

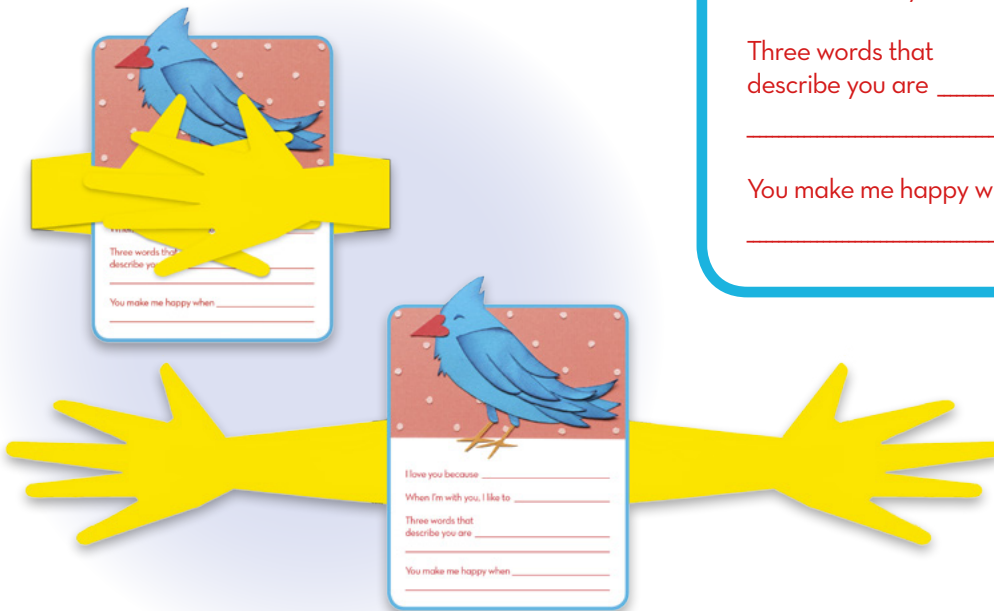
Gifts of Love

Fill in the blanks and make this card for someone you love! You can print more copies at friend.ids.org.

Send a Hug!

When you're done with your card, you can send it with a hug.

1. Trace your hands and your arms on colored paper.
2. Cut them out and glue or tape the ends together.
3. Glue your card in the center, and fold your hands over like a hug!



Fruit Dip

Make this yummy dip to go with apples, bananas, or any other fruit. Be sure to get an adult's help.

- 1 cup heavy cream
- 3/4 cup powdered sugar
- 1 8-oz (227-g) package cream cheese, softened
- 1 teaspoon vanilla extract

1. Beat the cream with an electric mixer until peaks form. Mix in half the powdered sugar.
2. In a separate bowl, mix together the cream cheese, vanilla, and the rest of the powdered sugar until smooth.
3. Stir the whipped cream into the cream cheese mix. Chill and serve with fruit.

