

Feasting on the Words of Christ

Think about how well you seek the words of Jesus Christ in each of the settings listed below. Next to each item in the list, write *feast*, *snack*, or *starve*. For example, you may feast during your personal scripture study but only snack when you listen to or watch general conference. If you do not pay attention in sacrament meeting, you might write the word *starve* next to that item.

1. Personal scripture study
2. Sacrament meeting
3. General conference
4. Family scripture study
5. Seminary
6. Family home evening
7. Aaronic Priesthood quorum meeting or Young Women class
8. Personal prayer

