

# A Healthy Body

The scriptures tell us that we should keep our bodies healthy. Look at the swirled photos and see if you can guess what kinds of things can keep us healthy. Use the scripture hints under each photo if you need help.



1. Hint: Doctrine and Covenants 89:16



2. Hint: Acts 27:35



3. Hint: Mark 9:41



4. Hint: Doctrine and Covenants 88:124