



MA WO NKITAHODZI NKYERE DE YEDWEN BINOM HO

Akwanhorow piinara wɔ hɔ a yebotum akyere de yedwen binom ho, nkankara Borɔnyaber mu. Yebotum akā, atext, akyerew, akye, abɔ mpaa, atō adze, atow no ndwom, etu efua, edzi agor, edua, anaa atsew ho. Yehwe ara.

Yerekyere ɔdɔ ama binom no nye yerosom ne fapem botae no ankasa. Wiadze Mfendzanan Relief Society President Jean B. Bingham kāa dε: Yesom nokwar mu ber a yeye no ankorankor a ɔdɔ ye hēn nkuranhye. . . . De ɔdɔ ye hēn nkuranhye no, anwanwadze bēba, na yebenya akwan a yenye hēn nkyerēbaa na enuanom a ‘wɔayew’ no aba Jesus Christ N’asempa no a ofua obiara no mu.”¹

Yerema nkaafu ehu dε yedwen hōn ho no hia tsitsir ama yeetu nkitalahodzi mapā no mpon. Naaso akwan asorɔtow mu na nyimpa horow dua dze tse ɔdɔ nkā. Ntsi yebesi dēn botum akyere hēn dɔ ama binom yie wɔ akwan a wɔbɛtse ase na woonya ho enyisɔ? Akwan

binom nye iyi a yebotum akyere de yedwen binom ho, nye adwenkyere kumaa binom so a ibotum dze ako wɔankasa w’adwendwen mu.

Kā

Otɔfabu a biribiara nnkyen dε ibekā w’atsenkā akyere obi. Ber a obotum akyere dε ikā kyere obi dε idɔ hōn no, erekā dza ɔyε wo enyisɔ wɔ hōn ho anaa erekamfo hōn nokwar mu no so botum akā ho. Kasa pa a ɔtse dēm no hye nkitalahodzi dzen. (Hwε Ephesusfo 4:29.)

- Hwehwε kwan bi ma ankorankor no nhu mbre osi na w’enyi gye no suban pa bi ho.

- Sera no, fre no phone do, anaa kyerew *email, text*, anaa krataasin bi ma ɔnkyere ankankor no de erodwen honho.

Sera

Irinya mber nye bi akasa na etsie no no ye kwan pa a ɔkyere mbre osi som wo bo. Se esera wɔ fie, wɔ asor, anaa beebiara a, ibenya nkɔrɔfo a wohia obi a wobotum nye hon akasa. (Hwe Mosiah 4:26; N&A 20:47.)

- Fa nsera no hye ber a ɔnye ankankor n'ehiadze no behyia. Fa mber tsie no yie na fatse ne gyinabew horow no ase yie.
- Ber a ɔbeye dzen de ebsera efiefi osian kwan tsetsen, amambra, anaa gyinabew horow ntsi no, susu de wɔapon Asor nhiyamu no wobenya mber dze ehyia mu.

Fa Botae Som

Nya adwen da ho ma ankankor no anaa ebusua no hon ehiadze ahorow. Ma som pa a ɔkyere de edwen hon ho. Okā mber akyedze na enyidaho mbɔdzembɔ bɔ mu. Akyerebaa Bingham kā de: "Som ndzeyee a ɔnnye nwanwa biara no mpo botum enya nsunsuando kese wɔ binom do".²

- Ma som a ɔhye ankankor anaa hon ebusua ebusua dzen, tse de erohwe mbofra ama awofo no etum akɔ temple.
- Hwehwe akwan a edze bema adzesoadze aye har ber a abrabɔ adzesoa abor do no, tse de erepepa ntokura mu, enye fie bɔdɔm rutu mpasar, anaa eroboa esiesie paado.

Hom Mbɔ Mu Nyε Adze

Ankankor binom mbaa hon ho nndzi hon abrabɔ mu nkɔmbɔ. Binom no, eruhi hon enyikadze na enye hon robɔ mu aye adze no na ɔma wɔbaa hon ho. Ewuradze tu hen fo de yenye hen enuanom na nkyerebaa no "[n]dzi nkitaho na [yen]hye hon dzen." (N&A 20:53)

- Hom ntu mpasar, hyehye ewimbir agordzi bi, anaa hyehye mber pɔtsee a hom dze betaat atsentsen hom mpɔw mu.
- Hom mbɔ mu nsom wɔ sɔn mu anaa Asor dwumadzi bi mu.

Ma Akyedze bi

Otɔfabì a mber anaa kwan a wobenya dze behyia mu no suar koraa. Amambra pii mu no, erema

akyedze horow no kyere tsema na de edwen hon ho. Dakor dakor, akyedze kakraba mpo kyere w'eniyigye de epe nkitahodzi pa. (Hwe Mbɔbusem 21:14.)

