I can say nice things (James 3:1–13).

To make a puppet, cut along the solid black line. Fold back the left and right sides of the page on lines 1 and 2. Then fold lines 3, 4, and 5 back and forth as illustrated below to make a girl or boy puppet. In the blank spaces inside the puppet’s mouth, write down nice things you can say to others. Insert your fingers into the open ends, and use the puppet to practice saying things that are kind, true, and uplifting.