

# WHEN Should I Tell?

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## IF SOMEBODY IS—

- Playing a dangerous game
- Taking medicine that isn't his
- Eating, drinking, or sniffing something strange
- Hurting her body
- Doing something he doesn't want adults to know about



## IF SOMEBODY—

- Tries to get you to do anything from the list above
- Shows pictures of people without clothes
- Asks you to look at or touch their body or let them look at or touch your body
- Asks you to keep a secret about something that makes you feel bad
- Is bullying or talking disrespectfully to you or someone else—in person, by text, or online

## IF SOMETHING—

- Makes you feel unsafe or uncomfortable
- Doesn't seem right or gives you an "uh-oh" feeling
- Listen to the Holy Ghost and trust your feelings!

## BE BRAVE!

You are strong. Speaking up can help you and others be safe!

## WHO CAN I TELL?

- A parent, grandparent, or guardian
- A schoolteacher or counselor
- A Church teacher or leader
- An older brother or sister
- A doctor
- A friend who can help you tell an adult

You don't need to feel alone with a secret. An adult can help you know what to do. Keep telling people until you get the help you need.