



From Elder Dallin H. Oaks
Of the Quorum of the Twelve Apostles

Why is the Savior's Atonement important?

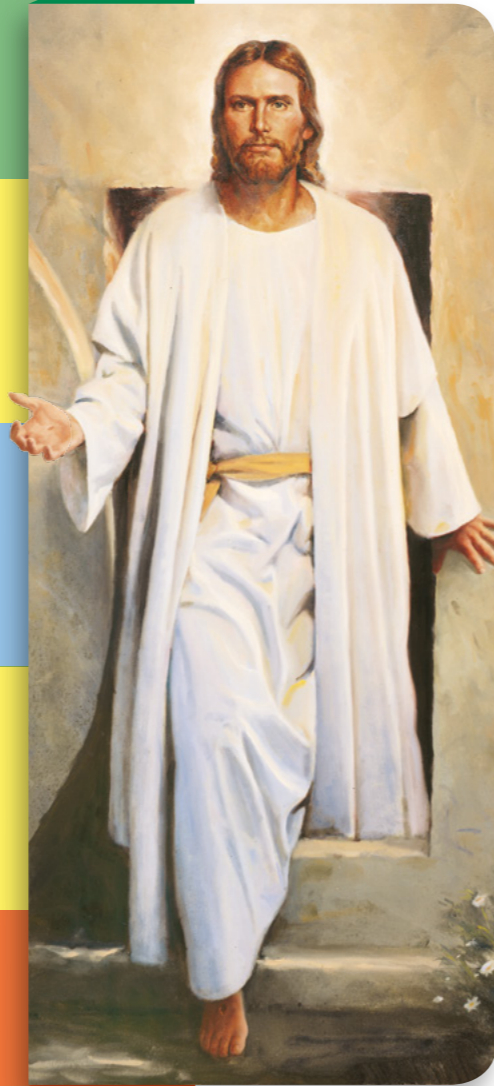
Our Savior's Atonement made resurrection possible so all of us will live again after we die.

It also made it possible for us to be clean from our sins if we repent.

As part of His Atonement, Jesus suffered challenges of every kind so He could know how to help us feel better when we are sad or struggling.

Jesus Christ can help and strengthen anyone who asks.

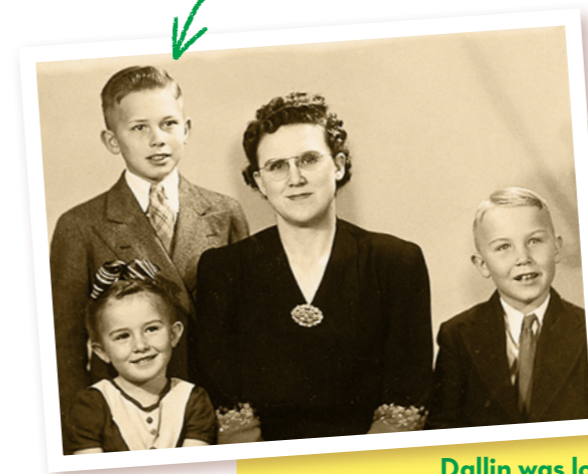
He understands our pain and suffering, and He is there for us.



DETAIL FROM PRAYER AT GETSEMANE AND HE IS RISEN, BY DEL PARSON

From "Strengthened by the Atonement of Jesus Christ," Ensign, Nov. 2015, 61–64.

Meet Elder Dallin H. Oaks



Elder Oaks and his younger brother and sister were raised by their mother after their father died.

After his father died, his mother became ill. Dallin was lonely and sad and didn't do very well in school. That changed when his wonderful fifth-grade teacher, Pearl Shaffer, helped him to learn and have confidence.

In high school he played basketball and football.



He married June Dixon, and they had six children. June died of cancer, and later, he married Kristen McMains.

Before he became an Apostle, he was a law professor, the president of Brigham Young University, and then a judge.



WHAT IS AN APOSTLE?

When Jesus was on the earth, He called 12 men to be His special helpers and witnesses. They were called Apostles. He has called Apostles to be His special helpers and witnesses today. They testify of Jesus Christ to the whole world. Elder Oaks is an Apostle.