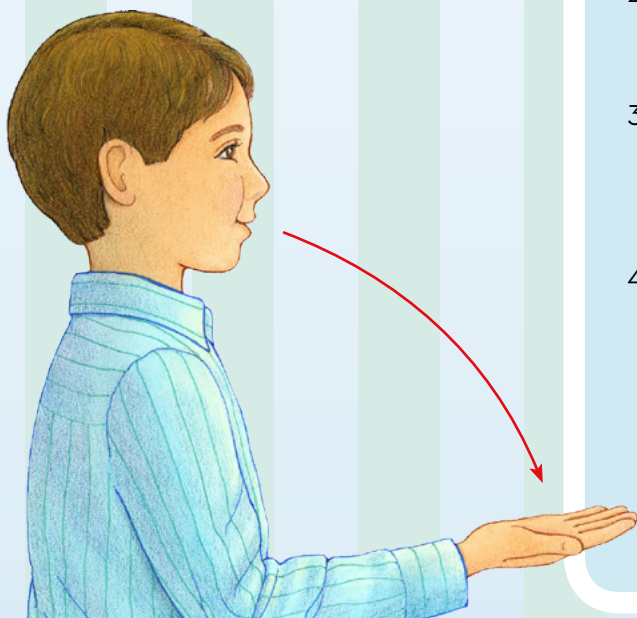


# “Thank You!”

Do this activity with your family!

**D**o you know how to say “thank you” in any other languages? Here’s how to say it in American, Australian, and British Sign Language. Give it a try!



Think of people who helped you this week, like teachers, your bishop, and friends. How can you say “thank you” to them? Maybe you could write a nice note or give them a treat. You could make and share the recipe below!

## Blessing Bread

Sundays are a great day to think about our blessings. Try this recipe with your family. Each time you add an ingredient, say one thing Heavenly Father has blessed your family with. Remember that you can thank Him anytime, anywhere through prayer!

1. In a mixing bowl, combine **1 cup vegetable oil, 3 eggs, and 2 cups sugar.**
2. Stir in **2 cups** of your choice of chopped or mashed **fruits or vegetables** (try apples, bananas, peaches, zucchini, or pumpkin).
3. In a separate bowl, mix **3 cups flour, 2 teaspoons cinnamon, 1 teaspoon baking powder, 1 teaspoon baking soda, and 1 teaspoon salt.** Add to the liquid ingredients. Stir in **1 cup walnuts** (optional).
4. Pour into two greased 8x4-inch (20x10-cm) loaf pans. Bake at 325°F (160°C) for one hour until a toothpick comes out clean when you stick it in the center. Let it cool in the pan 10 minutes before removing. Enjoy!

