Lehi was a prophet. He had a dream about his family. In his dream, he saw a fruit tree. White fruit grew on the tree. The fruit made people happy. Some of his family ate the fruit. Some of his family did not eat the fruit. He also saw an iron rod and a straight path. The iron rod and the straight path led to the building. Some held the iron rod, walked along the straight path, and ate the fruit from the building. Other people let go of the iron rod. These did not walk along the straight path. They got lost in darkness. Some of the people who ate the fruit were ashamed. They left the building. Some of them went to the large building. These people were not happy. The people who stayed at the building were happy. God's word is like the building. When you follow it, you are happy.