

# Understanding, Feeling, and Applying Doctrine and Principles

This study aid will help you practice the last three elements of the learning pattern.

- **Write down a doctrine or principle.**
- **Develop your understanding of the doctrine or principle.**  
Analyze the meaning of the doctrine or principle by asking questions and searching for answers. Practice this skill by writing your questions and answers below.
- **Seek to feel the truth and importance of the doctrine or principle.**  
Reflect on the impact the doctrine or principle has had in your life or in the lives of others, including individuals from the scriptures or Church history. Record below your thoughts about how your life and testimony (or those of others) reflect the truth of this doctrine or principle.
- **Apply the doctrine or principle.**  
Consider what specific action you should take to apply the doctrine or principle in your life, and record your insights below.

