

1. You notice that a close friend has not been happy lately. Teach him or her about the Book of Mormon. Help him or her understand that reading it and living by its teachings brings happiness.

2. Your friend, who is a member of the Church, has been having difficulty living the Word of Wisdom. Share with him or her how living the Word of Wisdom has helped you come closer to the Lord.

3. A friend asks you about your religious beliefs. After you explain your belief in Heavenly Father and Jesus Christ, your friend says, "I have always thought there might be a God, but I have never been as certain about it as you are." Help your friend understand how he or she can know for himself or herself about what you have taught.