** will be filled with **love** for Him, for our Savior, and for all mankind. ♦

Adapted from “Love—the Essence of the Gospel,” Ensign, May 2014, 91–94, and “What Have I Done for Someone Today?” Ensign, Nov. 2009, 84–87.



ILLUSTRATION BY ANDREW BOSLEY
ILLUSTRATION BY BROOKE SMART



HELP US FILL THE WORLD WITH LOVE!

Jesus asked us to show our love for Him by loving others. Help us fill the world with love by doing something kind and sending us a heart! Here are a few hearts we’ve already received.

Alexander M., age 11,
Hesse, Germany

Ich hab
auf mein kleinen
Bruder aufgepasst
Alexander

Jessica
washing
The Dishes

Jessica F., age 9,
New South Wales,
Australia

I helped my Oma
cook a meal.

Joseph M., age 6,
Hesse, Germany

eine umarmung
jemandem helfen
mit jemanden zertwickeln
Ida

Ida C., age 11,
Hesse, Germany

SEND US A HEART!

How many loving hearts can we collect this year? Help us find out!

1. Cut out and decorate a paper heart.
2. Write about how you followed Jesus by sharing love—or how someone shared love with you.
3. Send your submission to friend@ldschurch.org or to the address on page 39. Use the permission statement on page 39. (You can also send us a photo of yourself!)



We’ll be adding your hearts to our map of the world through October 2017!