Teach about the Individual or Group

Choose one of the following individuals or groups to study:


Use the accompanying scriptures and prepare to teach the following ideas to the class:

• An event from the life of this person or group that shows the people were true disciples of the Savior.
• One or more qualities of this person or group that helped them remain valiant during the war with the Lamanites.
• One gospel principle we can learn from this person or group that can strengthen us in our spiritual battles today.