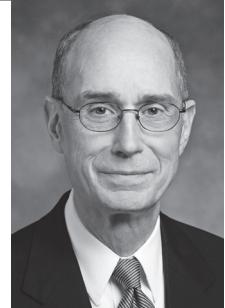


Pradhaan  
Henry B. Eyring  
dwara

Pratham Adhyaksha ke  
Pratham Salahkaar



# Kitna Adhik Hoga Tumhara Anand

**J**iwan ke kuch anand zyaada meethe aur lambe samay ke hote hai yeh jaanne se ki tumne auron ki madad ki hai Ishu Masih ke punahsthaapit susamachaar ko unke hirdayon tak le jaane ke liye. Aesa anand paana Girjaghar ke har sadasye ka saobhaagye hai. Jab hum baptismal leta hai, hum vaada karte hai ki hum "sadeo sabhi baaton mein chaahe jahaan bhi [hum] ho, mritu tak Parmeshwar ki saakshi ke rup mein khade hona chahate ho, jisse ki Parmeshwar dwara [hamara] uddhaar ho sake aur [hamari] ginti pratham punarjiwan paane waalo mein ho jisse ki tumhe anant jiwan praapt ho sake" (Mosiah 18:9).

Sabhi sadasye Ishu Masih ke susamachaar ko duniya bhar mein le jaane ki aagya ka kuch bhaag apnaate hai, chahe jahan kahin aur jitne lambe samay tak woh jiye. Prabhu ne spashtha se yeh kaha: "Dekho, mainne tumhe logon ko gawahi dene aur chetaaoni dene bheja tha, aur aesa hogा ki har ek vyakti jisko chetaaoni mil gayi hai apne padosi ko chetaaoni de" (D&C 88:81). Pure-samay ke prachaarakon ke paas shakti honi chahiye unhein padhaane ke liye jo abhi tak Girjaghar ke sadasye nahin hai. Girjaghar ke Sadasyon ke paas shakti honi chahiye un logon ko dhoondh nikaalne ki jinhe Prabhu ne prachaarakon ke shikshan ke liye tayyaar kiya hai.

Hamein vishwaas karna chahiye ki Prabhu ne hamare aas-paas ke logon ko tayyaar kiya hai shikshan praapt karne ke liye. Woh jaanta hai yeh log kaun hai aur woh kab tayyaar honge, aur Woh hamein un tak pahuncha sakta hai Pavitra Aatma ki shakti ke dwara aur hamein shabd de sakta hai unhein sikhsha praapt karne ka nimantran dene mein. Jo vaada Prabhu ne 1832 mein ek prachaarak se kiya tha Usne hamein bhi woh vaada diya hai hamare prachaarakon ke liye tayyaar logon ko shikshan praapt karne ke liye dhoondhne ki aagya mein. Usne kaha ki "woh us vyakti ke paas Pavitra Aatma ko bhejega, jo use sachchaai sikhaaega aur woh raasta jispar use chalna hai, aur agar woh vishwaasi rahega, Woh use phir se vijay ka mukut pehnaaega jisse hum kai aur logon ko dhoondh sakenge" (D&C 79:2-3).

Aur vishwaasi prachaarak ka adhik anand ka vaada bhi hamara hogा kyunki hum bhi vishwaasi rahein hai prachaar kaarye mein dil lagakar:

"Aur ab, agar hamara anand adhik hogा us ek aatma ke saath jise humne uske paas hamare Pita ke rajye mein laaya hai, kitna mahaan hamara anand hogा agar hum tere paas kai atmaon ko laaengel!"

"Dekho, hamare paas Uska susamachaar, aur Uska buniyaad, aur Uska uddhaar hai.

"Agar hum Pita se Unke naam se puchenge, vishwaas

rakhte hue ki hum paaenge, hamare paas Pavitra Aatma hogा, jo sab kuch dikhlaata hai jo manushye ke bachchon ke liye zaroori hai” (D&C 18:16–18).

Pavitra Aatma ko hamein unhein jo tayyaar hai ko sikhlaane ke liye pehchaanne aur aamantrit karne mein hamari madad ke liye bhejne ke saath saath, Prabhu ne netaaon ko niyukt kiya aur sikshit kiya hai hamein maarg dikhlaane ke liye. February 28, 2002, ke ek patra mein, Pratham Adhyakshta ne aur zimmedaari di hai bishop aur ward ko prachaar kaarye par.<sup>1</sup> Ward ya shaakha parishad ki madad se, purohit prabhandak kamiti ek prachaarak yojna banata hai dal ke liye. Us yojna mein sujhaao diye jaate hai ki kaise sadasye unko dhoondh sakte hai jo prachaarakon se sikhne ke liye tayyaar hai. Ek vyakti ko ward ya shaakha prachaar kaarye ka neta niyukt kiya jaata hai. Woh prachaar kaarye neta pure-samay ke prachaarakon aur unke jaanj karne waalon se karibi sampark rakhte hai.

