

Pradhaan Dieter F. Uchtdorf dwara

Pratham Adhyakshta
ke Dusre Salaahkaar



Gol Gol Ghumna

Kya tumne woh puraani kahawat suni hai ki jo log kho jaate hai gol gol ghumte rehte hai? Jan L. Souman, Germany ka ek dimaag ka daactar, jaanna chahate the ki kya yeh vyagyanik rup se sach hai. Usne jaanjh mein bhaag lene waalon ko ek bada jangal waale jagah le gaya aur Sahara desert par bhi aur vishwa ka jaanjh karne ki machin ka istemaal kiya apna maarg dikhaane ke liye. Unke paas koi compass ya anye koi aazaar nahin tha. Unhe saral salaah diye gaye the: sidhe kataar mein chalo batlaai gayi disha mein.

Dr. Souman ne baad mein batlaya ki kya hua tha. “[Kuch] log baadlo se ghire din par chale the, jab suraj baadal ke piche chupa tha [aur saamna waale disha nahin dikh raha tha]... [Woh] sabhi gol gol ghumte rahe, jahan [kayi] log baar baar apne hi maarg ko paar karte the bina dhyaan diye.” Anye bhaag lene waale chale the jab suraj nikla tha, aur dur ki disha dikh raha tha. “Yeh log ... ekdam sidhe maarg par gaye jaisa dikhaya gaya tha.”¹

Yeh adhyaan anye logon ne bhi dohraaya hai alag pranali vigyaan ke saath.² Sabhi ke ek jaise parinaam the.

Bina antim lakshye dekhe, manushye gol gol ghumte reh jaate hai.

Dharamshastra ke Lakshye

Dhaarmik lakshyon ke bina, manushye ko dhaarmik pragati nahin praapt hoti hai. Parmeshwar ke shabd ke bina, hum gol gol ghumte hai.

Donon vyaktiyon ke rup mein aur samaaj ke rup mein, hum dekhte hai is petan ko adhik baar dohraaya gaya har yug mein samay ke shuruat se. Jab hum Parmeshwar ke shabd se sambandh nahin kaayam rakhte, humari dhaarmikta kho jaati hai.

Yahi wajah thi Prabhu ne Lehi ko aagya diya tha apne putron ko waapas Jerusalem bheja tha brass plates laane ke liye. Parmeshwar jaanta tha ki Lehi ke purwaj ko bharosemand lakshyon—sandarbh ke binduwon—ki zaroorat hogi jo ek maargdarshan hoga unke liye taaki woh jaan paaye ki woh sahi maarg par hai ya nahin.

Dharamshastra Parmeshwar ke shabd hai. Woh Parmeshwar ke lakshye hai jo hamare safar karne ka maarg dikhlate hai taaki hum apne Uddhaarkarta ke kareeb ja sakein aur yogye lakshye tak pahunche.

Maha Sammelan ka Lakshye

Maha Sammelan mein diye gaye salaah bhi ek lakshye hai jo hamein yeh jaanne mein madad kar sakte hai ki kya hum sahi maarg par hai ya nahin.

Kabhi kabhi mai khud se puchta hoon, “Kya mainne un purshon aur mahilaon ke bhaashan sune the jo Girjaghar ke haal hi ke maha sammelan mein baat kiye the? Kya mainne unke shabdon ko baar baar padha hai? Kya mainne unpar gaur kiya aur unhein apne jivan mein apnaaya hai? Ya mainne sirf achche bhaashanon ka anand liya aur unke prern bhare

bhaashanon ko apne niji jivan mein nahin apnaaya?”

Shaayad jab tum sunn rahe the ya padh rahe the, tumne kuch note likhe the. Shaayad tumne socha ki kuch cheezon ko behtar ya alag dhang se karoge. Kewal pichle maha sammelan ke sandeshon ke baare mein soche. Kai sandesh ne hamein hamare parivaaron ko mazboot karne aur vivaahit jivan ko sudhaarne ke liye protsaahit kiya tha. *Liahona* ka yeh prakaashan bhi anant mulyon par gaur karta hai, jis mein hamare jivan ko ashirvaad dene ke kai vayvahaarik sifaarishe hai.

Kya hum in laabhdaayak salaah ko likh rahe ya apnaa rahe hai? Kya hum in vaastavik aur anmol lakshyon ko pehchaan rahe hai aur unke or jaa rahe hai?

Bhatakne se Mukht karne ke Liye

Dhaarmik lakshye zaroori hai hamein sidhe aur patle maarg par rakhne ke liye. Woh hamein spasht rup se nirdesh karte hai kis or hamein jaana hai--par agar sirf hum unhein pehchaanenge aur unke or jaaenge.

Agar hum in lakshyon se maargdarshan lene se inkaar karte hai, woh bina koi matlab ke, lubhaane waale vastu honge jiska koi kaam nahin siwae jivan ke samaanta ko dur karna.