- Fa akondɔdze a wɔpε kema hon.
- Kyε ɔserakā bi, kyerewsem, anaa asem bi a egye dzi de wobenya mu mfaso.

Adçye Edwuma Bi

Ber a ehu hon a esom hon no yie na hon a ehwehwe hon ho nkenyan no, ebeba ebosua mbre ebekyere wo dɔ yie wɔ nkitahodzi mu na adwen hon ho ankankor.

Kimberly Seyboldt a ofi Oregon, USA, kā asem a ɔfa erohwehwe nkenyan na erema akyedze dze akyere ɔdɔ:

"Se muhu de abrabɔ rekyer mo do a, mosoer tō zucchini paanoo, bεye awtwe. Dza medze kā ho a ɔye soronko nye me kommye mpaabɔ ber a morotō no de munhu hon a wobehia dem paanoo no. *Zucchini* paanoo hyew no ama meetum ahen hon efiefi na abrabɔ mu ma meebohu me fipamfo a woetwa moho ehyia no yie.

"Ohyewber da kor bi a nna wimu aye hyew no, migyinaa me kaar wɔ ebusua bi a wɔrotɔn *blackberries* nsā dew a ogugu gallon fā mu wɔ kwan nkyen. Nna minnhia *blackberries* nsā bio, naaso banyimba a ɔafon a ogyinaa ho no n'enyigye de oehu me, a ɔrodwen de emi nye hon guadzebo a ɔaba. Motɔɔ *blackberries* no bi, nna memaa no akyedze so. Memaa banyimba no paanoo ebien. Odanee hwε n'egya de ɔbepen do a, na ɔkāa de, Papa, sesei yeenya dza yebedzi no nde. Kwan yi a ɔmaa mekyere ɔdɔ wɔ kwan a ɔnnye nwanwa do no dze enyisɔ hyee me mā."

"Elder Jeffrey R. Holland a ɔkā Asomafo Duebien no hon Quorum ho no totɔe serɛe de, "banyin na basia biara—nye hen mbabanyin na mbabaa a hon enyi efir kakra no—besi . . . nkitse ara yie dze akoma pa dze aboa hon ho nkorkor a, Christ No dɔ māpa no na ɔhye hon nkuran ma wɔye. . . . Hom ma yenye wenyin ture Ewuradze no nyε edwuma afā na afā, yema Nyankopɔn na hen nyina Egya mboa nsa wɔ No dwuma kukuankoma ho de Oremma mpaabɔ ho mbuae, Oremma awerekyekye, Oremma enyisuwa, na Oremma nkitodwe a wɔagow no mu reye dzen."³

Jesus Christ Dwen Henho

Jesus Christ nyaan Lazarus fii owu mu ekyir no, "Jesus sūi.

"Nna Jewfo no see de, Hwe mbre ɔdɔ no!" (John 11:35–36).

Christ see Nephifo no dε, “Mowɔ ayamuhyehye wɔ homho.” Na ɔfrees hɔn ayarfo, hɔn ebubuafo na efurafø, na “ɔsaa hɔn yarba” (hwe 3 Nephi 17:7–9).

Agyenkwa no yee fasusu maa hen wɔ kwan a ɔdze dween nkaafø ho no. Okyerekyereɛ hen dε:

“Dɔ Ewuradze wo Nyankopon, wɔ w'akoma nyina mu, nye wo kra nyina mu, nye w'adwen nyina mu.

“Iyi nye mbra no mu asem kese a odzi kan na ɔsɔ.

“Na dza otsia ebiɛn no a ɔtse dε ɔno nye dε, Dɔ wo nyenko dε wankasa woho (Matthew 22:37–39).”

Woana na ohia dε edwen noho? Ibesi dεn botum akyere hɔn dε edwen hɔnho?

Yeretsie binom no bɛma yeebohu akwan horow a yebotum dε akyere dε yedwen hɔn ho. Hwε Erosom ho Fapem nkyerewee no “*Five Things Good Listeners Do*” wɔ Obiradzi 2018 *Liahona* mu no.

“Erosom ho fapem” nkyerewee no bɔboa hen ma yesua mbre yebesi bɔhwε henho nkorkor—ɔnnuyɛ amandzeɛɛbɔ nsem a yerekεkye wɔ hen nsera mber mu. Se yeba bohu hɔn a yesom hɔn no yie a, Sunsum Krɔnkrɔn no bekenyan hen ma yeehu asem a wobehia dze akã hen tsema na ayamuhyehye ndzeyɛɛ ho.

NSENSIN

1. Jean B. Bingham, “Ministering as the Savior Does,” *Liahona*, Esusow Aketseaba 2018, 106.
2. Jean B. Bingham, “Ministering as the Savior Does,” *Liahona*, Esusow Aketseaba 2018, 104.
3. Jeffrey R. Holland, “Be With and Strengthen Them,” *Liahona*, Esusow Aketseaba 2018, 103.