Kai tarike hai tum apna vyaktigat kartavye pura kar sakte ho prachaarakon ko sikhlaane ke liye logon ko dhoondhne mein madad karne ke liye. Sabse saral tarika sabse behtar hoga.

Prarthna karein Pavitra Aatma ke maargdarshan paane ke liye. Saarvajanik netaaon aur prachaarakon se baate karein, unke salaah lein aur apna yogdaan dene ka vaada karein. Jo tumhare saath jude hai is kaarye mein unhein bhi shaamil karein. Aur sadeo sabhi jagaahon par chaahe jo bhi tum kaho aur karo mein saakshi bane raho ki Isha hi Masih hai aur ki Parmeshwar prarthnaaon ka jawaab dete hai.

Main gawahi deta hoon ki Pavitra Aatma tumhe nirdesh karega untak jo sachchaai dhoondh rahe hai tak pahunchne ke liye tum us nirdeshan ke liye prarthna karoge aur uspar kaam karoge. Aur main anubhav se jaanta hoon ki tumhara anand sadeo rahenge unke saath jo susuamachaar ko apne hirday mein lene ka chunao karenge aur phir vishwaas se aage badhte rahenge.

#### VIVARAN

1. Dekhiye “News of the Church: Ward and Branch Missionary Work Emphasized,” *Liahona*, Aug. 2002, 4.

#### IS SANDESH MEIN SE SHIKSHAN

- *Teaching, No Greater Call* hamein sikhlaata hai ki jinhe hum sikhlaate hai unhein protsaahit karein lakshye banane mein taaki yeh unhein madad karein

sikhe hue sidhaanton ko jeene mein (dekhiiye page 159). Parivaar ke saath, Pradhaan Eyring dwara batlaae gaye prachaarak kaarye ke aashirvaadon par charcha karein aur, agar prerit hue, tab parivaar ko amantrit karein susamachaar ko baantne ke liye lakshye tay karne ke liye.

- Vichaar-vimarsk karein parivaar ke saath susamachaar prachaar karne ke tarikon ke vishay mein, yaad rakhte hue Pradhaan Eyring ka salaah ki “sabse saral tarika sabse behtar hoga.” Vichaar-vimarsk ke baare mein aur sikhne ke liye, dekhiiye *Teaching, No Greater Call*, page 160.

## YUVA

### Mere Jiwan ke Kai Prachaarak

Elizabeth S. Stiles dwara

Prachaarakon ke saath jo pehla Raviwaar main girjaghar gayi, mujhe kuch jaane maane chehre dikhe mere samaaj ke jinke saath main pali thi. Mainne apne paathshaala ke sabse achche dost ko dekha, mere elementary aur high school ke secretariyon ko, ek ladki jisse main pehle bahut achchi tarah nahin pesh aayi thi, aur ek jawaan purush bhi jisse main pehle mohit hua karti thi.

In mein se har vyakti ka mujhpar lambe samay ka prabhao tha. Meri sabse achchi saheli ek jawaan mahila thi jismein bahut imaandaari thi, aur usi ke kaaran mainne Girjaghar ka khoj karte rehne ka chunao kiya. Jo secretariyan mujhe school se jaanti thi ne mujhe yeh jaanne mein madad kiya ki main mahatvapurn hoon. Mainne pavitra prem aur dayaluta ke baare mein us jawaan mahila se sikha jinhtonne mujhe apnaaya mere pehle ke bure vyavahaar ke baawajood. Jis ladke se main apni yuva avastha mein mohit hua karti thi ne mere liye achcha uddhaaran diya, mainne uski raushni ko pehchaana aur uske kareeb rehna chaahi.

In anubhavon ne meri madad ki sikhne ke liye ki, prachaarakon se pehli baar milne ke baawajood, Swarg ke Pita ne mujhe tayyaar kiya tha susamachaar praapt karne ke liye un logon dwara jinhein Usne mere aas paas rakha tha. Unse mainne sikha ki jo choti choti kaarye hum karte hai ka bahut bada prabhao padta hai. Sabse mahatvapurn, mainne sikha ki prachaar kaarye mujhse shuru hota hai.

## Susamachaar—ek Baantne ka Uphaar

Woh shabd *susamachaar* mein shaamil hai sabhi shiksha aur aadarsh jo hamein Ishu Masih aur Unke bhavishyevaktaon dwara diya gaya hai. Susamachaar ek tokri ki tarah hai jismein Swarg ke Pita ke or se uphaar bhare hai. Tum madad kar sakte ho in uphaaron ko anye logon mein baantne ke liye. Tum kiske saath susamachaar ke uphaar ko baant sakte ho?

In sabhi dharamshastra ke verse ko padho aur

ek suchi ya chitra banaao un sabhi uphaaron ke jo susamachaar mein shaamil hai.

