

Overview of Journeys in Mosiah 7–24: Matching Activity

Journey 1. Zeniff and other Nephites traveled from Zarahemla to the land of Nephi (or Lehi-Nephi), which had become occupied by Lamanites. These Nephites fought among themselves, and the survivors returned to Zarahemla. (See Omni 1:27–28; Mosiah 9:1–2.)

Journey 2. Zeniff and others left Zarahemla and settled in the land of Nephi (see Omni 1:29–30; Mosiah 9:3–7).

After Zeniff died, his son Noah reigned in wickedness. The Lord sent the prophet Abinadi to warn the people to repent. Alma, one of King Noah’s priests, obeyed Abinadi’s message and taught it to others. (See Mosiah 11–18.)

Journey 3. Alma escaped to the Waters of Mormon and later led a group of believers to the land of Helam (see Mosiah 18:4–5, 32–35; 23:1–5, 19–20).

The Lamanites attacked Noah’s people in the land of Nephi. Noah was later killed, and his son Limhi reigned. The people of Limhi were in bondage to the Lamanites. (See Mosiah 19–20.)

Journey 4. Limhi sent a group of Nephites to find Zarahemla. After becoming lost in the wilderness, the group discovered the ruins of a destroyed nation and a record written on 24 gold plates. (See Mosiah 8:7–9; 21:25–27.)

Journey 5. Ammon and 15 others journeyed from Zarahemla to find those who had returned to the land of Nephi (see Mosiah 7:1–6; 21:22–24).

Journey 6. Limhi and his people escaped from the Lamanites and were led by Ammon and his brethren to Zarahemla (see Mosiah 22:10–13).

After Limhi’s people escaped, the Lamanites sent an army after them. The army was lost in the wilderness when they discovered Alma and his people in the land of Helam. The Lamanites brought them into bondage. Alma’s people prayed to the Lord for support. (See Mosiah 22–24.)

Journey 7. The Lord delivered Alma and his people and guided them to Zarahemla (see Mosiah 24:20–25).

Place the number of each journey in the appropriate circle on the map.