Sirf apne swabhawik budhi par chalna paryyaapt nahin hai.

Yeh bhi paryyaapt nahin ki hamare iraaade sabse behtar ho.

Yeh kaafi nahin ki hum sirf apne praktik bhvnaaon par nirbhar rahe.

Jab hum sochte hai ki hum sidhe dhaarmik maarg par hai, bina sachche lakshye ke hamein maargdarshane ke liye--bina Aatma ke maargdarshan ke--hum bhatakte rahenge.

Isliye, aao hum, apne aankh kholkr aur un lakshyon ko dekhein jo hamare dayalu Parmeshwar ne Apne bachchon ko pradaan kiya hai. Aao hum Parmeshwar ke vachan ko padhe, sune, aur aasmaaen. Aao hum sachche chaah se prarthna karein aur Aatma ke prabhaaon ko sune aur paalan karein. Jab hum divye lakshyon ko pehchaan lete hai jo hamare priye Swarg ke Pita dwara diya gaya hai, hamein apna jivan ussi tarah bitaana chahiye. Hamein lagataar sudhaar laane chahiye apne jivan aur swabhaao mein dhaarmik lakshyon ki or mudne se.

Is tarah se, gol gol ghumte na rahenge par saahas aur nishchay se us mahaan swarg ke ashirvaad ki or badhte

rahenge jo un sabhi ka janam sidh adhikaar hai jo sidhe aur sakre maarg par Masih ke chelepan mein chalte hai.

VIVARAN

1. Dekhiye Jan L. Souman and others, "Walking Straight into Circles," *Current Biology* vol. 19 (Sept. 29, 2009), 1538.
2. Uddharan ke taur par, dekhiye, Robert Krulwich, "A Mystery: Why Can't We Walk Straight?" npr.org/blogs/krulwich/2011/06/01/131050832/a-mystery-why-can-t-we-walk-straight.

IS SANDESH MEIN SE SHIKSHAN

Jab tum is sandesh mein se sikhlane ki tayyaari karoge, tum dharamshastra mein un logon ke uddharan dhoondh sakte ho jinhe dhaarmik lakshyon dwara maarg dikhlaya gaya tha ya un logon ke jo gol gol ghumte reh gaye the. Tum apna adhyan in dharamshastra ke kitaabon se shuru kar sakte ho: Numbers 14:26--33; 1 Nephi 16:28--29; Alma 37:38--47. Agar tumhe prerna mile, tum in uddharanon se mile vicharon ko un logon ke saath baant sakte ho. Unse puchiye ki hum in kahaniyon se kya seekh sakte hai.

YUVA

Lakshye Tumhare Liye

Pradhaan Uchtdorf kehta hai ki maha sammelan aur dharamshastra woh lakshye hai jo hamein madad karte hai dhaarmik rup se bhatak jaane se. Anye dhaarmik lakshyon par gaur karein jinse tumhare jivan ko prerit aur maarg dikhlaya gaya hai. Apne anubhavon ko apne jernal mein likhiye. Pradhaan Thomas S. Monson ke yeh dohraaye gaye shabd shaayad aapko sahayta kareng:

"Tumhara kulpati ka ashirvaad tumhe sabse andhere mein maarg dikhlane mein sahayta karega. Woh tumhe jivan ke khatron se bacha kar le jaaega.... Tumhara ashirvaad yeh nahin ki lapet kar rakh diya jaaye. Use frame karna ya chaapna nahin hai. Balki, use padhna chahiye. Usse prem karna chahiye. Uska paalan kiya jaana chahiye."

"Your Patriarchal Blessing: A Liahona of Light," *Ensign*, Nov. 1986, 66.

"Hamare Swarg ke Pita ne hamein hamare anant yaatra par nahin bheja bina saadhan pradaan kiye jisse hum Unse maargdarshan paa sakte hai surakshit lautne ke liye. Main prarthna ki baat karta hoon. Main us dheemi, choti awaaz ke fufusaahat ki baate bhi karta hoon."

"The Race of Life," *Liahona*, May 2012, 92.

Main Sahi Maarg Dhoondh Sakta Hoon

Pradhaan Uchtdorf kehte hai ki hamein dhaarmik lakshyon ka paalan karna chahiye kyunki woh hamein sahayta karengे sahi chunao karne aur Uddhaarkarta ke

kareeb aane ke liye. Inmein se kuch lakshye hai prarthna, dharamshastra, maha sammelan, aur *Liahona*.

Apne parivaar ke saath pichle maha sammelan ka ek bhaashan padhiye. Bhaashankarta kya kehta hai hamein karna chahiye sahi maarg par rehne ke liye? Apne parivaar ke saath lakshye banao taaki sikhe gaye cheezon ko aazma sako.