3. Ask the children to share an experience when they have felt love and support from their family or from ward or branch members. Ask them how they feel when they receive this kind of support. You may want to share an experience of your own.

4. Show the children an item used in a skill (such as a set of knitting needles or a musical instrument). Give the item to a child and ask him or her to perform the skill. If you have the particular skill, demonstrate how to use the item properly after the child has attempted to use it. Discuss how difficult it is to do something for the first time without a teacher’s instruction or direction.

Relate this to the newly organized Church in 1830. The members were living in various places without any leaders nearby to direct the Church and help the members understand Church teachings. It often took a long time to receive communication from the Prophet. The Church members were anxious to go to Ohio, where they could be instructed by the Prophet and other Church leaders.

5. Read or have a child read the following quotation from Sister Patricia P. Pinegar, the ninth general president of the Primary, about how Church members need and help each other:

“The giant redwood trees that grow in northern California [USA] . . . have a very shallow root system. But when they are surrounded by other redwood trees, the strongest, fiercest wind cannot blow them over. The roots of the giant redwood trees intertwine and strengthen each other. When a storm comes, they actually hold each other up” (in Conference Report, Oct. 1994, p. 103; or Ensign, Nov. 1994, p. 78).

Draw on the chalkboard several trees with their root systems intertwined (see illustration). Ask the children to suggest strengths and qualities they see in others. Label some of the roots with their ideas, and discuss how each individual’s strengths can help strengthen the whole group.

6. Have the children stand. Demonstrate how easy it is for you to move one child alone. Then have the children wrap their arms around each other’s shoulders. Show how much more difficult it is for you to move all the children at once. Help the children understand that when we stand together and support each other, as members of families or members of the Church, it is easier for us to remain firm in our beliefs and do the right things.