WORDS FROM PRESIDENT MONSON
“Prayer continues to provide power—spiritual power. Prayer continues to provide peace—spiritual peace.”

REASONS TO PRAY
President Monson prayed for help to get his five-dollar bill back. Then he prayed to say thank you after it was returned. Put a check by each of the reasons that you pray:

☐ To feel close to Heavenly Father
☐ To thank Him for what He gives me
☐ To ask for His help
☐ To ask forgiveness for doing something wrong
☐ To ask for His help in forgiving someone else
☐ To tell Him how I feel
☐ To let Him know I love Him and to feel His love for me
☐ To ask Him what I should do about something
☐ To ask Him to comfort me

PRAYER PUZZLE
The prophet Alma taught his son Helaman about prayer. Look up Alma 37:36–37 to find out how and when Alma said we should pray. Then use words from those verses to do the crossword puzzle and fill in the blanks. See the answers on page 48.

Yea, and ____ unto God for all thy ______.
Let all thy ______ be directed unto the Lord.
Let the _______ of thy heart be placed upon the Lord forever.
_______ with the Lord in ____ thy doings, and he will direct thee for good.
When thou liest down at ________ lie down unto the Lord, that he may watch over you in your sleep.
When thou risest in the _______ let thy heart be full of ______ unto God.

Across
3. To receive guidance and advice
5. The time between sunset and sunrise
7. The first part of the day
8. To ask urgently for something

Down
1. Feelings of love and devotion
2. The entire number
4. Help
6. Gratitude