

# Alma's Prayer

Read Alma 31:26–30.

- What concerns did Alma express as he prayed?

Read Alma 31:31–32.

- Who did Alma pray for?

Read Alma 31:33–35.

- What did Alma request in his prayer?
  
  - How would you summarize the differences between the Zoramites' prayer and Alma's prayer?
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