1. James 5:14–15
2. Mosiah 16:6–7
3. 3 Nephi 18:1–10
4. D&C 20:72–73
5. D&C 33:16
6. D&C 89:4, 18–21
7. D&C 132:46
8. D&C 137:10
9. D&C 138:32–34



# Sabhi Cheezon ki Punahsthaapna

*Is utpaadan ka adhyan karein, aur jaise upyukt ho, jin bahanon se aap bhent karti hai unse vichaar-vimarsk karein. In sawaalon ka istemaal karein apne bahanon ko mazboot karne mein madad karne ke liye aur Sahayak Sanstha ko apne jiwan ka chust bhaag banane ke liye.*

Vishwaas • Parivaar • Sahayak

**B**havishyevakta Joseph Smith ne Sahayak Sanstha ki ayojna ki Girjaghar ke ek zaroori bhaag ki tarah. Ek adhyakshtha ke rup mein, hum aasha karte hai ki hum aapko samajhne mein madad kar sakte hai ki Sahayak Sanstha aapke jiwan ka zaroori bhaag hai.

Hum jaante hai ki Naye Niyam ke mahilaaoon ne Ishu Masih mein vishwaas dikhaaya aur Unke kaarye mein bhaag liya. Luke 10:39 mein Mary ke vishay mein batlaaya gaya hai, jo "Ishu ke charno mein baeth kar, uska vachan sunti thi." John 11:27 mein Martha Masih ki gawahi deti hai: "Usne usse kaha, Haan, he Prabhu: main vishwaas karti hoon ki Parmeshwar ka Putra, Masih, jo jagat mein aane waala tha, woh tu hi hai." Acts 9:36, 39 kehta hai "Tabitha naamak ek vishwaasni, ... bahut se bhale kaam karne waali. ... Sab vidhwaaen roti hui uske paas aa khadi hui ... jo kurte aur kapde [usne] banae the dikhaane lagi." Phebe, Romans 16:1–2 mein, "girjaghar ki ek sewika" aur "kai logon ke liye vinti karti thi."

Vishwaas, gawahi, aur sewa ke yeh tarike jaari rahe antim-din Girjaghar mein aur aupchaarik hua jab Sahayak Sanstha ko aayojit kiya gaya. Julie B. Beck, Sahayak Sanstha maha pradhaan, ne

sikhlaaya: "Jaise hi Uddhaarkarta ne Naye Niyam ke samay mein Mary aur Martha ko amantrit kiya Unke kaarye mein bhaag lene ke liye, is samay ki mahilaaoon ka aupchaarik zimmedaari hai Prabhu ke kaarye mein bhaag lene ka.... Sahayak Sanstha ka aayojan 1842 mein ne mahilaaoon ki shakti ko sangathit kiya aur unke alag alag zimmedaariyon ko Prabhu ke raajye ko badhaane ke liye."<sup>1</sup>

Hum apna kaarye kar sakte hai jab Sahayak Sanstha ke lakshye par gaur karenge: vishwaas aur vyaktigat dhaarmikta ko badhaana, parivaaron aur gharon ko mazboot karna, aur zarooratmandon ko dhoondhna aur sahayta dena.

Main gawahi deti hoon ki Sahayak Sanstha divye rup se aayojit kiya gaya tha uddhaar ke kaarye mein sahayta dene ke liye. Har Sahayak Sanstha bahan ka ek avashyak bhumika hai ada karne ka is pavitra kaarye mein.

*Silvia H. Allred, pratham salahkaar Sahayak Sanstha maha adhyakshtha mein.*

## Dharamshastra mein se

Joel 2:28–29; Luke 10:38–42; Ephesians 1:10

## Hamare Itihaas Se

Bahan Julie B. Beck ne sikhlaaya

ki "hum Bhavishyevakta Joseph Smith ke zariye jaante hai ki Sahayak Sanstha Punahsthaapna ka aupchaarik bhaag tha."<sup>2</sup> Punahsthaapna ka kriya shuru hua Pehli Drishti se 1820 mein aur jaari raha "pranali par pranali, aadesh par aadesh" (D&C 98:12). Jab Sahayak Sanstha aupchaarik taur se sthaapit hua tha March 17, 1842 mein, Bhavishyevaktaaon ne mahilaaoon ko unke zaroori zimmedaari ke baare mein sikhaaya tha is punahsthaapit Girjaghar mein. Usne kaha, "Girjaghar kabhi purn rup se aayojit nahin hua tha jab tak mahilaaoon ko is tarah aayojit nahin kiya gaya tha."<sup>3</sup>

## VIVARAN

1. Julie B. Beck, "Fulfilling the Purpose of Relief Society," *Liahona*, Nov. 2008, 108.
2. Julie B. Beck, "Fulfilling the Purpose of Relief Society," 108.
3. *Teachings of Presidents of the Church: Joseph Smith* (2007), 451.

## Main Kya Kar Sakti Hoon?

**1.** Main is mahine kaisa madad de sakti hoon apni bahanon ko jo Ishu Masiha ke mahila chelon ke vishwaas ka uddhaarana hogi?

**2.** Main punahsthaapit susamachaar ke kaun se shikshan ko is mahine padhungi jisse meri gawahi mazboot hogi?

Aur zyaada jaankaari ke liye, dekhiye [www.reliefsociety.lds.org](http://www.reliefsociety.lds.org).